

"May, more than any other month of the year, wants us to feel most alive." -Fennel Hudson

May 2023

The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory care residents



MAY BIRTHDAYS

May 6: Pat L. May 20: Joe C.
May 11: Donna A. May 21: Janet S.
May 13: Gerry Lu M. May 30: Dixie M.
May 18: Kay S.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Matt Lucero, mlucero@hillcresthealth.com

ASSISTED LIVING RECREATION DIRECTOR:

Brianna Erickson, berickson@hillcresthealth.com

MEMORY SUPPORT RECREATION DIRECTOR:

Rachel Branton, rbranton@hillcresthealth.com

ASSISTED LIVING DIRECTOR:

Brian Splater, bsplater@hillcresthealth.com

DIRECTOR OF ENVIRONMENTAL SERVICES:

Robert Roseland, rroseland@hillcresthealth.com

DIRECTOR OF CULINARY:

Hillana Hilaire, hhilaire@hillcresthealth.com

DIRECTOR OF MARKETING:

Heather Selby, hselby@hillcresthealth.com

REGIONAL AREA DIRECTOR:

Dave Creal, dcreal@hillcresthealth.com

ARE YOU ON THE LIST?

We distribute the newsletter each month via email in addition to distributing printed copies in our building. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



MAY HIGHLIGHTS

May 5: Cinco de Mayo (AL) (MS)
May 9: Entertainment - Papillion Singing Seniors (AL)
May 10: Audiologist Workshop (AL)
May 15: National Cheesecake Day (AL) (MS)
May 29: Memorial Day (AL) (MS)

WORSHIP SERVICES

Mondays

3:15 p.m. - Bible Study with Pastor Jerry (AL)

Wednesdays

11 a.m. - Worship Service with Pastor Jerry (AL)

Thursdays

10 a.m. - Catholic Prayer Service (AL)

Sundays

10 a.m. & 10:45 a.m. - Morning Bible Study (MS)

Sunday, May 7 & 21

3:30 p.m. - Worship Service with Pastor Tom (AL)

FEATURED EVENT



Making Bird Feeders

Tuesday, May 16, 2 p.m.
Party Room

Residents will be making bird feeders in the party room that will hang outside for all to enjoy.

Matt's Column



Greetings, Silver Ridge residents and families! I want to let everyone know how sorry we are that we had to postpone the Walking Bingo Health and Information Fair. We will be rescheduling this event, hopefully in June. It will be a time for residents and families to learn

about the services provided in the community, and we want everyone to be able to attend.

We are excited to announce two new leadership team members. Brian Splater is our new assisted living director. He comes with vast knowledge and experience in health care. We look to him to provide leadership, training and coaching to our team members, as well as be a point person for all of our assisted living and memory care residents. Hillana Hilaire is our new culinary director. She comes with professional executive chef training and clinical menu planning. Hillana is a skilled pastry chef, and we look forward to the nutritious and delicious meals she will be providing our residents.

A few other updates: Hillcrest Silver Ridge will host hiring events over the next couple months to continue looking for talent. We will be getting the roll-off dumpster in the next two weeks and will put out a notice to all residents once we know the exact date.

Have a very happy May, and please stop in or call with any questions!

-Matt Lucero, Administrator

RESIDENTS IN ACTION

The sun has been shining and it feels like summer is almost here. Last month, residents had fun crafting Easter projects and going on a scavenger hunt around the building. Woody from Merry-makers came to entertain, and we even had a baby goat visit us from Scatter Joy Acres. Residents sipped lemonade in the courtyard while enjoying the pleasant weather.



Alice becomes a flower for Good Friday.



Jim sprouts some petals on Good Friday.



Carol and Gretchen are a couple of flower gals.

Time really does fly! This past month our resident Mable turned 101, and we were happy to celebrate with her. In May, we are looking forward to hosting entertainers, enjoying the sun and playing games. From everyone at Hillcrest, we wish you a happy and safe May!



A curious baby goat visits us from Scatter Joy Acres.



Happy Birthday to Mable, who celebrated her 101st birthday this month!

COTTAGES HAPPENINGS

We may have had showers, but we didn't let that dampen our fun! This April was very Easter-centric. Even our bingo and word searches were Easter themed! In May, we plan to play many more games of bingo and, hopefully, have many more visits from Pluto the Dog, who subbed in for the bunny on Easter day.

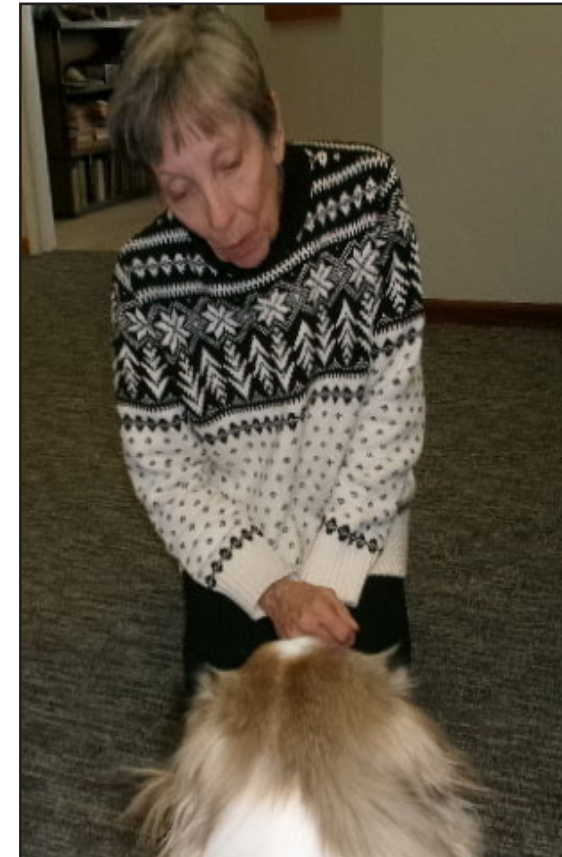
This next month we look forward to doing more activities outside and creating more fun crafts, such as the cards we made for some of our Hillcrest Home Office friends. We wish everyone a joyful May full of comfort, good health and good weather!



Claudie shows off her Easter crafting skills.



Residents prep for some spring-themed card making.



Carroll and Pluto share a bonding moment.



Volunteer Zoey plays some Easter bingo with Carol.



Carol and Penny oblige Pluto with some belly rubs.



Betty and Sheila team up for Easter bingo.