



*“We are so grateful for the care we received, not only for our mother, but for us!”*

— Family of M.N.

For families who have never experienced the loving touch of hospice care, the word “hospice” often evokes negative emotions about giving up hope.

However, if you ask any family member who received the compassionate support of a quality hospice provider like Hillcrest, you’ll hear words like “amazing,” “wonderful,” “helpful,” and “loving.”

As the end of life approaches, the quality of life is essential. Our care team is here to guide and support patients and their families through the journey by listening and helping to provide the very best care during this stage of life.



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**Available 24 hours a day**  
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Member since 2011

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Compassionate End-of-Life Support



*Sharing the Journey  
with Compassion and Dignity*

hillcresthealth.com

## THE 3 C'S OF HILLCREST HOSPICE:

### *Compassion. Comfort. Control.*

Simply put, hospice is about living. Our team at Hillcrest Hospice believes in helping each and every patient achieve the best quality of life possible during their end-of-life journey. Whether we're striving to reconnect family members who have lost touch, or enabling a patient to visit a favorite destination for the last time, or simply helping a patient be as comfortable as possible in their final days, our team helps keep the patient in control of his or her life and care decisions.

Hillcrest Hospice is the only known hospice agency in Nebraska providing Continuous Care services, a specific Medicare benefit. Continuous Care is provided to a patient for eight to 24 hours a day during a period of crisis to manage pain and other acute medical symptoms. This service can be provided in a patient's home, assisted living or long-term care facility.

We also offer a special program called Care in Action. For patients in their final week of life, Hillcrest Hospice dedicates a registered nurse to that patient for up to four hours a day.



## WHY HOSPICE?

Hospice is a holistic approach to end-of-life care. For patients with a life-limiting diagnosis of six months or less, Hillcrest Hospice provides the medical, physical, spiritual and emotional support needed to maximize quality of life while supporting the psychological needs of their families.

Some of the signs and symptoms which may indicate the need for hospice include:

- **Progressive decline in condition despite curative measures**
- **Frequent hospitalizations in the past six months**
- **Repeat multiple infections**
- **Increased or uncontrolled pain**
- **Progressive or profound weakness**
- **Shortness of breath**
- **Difficulty swallowing**
- **Continued weight loss**
- **Changes in mental status**
- **Uncontrolled nausea and vomiting**

Hillcrest Hospice is available **24 hours a day, 7 days a week**. We provide care wherever the patient resides – at home or in an assisted living or long-term care facility.



## OUR CARE TEAM

Our inter-disciplinary care team works together with the patient and family to determine the patient's care plan.

Our team is comprised of:

- **Physicians**
- **Nurses**
- **Social Worker**
- **Bereavement Care Coordinator**
- **Spiritual Care/Chaplains**
- **Volunteers**
- **Hospice Assistant**
- **Other Therapists, if needed**

## FINANCIAL CONSIDERATIONS

The Medicare and Medicaid hospice benefit pays for all covered services with no out-of-pocket expense to the patient or family. We also accept private insurances and work with their case managers to ensure a smooth managed care plan.