



To learn more about how we can help you or your loved one at home, please call **(402) 682-4808.**

**Certified Home Health and Telehealth**



*Serving 11 counties in Nebraska and Iowa.*

1820 Hillcrest Drive, Suite A  
Bellevue, NE 68005

office: **(402) 682-4808**  
fax: **(402) 682-6563**

**We welcome new admissions 24 hours a day.**

ATTENTION: Hillcrest Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. If you speak another language, language assistance services, free of charge, are available to you. Call 1-402-682-4800.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-402-682-4800.  
// Hillcrest Health Services cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。  
請致電 1-402-682-4800  
• // Hillcrest Health Services 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。

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**hillcresthealth.com**



*When you need care,  
there's no place like home.*

## Why Choose Hillcrest?

We understand there is no better place than the comfort of home to recover from an illness or receive personal care and attention.

Hillcrest Home Care is locally owned and operated. We've been enhancing the lives of aging adults for over 40 years, and you'll have peace of mind knowing that our exceptional team is one of the most trusted and experienced in eastern Nebraska.

Hillcrest Home Care offers the area's widest array of in-home services to keep aging adults safe and independent, and provides in-home rehabilitation services to speed recovery from surgery, illness or hospital stay.

## SKILLED HOME HEALTH

Hillcrest Home Care's team helps you (or your loved one) return to your highest level of independence at home – including your independent or assisted living apartment, or wherever you call home.

Our team includes:

- Nurses
- Social workers
- Physical therapists
- Occupational therapists
- Speech therapists
- Home health aides



Always intensely focused on aging adults, our therapy team includes multiple physical and occupational therapists who are board-certified in geriatrics, as well as a board-certified exercise experts for aging adults.

Hillcrest Home Care provides skilled nursing, therapy and post-hospital care and specializes in wound care, dementia, balance and fall prevention. We work with your physician to develop the best care plan to meet your recovery goals, and based on that plan, our nursing and therapy professionals provide intermittent services to wherever it is you call home. Our goal is always to avoid re-hospitalization because we know your best recovery happens at home, and our primary focus on every episode is to maintain the highest level of health and safety in your home.

Hillcrest Home Care is certified to accept Medicare and is contracted with most insurance companies to provide physician prescribed care.

## TELEHEALTH SERVICES

Through special telehealth monitoring equipment provided to our clients, Hillcrest Home Care professionals can monitor clients' vital signs at home and eliminate unnecessary trips to a physician office or hospital.

Our equipment, manufactured by Medocity, Inc., is easy to use in the comfort of your home. By receiving medical updates regularly, doctors and nurses can assess your status through this innovative program. Video-visit capability is available.



*Photos courtesy of Medocity, Inc.*

## OTHER SUPPORTIVE SERVICES

To also support you in your home, Hillcrest Caring Companions offers a private pay service that allows you to bring in personal care assistants, companions or homemakers.

After home care services have concluded, you or your loved one may need additional outpatient physical therapy. Hillcrest Physical Therapy offers outpatient rehabilitation services in Bellevue. Hillcrest Physical Therapy features a state-of-the-art gym, walking track and convenient parking.

