



## NATIONAL LEADERS IN THE CARE OF AGING ADULTS

The Club at Hillcrest Mable Rose is part of the Hillcrest Family of Services, which is recognized nationally for our leadership and innovation.

Our identity as a local, privately owned organization enables us to respond swiftly to changing needs of those entrusted in our care.

Since 1988, we've grown into a seamless health system with unparalleled expertise in caring for aging adults throughout every stage of life.

We value independence, wellness and choice as we strive to enhance the lives of aging adults.



### Sarpy County's Only Adult Day Services Program

*Conveniently located within Hillcrest Mable Rose*

4609 Hilltop Street, Bellevue, NE 68133

**(402) 291-9777**

ATTENTION: Hillcrest Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. If you speak another language, language assistance services, free of charge, are available to you. Call 1-402-682-4800.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-402-682-4800.  
 // Hillcrest Health Services cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。  
 請致電 1-402-682-4800  
 〇 // Hillcrest Health Services 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

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Adult Day Services



*Enjoy New Friends & Fun*

hillcresthealth.com



## ENJOY DAYS FILLED WITH NEW FRIENDS AND FUN

The Club offers independent adults a safe and fun place to gather, socialize and stay active during the week. Club members make arts and crafts, enjoy pet therapy, watch movies and guest entertainers, go on bus ride adventures around town, exercise, play games such as bingo and pool, celebrate holidays and birthdays, participate in themed parties and even spend time working with volunteers.



## FLEXIBLE SCHEDULES FOR BUSY PEOPLE

Enrollment in The Club offers caregivers with busy work and family schedules a place where they know their loved ones will safely enjoy activities, share common interests, eat delicious and nutritious meals, plus, receive personal care and assistance as needed. The Club provides support for aging adults who live at home alone or with family members and would benefit from some assistance and social interaction.

Located inside Hillcrest Mable Rose, The Club is open Monday through Friday from 7 a.m. to 6 p.m. A member's schedule can be customized from a day or two per month to full time. We also offer drop-ins as needed. Plus, transportation can be provided round trip or one way for a small fee.

## A PLAN FOR THE FUTURE

As a Club member, if your loved one should ever need a higher level of care, he or she will enjoy priority access to assisted living and memory care, which are available at Hillcrest Mable Rose. In addition, skilled nursing, rehabilitation, home care and hospice are all available through Hillcrest. We offer seamless transitions throughout our health system to ensure a better experience and quality of life for those entrusted to our care.



## ADDITIONAL ONSITE SERVICES

These ancillary services are offered as a convenience to members of The Club:

- Physical, occupational and speech therapy
- Salon services
- Podiatry services

In addition to these services, just knowing that a loved one is within reach of a nurse while attending The Club gives caregivers peace of mind. Explore The Club and discover the positive difference it can make in your loved one's life.

Call us today to arrange a visit to The Club. We look forward to meeting you!