

"Friends show their love in times of trouble, not in happiness."

-Euripides

November 2020

The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory support residents

Activity Page

T A C O R N S P K X E Q Q C D B A D
H Q F A L L I L I J G W P R G C Y W
A T U R K E Y C A E Q J U A V P Z I
N F P C L E A V E S R W M N F K L Q
K M I D Q N Z Z A J H D P B E W A Y
S S L X Q H A R V E S T K E A U C W
G U G O G R A T E F U L I R S K F L
I O R Y A M Z L O Q C I N R T U P C
V W I F A M I L Y T F W S I C U R O
I G M T N X U A I Q X U Y E W D O R
N V S B R W F Y U I F C N S K Z N N
G Q W B K J J J V I Z H S H Y U X P

Thanksgiving	Fall	Harvest
Pie	Pumpkins	Grateful
Turkey	Acorns	Yam
Cranberries	Corn	Feast
Leaves	Family	Pilgrims

Find all the words!



NOVEMBER BIRTHDAYS

Nov. 11: Gloria Mason
Nov. 12: Caroline Goc
Nov. 15: Kenneth Hamik
Nov. 17: Dorothy Sharp
Nov. 25: Nelda Wagoner

WELCOME, NEW RESIDENTS!

Mable Muehling, Joyce Dunn, James Bell

WORSHIP SERVICES

Fridays: Sing-Along and Prayer, 11 a.m.
Bible Study in the Chapel, 2 p.m. (AL)
Sundays: Morning Bible Study, 10 a.m., 10:45 a.m. (MS)

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Sarah Stoakes, sstoakes@hillcresthealth.com

DIRECTOR OF HEALTH SERVICES:

Dixie Tonacchio, dtonacchio@hillcresthealth.com

ASSISTED LIVING RECREATION DIRECTOR:

Lori Chandler, lchandler@hillcresthealth.com

MEMORY SUPPORT RECREATION DIRECTOR:

Stacy Neuhaus, sneuhaus@hillcresthealth.com

DIRECTOR OF CULINARY:

Kenny Jesus, kjesus@hillcresthealth.com

DIRECTOR OF ENVIRONMENTAL SERVICES:

Kifton Minarik, kminarik@hillcresthealth.com

REGIONAL ADMINISTRATOR:

Dave Creal, dcreal@hillcresthealth.com

Sarah's Column



Happy November! It is hard to believe that fall passed us by so quickly and the temperatures are showing signs that winter is fast approaching. What is your prediction for our winter weather?

Prior to technology, people relied on nature to predict harsh weather. According to folklore, some of the signs that a rough

winter is coming are thicker than normal corn husks, woodpeckers sharing a tree, thick hair on the nape of a cow's neck, early arrival of crickets, spiders spinning larger than usual webs and an unusual abundance of acorns. What folklore about harsh winters can you think of?

The most important thing in winter is for everyone to stay safe. If you notice a patch of ice or any snow build-up, please notify a Hillcrest Silver Ridge team member immediately so any safety concerns can be quickly addressed. In conjunction, we want to make sure the road and weather conditions are safe for our residents. So if Gretna and/or Omaha Public Schools cancel classes, then we will follow suit and cancel transportation for that day. We will help you reschedule your appointment.

And last but not least, lots of good hygiene and hand washing is essential to stay healthy this winter. If you are not feeling well, please contact a member of the nursing team immediately.

As always, it is a pleasure to serve you and your family. If you need anything, please feel free to contact me or a Hillcrest Silver Ridge team member. With gratitude,

-Sarah Stoakes, Administrator

RESIDENTS IN ACTION

Hello, everyone! I want to say thank you to residents and team members for all of the smiles and friendly help you have given me as I am beginning my new journey at Hillcrest Silver Ridge. I get to come to work and have fun with my friends. How blessed am I?

We have started monthly activity planning meetings, as well as country drives, birthday celebrations with billiards and, of course, we are all looking forward to football! We are continuing to wear masks and socially distance as we work to stay safe while we have fun. We are always finding new

ways to stay safe while continuing to maintain our quality of life.

This past month we made Halloween glasses during craft time. We also enjoyed painting pumpkins and using our creative minds.

Also, I want to say a special thank you to Gretna High School's Cheer Squad and Dance Team for coming to our lawn and performing for us! What a talented group of individuals. Happy Holidays!

-Lori Chandler, Assisted Living Recreation Director

COTTAGES HAPPENINGS

A happy hello from Stacy! The leaves may be falling down, but the fun is on the way up around here. This last month we reinstated our Monday country drives. Boy, oh boy, the residents have sure liked the chance to get out and see the sights. We have been to Schramm Park, Elk City, one of my family's farms and have taken a tour around Gretna. For the residents that are from around here, the changes to this area have been mind blowing. We all remember a small town surrounded by farms, but now there is construction going on all over the place.

We are transitioning from fall to the winter season. I would like to thank all the ladies who helped me make the fall crafts and door decorations. We had a very nice Halloween Party. We all missed the children trick-or-treating, but next year I'm sure we will be back to normal. Is there a better word than normal? I think not. Stay happy and healthy until we can see each other again!

-Stacy Neuhaus, Memory Support Recreation Director



Marian holds up her homemade wine glass.



Sally shows off her new wine glass.



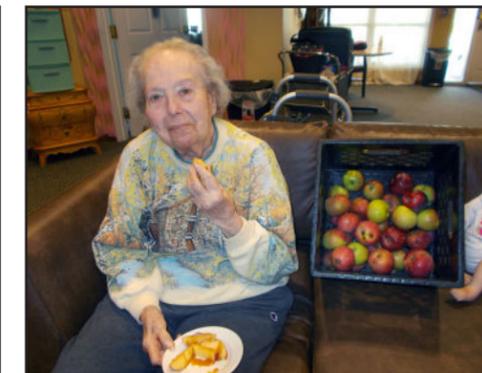
Darlene makes a Halloween wine glass.



Claudie holds up her shirt for Farmer's Day.



Harvey plays the accordion.



Betty Lou enjoys homemade treats.



Jeanne makes fall lanterns.



Virginia waves at her family during a drive-by procession.



Barb dresses up for Farmer's Day.



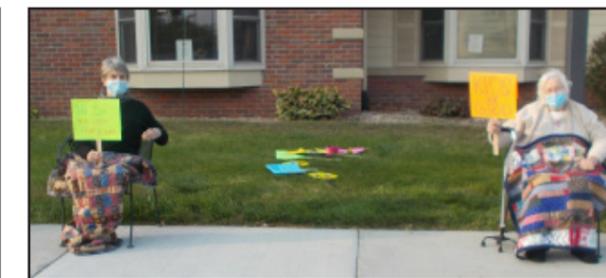
Roberta works on some pumpkin art.



Janna creates some very blue pumpkin art.



Margery shows off a sign she made.



Mary Lou and Norma say "hi" to their family members.



Marge celebrates her birthday during lunch time.



Agnes wins a mini pumpkin during bingo.



Some of our wonderful family members wave hello during a drive-by.



Norma's family enjoy a drive-by procession.