

"Double, double toil and trouble; Fire burn and caldrons bubble."

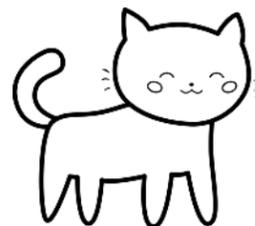
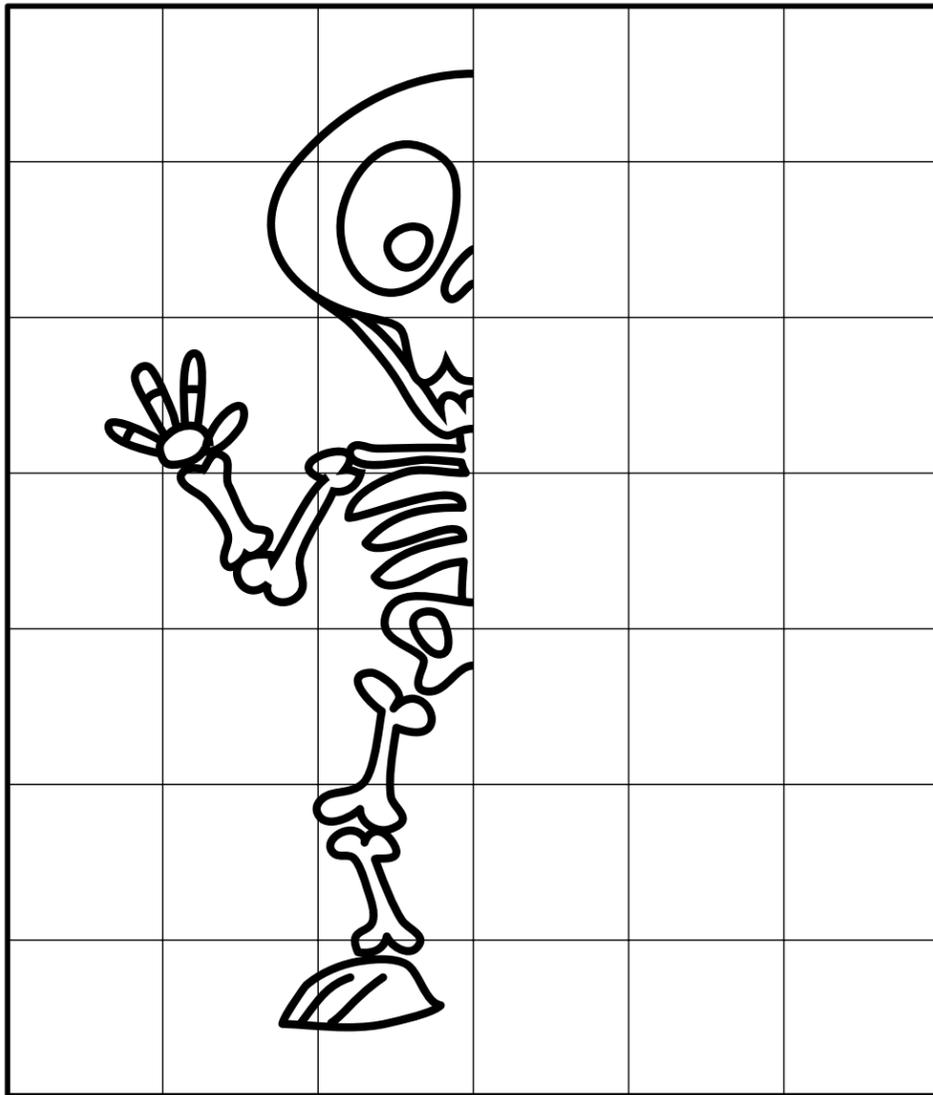
-Shakespeare

October 2020

# The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory support residents

## Activity Page



### Complete the picture!



### OCTOBER BIRTHDAYS

Oct. 1: Gladys Bowyer	Oct. 25: Evelyn Martin
Oct. 2: Maryetta Fowler	Oct. 28: Paul Clausen
Oct. 10: Ruth Witulski	Oct. 30: Karla Hoft
Oct. 13: Marian Witt	Oct. 31: Pamela Carlson

### WELCOME, NEW RESIDENTS!

Harvey Pongratz  
Dean & Shirley McCoy

### WORSHIP SERVICES

Fridays: Bible Study in the Chapel, 2 p.m. (AL)  
Sundays: Morning Bible Study, 10 a.m., 10:45 a.m. (MS)

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Sarah Stoakes, sstoakes@hillcresthealth.com

**DIRECTOR OF HEALTH SERVICES:**

Dixie Tonacchio, dtonacchio@hillcresthealth.com

**ASSISTED LIVING RECREATION DIRECTOR:**

Lori Chandler, lchandler@hillcresthealth.com

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Stacy Neuhaus, sneuhaus@hillcresthealth.com

**DIRECTOR OF CULINARY:**

Kenny Jesus, kjesus@hillcresthealth.com

**DIRECTOR OF ENVIRONMENTAL SERVICES:**

Terry Greco, tgreco@hillcresthealth.com

**REGIONAL ADMINISTRATOR:**

Dave Creal, dcreal@hillcresthealth.com

### Sarah's Column



Happy October! Thank you to all of the families who participated in our Caring Drive By for Assisted Living Week. I again apologize for the short notice, but Assisted Living Week was not the same without all of the families. Judging by the smiles and cheers from the residents and

families I think everyone agrees that the drive by was much needed during this time.

We can all agree that 2020 has not been the best. We still have a lot to be grateful for, but the "normal" of 2020 has created many challenges. Slowly, we are regaining some normalcy, and one of those ways is Husker football. To celebrate, we will be having a Husker themed drive by on October 23rd at 6:15 p.m! But really we will be celebrating our loved ones, as they are our #1 fans.

I continue to pray that we can find more normalcy each day and find moments to celebrate joy and gratitude.

Hope to see you on the 23rd! With gratitude,  
-Sarah Stoakes, Administrator

### FEATURED EVENT



**Husker Drive By**  
October 23 | 6:15 p.m.



Come celebrate the Huskers with us in this Husker themed drive by! Please line up cars at McKinney's Food Center on the North Side near Highway 370.

## RESIDENTS IN ACTION

We want to wish our former Assisted Living Recreation Director, Paige Giittinger, well as she moves back to Grand Island to be closer to her family. We celebrated her last day with a party in the courtyard. We are so excited to welcome Lori Chandler as our new Recreation Director.

We have been enjoying some fall favorites

—from making colorful door decorations to cheering on the Gretna High School Football Team as their bus drives by for their away games. We also continue to enjoy our regular favorites of bingo, exercise classes and our Friday billiards and shuffleboard club.

—Sarah Stoakes, Administrator



Residents hold up their new fall door hangers. Top row from left: Betty, Carolyn, Darlene, Jana and Doris. Bottom row from left: Virginia, Sally, Lesa and Marian.



Jana and Donna hold up a Gretna Dragons banner.



Gigi cheers on the Gretna Dragons.



Claudie plays some shuffleboard.



Paige poses with the cake at her going away party.



Oscar, Marilee and Phyllis enjoy the pep rally.

## COTTAGES HAPPENINGS

A happy hello from Stacy! What a blessing this past month has been. We have been sharing happy times together, from fall decorating and bingo to trivia, and spending time in the courtyards with treats. All of us are excited to have the summer behind us and are looking forward to the autumn season. Or, as Norma will always say, "It's not the fall season, it's football season!" We have a lot of exciting activities coming up for October. This month is National Popcorn Month and National World Smile Month. Also in October is National Bring Your Teddy Bear to Work Day. It

will be fun to see what everyone brings! I am also looking forward to making Chinese lanterns out of mason jars for one of our craft days. I think it will be just the right touch of fall décor that we need in the living room areas. On Friday, October 30th, we will be celebrating Halloween with an afternoon party and costumes. Don't worry, I already have all the fun costumes picked out for the residents and no one will be disappointed... I promise you.

—Stacy Neuhaus, Memory Support Recreation Director



Caroline gets some fresh air.



Arline loves her birthday flowers.



Margery plays with a stuffed monkey.



"Queen" Ruby enjoys her 104th birthday.



Norma, Leola and Mary Lou exercise with Stacy in the morning.



Betty Lou gets some flowers for her 92nd birthday.



Ruby's cake makes her day special.



Norma and Janet play bingo during a fun afternoon of socializing.



Mary Lou wins the grand prize during bingo.