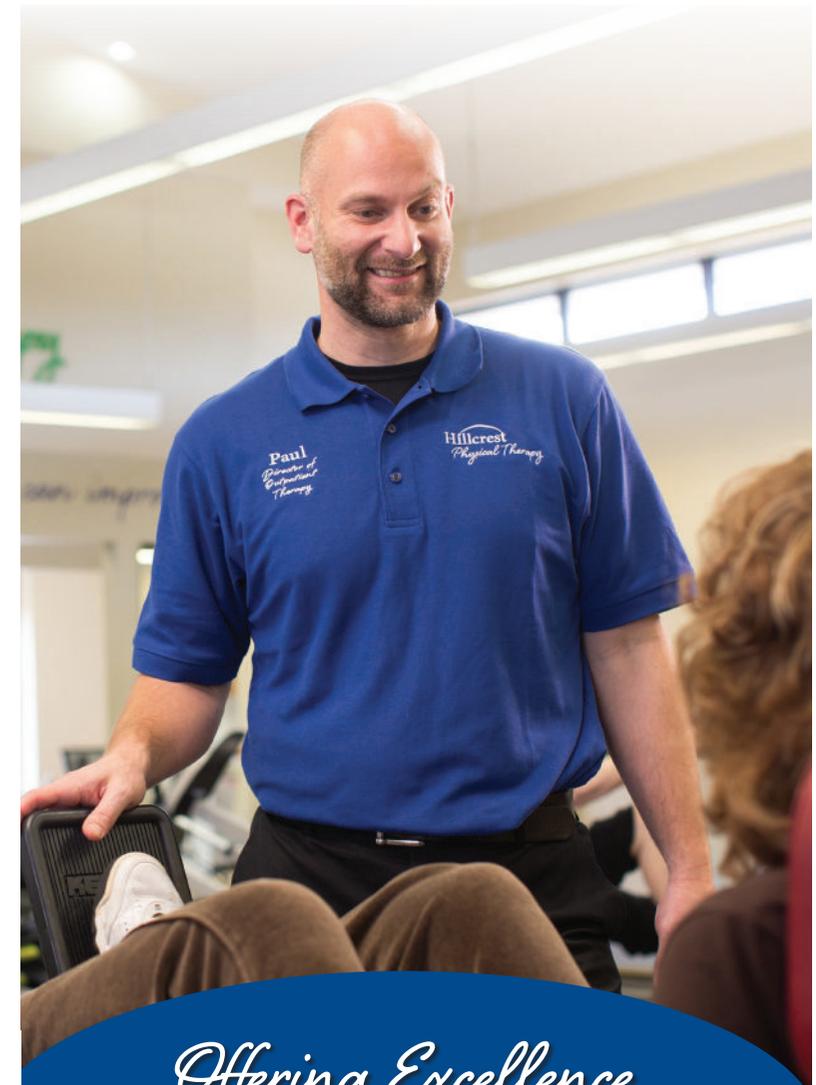


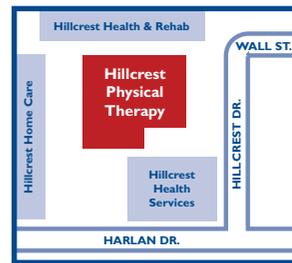
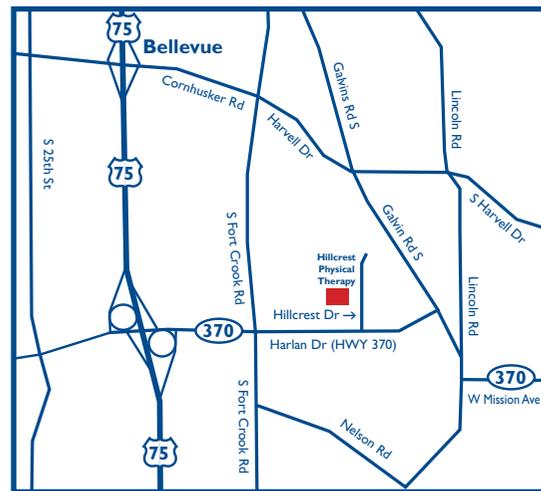


Outpatient Physical, Occupational  
& Speech Therapy

**Hillcrest**  
*Physical Therapy*



*Offering Excellence  
in Recovery*



*Reserved parking next to our  
accessible front entrance.*

**Hillcrest Physical Therapy**  
is located at 1804 Hillcrest Dr.  
in Bellevue, just behind Hillcrest  
Health Services at the corner  
of Harlan Dr. (Hwy 370).  
From Hwy 75, take the exit for  
Hwy 370/Bellevue and travel  
East; turn left on Hillcrest Dr.  
For other directions, please call  
**(402) 682-4210.**

**Hillcrest**  
*Physical Therapy*

1804 Hillcrest Drive, Bellevue, Nebraska 68005  
office: **(402) 682-4210**, fax: **(402) 682-4256**

ATTENTION: Hillcrest Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. If you speak another language, language assistance services, free of charge, are available to you. Call 1-402-682-4800.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-402-682-4800. // Hillcrest Health Services cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

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[hillcresthealth.com](http://hillcresthealth.com)

When recovering from an illness,  
injury or pain, you want to get back  
to functioning again as quickly as possible.  
Hillcrest Physical Therapy offers the  
region's most complete range of rehabilitation  
services to help get you there.

Many people – even medical professionals  
– think that therapy is the same no  
matter where you go. Not true!  
Outpatient therapy clinics vary  
widely in their therapists' credentials and  
experience as well as the technology and  
equipment offered. These differences can  
truly affect the timing and effectiveness  
of your recovery. See these differences in  
action with Hillcrest Physical Therapy.

## Why Choose Hillcrest?

- We have a team of physical, occupational and speech therapists to meet all your rehab needs
- We treat all ages and conditions and work with your physician to determine the best plan of care for your speedy recovery
- You'll receive individualized attention from fully licensed therapists, not therapy aides, to ensure the best results possible
- Our freestanding 5,000 sq. ft. gym offers state-of-the-art wellness and therapy equipment, a walking track, massage suite and more
- We offer personalized Aquatic Therapy in our soothing therapy pool



### OUR SPECIAL CREDENTIALS

Hillcrest's therapists are some of the most credentialed in Nebraska and most have worked with us for more than five years. Our team's advanced certifications and experience include:

- Hand Therapy
- Aquatic Therapy
- Balance and Fall Risk Reduction Program
- Women's Health Services
- Lymphedema Management
- Total Joint Replacement Rehab
- Osteoporosis Program
- BIG and LOUD® Parkinson's Therapy Program

### ADDITIONAL SERVICES

**Seniors Wellness Program** — We offer a unique program for those adults who wish to enhance their health through regular exercise in our gym.

**Massage Program** — We also have a massage therapist on staff offering a variety of services to meet your individual needs. Please call **(402) 682-4210** for details.

### START YOUR RECOVERY NOW

Whether you're recovering from an injury or surgery, or just looking to improve your mobility and function, don't wait to schedule your first appointment.

The sooner you call, the sooner we can help start your recovery. If your treatment is covered by insurance, Medicare or Tricare, we'll even call your physician for a prescription and handle the insurance verification process.

It's time to get back to the golf course, gardening, walking, playing with your children or grandchildren and simply doing the things you love to do!

