



Your experience with Hillcrest Health and Rehab will likely change your life. As you work to recover from your compromised health condition – whether injury, illness, surgery or hospital stay – you’ll feel an incredible sense of warmth, compassion and support from a team that is 100% dedicated to your recovery.

We’re unlike any other post-acute care provider in eastern Nebraska.

Hillcrest Health and Rehab has evolved into an innovative rehabilitation center dedicated exclusively to short-term inpatient rehabilitation.

Many of our rehab “graduates” come back to visit the therapists and team members who had such a dramatic impact on their lives and recovery. We consistently receive outstanding comments on customer satisfaction surveys from those whose lives we touched.

FINANCIAL ARRANGEMENTS

Hillcrest Health & Rehab is certified to accept Medicare for rehabilitative services.

We also accept most private insurance and worker’s compensation insurance. To better understand your qualifications, coverage and financial obligations under your specific insurance plan, please contact our Transitions Team at **(402) 291-8500**.

NATIONAL LEADERS IN THE CARE OF AGING ADULTS

Hillcrest Health Services is recognized nationally for our leadership and innovation. Our identity as a local, privately-owned organization enables us to respond swiftly to the changing needs of those entrusted to our care.

Hillcrest offers more services for aging adults than any other provider in Omaha. Since 1988, we’ve grown into a seamless health system with unparalleled expertise in caring for aging adults throughout every stage of life.



1702 Hillcrest Drive
Bellevue, Nebraska 68005

office: **(402) 291-8500**

fax: (402) 682-4255



PERSONALIZED CARE PLANNING

Offering 110 accommodations, we are one of the nation's largest exclusively post-acute rehabilitation centers, yet our patients experience highly individualized attention from our care team, including our medical director and attending physicians; registered nurses; social workers; physical, occupational and speech therapists; registered dietitians; a chaplain and others as needed. This exceptional team will design a personalized care plan based on your recovery goals, and will communicate regularly with your referring physician.

During your stay, your social worker will discuss progress updates and transition plans with you, such as the timeframe for discharge and coordination of supportive transition services from Hillcrest Home Care or Hillcrest Physical Therapy.

While we meet most any rehabilitative need, our most common cases include:

- **Post-operative recovery**
- **Joint replacement or fractures**
- **Hand injuries and surgeries**
- **Stroke recovery**
- **Cardiac rehabilitation**
- **General debilitation or weakness**
- **Recovery from illnesses like pneumonia**

Whatever you need to gain strength and heal faster, we can help.



ACHIEVING YOUR GOALS

The most challenging – and rewarding – parts of your day will be your therapy sessions. Many of the therapy team members have worked with us for 10+ years and are among the most respected therapists in Nebraska, with special certifications in geriatric therapy, hand therapy, women's health and other areas.

Your therapists will lovingly push you to achieve your goals, and while feeling difficult at times, you'll soon realize the rewards of your hard work as you achieve your goals and get ready for a successful transition back to the community.

We have the region's largest rehabilitation gym with nearly 10,000 square feet of walking track, exercise and therapy equipment and a warm therapy pool. *Our therapy services include:*

- **Physical therapy** – targets joint mobility, strength, endurance and balance
- **Occupational therapy** – helps you perform daily household and personal care tasks
- **Speech therapy** – gives you strategies for safe swallowing and effective communication
- **Aquatic therapy** – helps with various recovery situations when prescribed

RECOVER IN STYLE AND COMFORT

Our newly-renovated center offers excellent amenities and a one-of-a-kind dining experience featuring a robust, made-to-order menu. Like a restaurant or fine hotel, you can select a meal made especially for you and enjoy it in one of our beautiful dining rooms or in the comfort and privacy of your room.



We also offer the unique 1702 Bistro, featuring a large dining area with booths, tables and a fireplace as well as an outdoor courtyard with water features. The 1702 Bistro offers ready-made “grab-and-go” or made-to-order specialties like sandwiches, salads and pizza.

Led by our executive chef and his expert culinary team, you simply won't find better dining services than the unique options offered here.

Hillcrest Health & Rehab offers other amenity spaces, including:

- **'50s soda bar-themed family lounge**
- **Secure outdoor courtyard with a playground for children**
- **Chapel for services or quiet reflection**
- **Many attractive lounges with TVs, books, games and a piano**

Our recreation team leads a busy schedule of activity and wellness programs for your enjoyment and entertainment. Along with your busy therapy schedule, your time with us will pass quicker than you think!