



**ENJOY DAYS FILLED WITH
NEW FRIENDS AND FUN**

The Club offers independent adults a safe and fun place to gather, socialize and stay active during the week.

Club members conquer thousand-piece jigsaw puzzles with friends, make ice cream sundaes, go fishing, shop, shoot pool, watch movies and guest entertainers, make crafts and even spend time with little ones through the unique “Mable Tots” intergenerational program.

Explore all The Club has to offer today!



**NATIONAL LEADERS IN THE CARE
OF AGING ADULTS**

Hillcrest Health Services is recognized nationally for our leadership and innovation. Our identity as a local, privately-owned organization enables us to respond swiftly to the changing needs of those entrusted to our care.

Hillcrest offers more services for aging adults than any other provider in Omaha. Since 1988, we’ve grown into a seamless health system with unparalleled expertise in caring for aging adults throughout every stage of life.

We value independence, wellness and choice as we strive to enhance the lives of aging adults.

Call us today and arrange a no-obligation, complimentary half-day visit to The Club. We look forward to meeting you!



**Sarpy County’s Only
Adult Day Services Program**

Conveniently located within Hillcrest Mable Rose
4609 Hilltop Street, Bellevue, NE 68133

(402) 291-9777



*Enjoy new Friends
and Fun*

FLEXIBLE SCHEDULES FOR BUSY PEOPLE

Enrollment in The Club offers caregivers with busy work and family schedules a place where they know their loved ones will safely enjoy activities, share common interests, eat delicious and nutritious meals, and receive personal care and assistance as needed. The Club provides support for aging adults who live at home alone or with family members, and would benefit from some assistance and social interaction.

Located inside Hillcrest Mable Rose, The Club is open Monday through Friday from 7:00 a.m. to 6:00 p.m. Members can come all day every day, every day for half the day, a few times a week, or just drop-in as their schedules allow. Plus, Club members can travel in style. Round trip transportation in our limousine is available for a small fee.



*Whether your loved one comes every day or once in a while,
The Club can greatly enhance quality of life.*



A PLAN FOR THE FUTURE

As a Club member, if your loved one should ever need a higher level of care, he or she will enjoy priority access to assisted living and memory support, which are available at Hillcrest Mable Rose. In addition, skilled nursing, rehabilitation, home care and hospice are all available within the Hillcrest family of services, should your loved one ever need them. We offer seamless transitions throughout our health system to ensure a better experience and quality of life for those entrusted to our care.



ADDITIONAL ONSITE SERVICES

These ancillary services are offered as a convenience to members of The Club:

- Physical, occupational and speech therapy
- Geriatric medical services including psychiatry
- Dentistry, podiatry and optometry services
- Pharmacy/medication delivery

In addition to these services, just knowing that a loved one is within reach of a nurse while attending The Club gives caregivers peace of mind. Explore The Club today and discover the positive difference it can make in your loved one's life. We'll even provide your loved one with a complimentary half day visit so you both can experience the positive effects of The Club with no obligation. Call us today.