

"Laughter is a sunbeam of the soul."

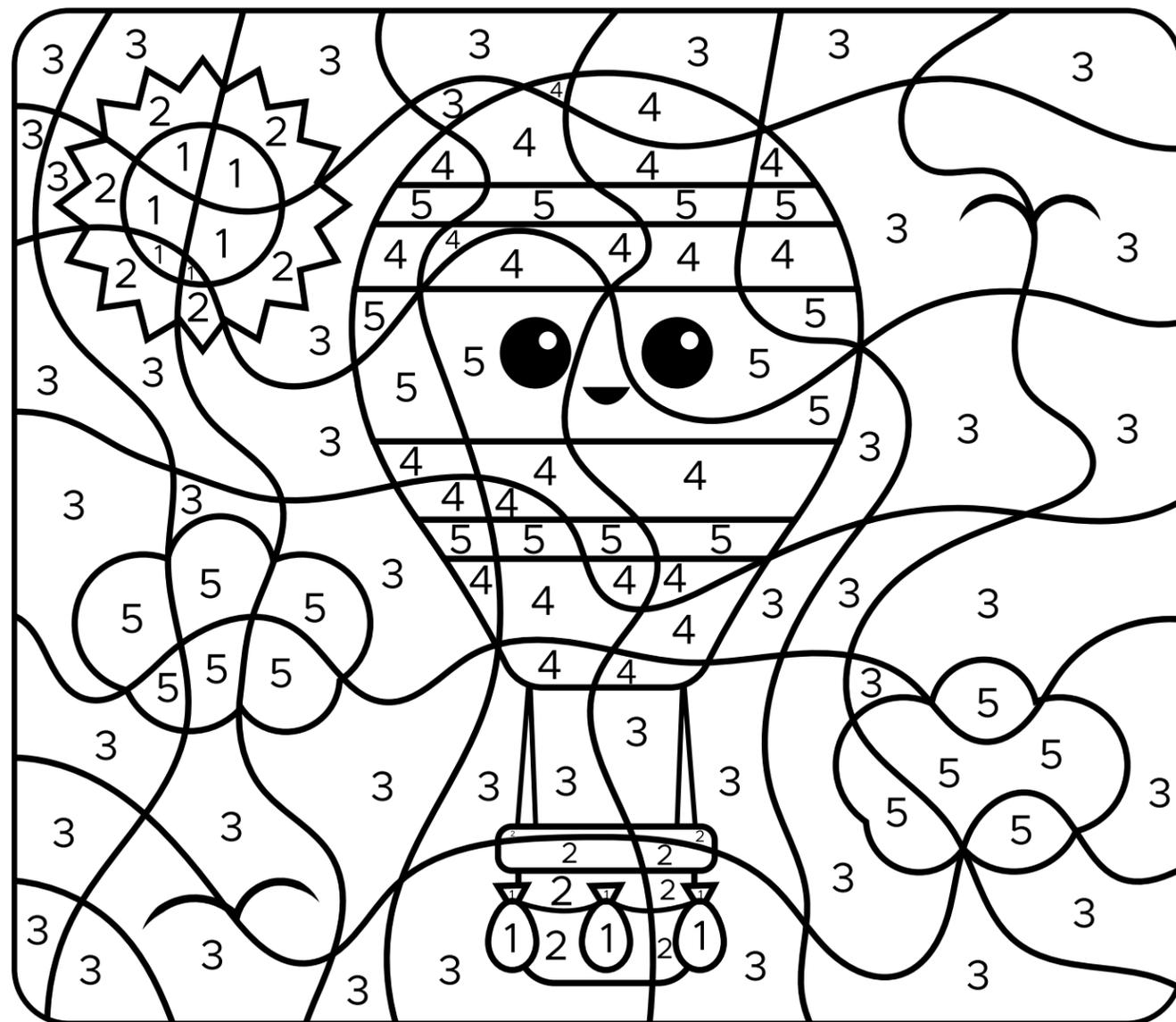
-Thomas Mann

May 2021

# The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory support residents

## Activity Page



## Color By Number



### MAY BIRTHDAYS

May 3: Doris R.      May 19: Mary F.  
May 6: Joyce D.      May 25: Colleen M.  
May 11: Donna A.

### WORSHIP SERVICES

Mondays: Bible Study with Pastor Jerry, 3:15 p.m. (AS)  
Wednesdays: Sing-Along and Prayer, 11 a.m. (AS)  
Sundays: Morning Bible Study, 10 a.m., 10:45 a.m. (MS)

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Sarah Stoakes, sstoakes@hillcresthealth.com

**DIRECTOR OF HEALTH SERVICES:**

Dixie Tonacchio, dtonacchio@hillcresthealth.com

**ASSISTED LIVING RECREATION DIRECTOR:**

Charisa Ramsey, cramsey@hillcresthealth.com

**MEMORY SUPPORT RECREATION DIRECTOR:**

Stacy Neuhaus, sneuhaus@hillcresthealth.com

**DIRECTOR OF CULINARY:**

Kenny Jesus, kjesus@hillcresthealth.com

**DIRECTOR OF ENVIRONMENTAL SERVICES:**

Ed Chelsey, echelsey@hillcresthealth.com

**REGIONAL ADMINISTRATOR:**

Dave Creal, dcreal@hillcresthealth.com

### Sarah's Column



Happy May! Life has been getting back to normal at Hillcrest Silver Ridge, and it has been so refreshing to see residents getting more visits and leaving the community to see their families. What a great Easter present for us! Residents can now leave the community with their families to attend family events and/or be

transported to medical appointments. They can leave any day of the week, but we ask that residents return to the community by 8 p.m. Please make sure that for weekend visits we are notified by Friday at 5 p.m. so that we can make sure that residents have everything they need for the weekend. There is a simple form to complete to schedule an outing for a resident. Any resident who is fully vaccinated does not need to quarantine when they return to the community and will be tested based on CDC guidelines and county positivity rates.

We have also been able to expand onsite visits. Each apartment can now have three visits per week for up to two hours each visit and up to two visitors for each visit. All visitors need to participate in the simple screening process, which consists of answering three questions, having their temperature taken and wearing a disposable surgical mask.

I appreciate everyone's cooperation in keeping each other safe and healthy so that we can continue to keep visits, on and offsite, occurring.

We really appreciate your feedback and are striving for a rating of a 10 at all times. If you can't rate Hillcrest Silver Ridge a 10 then we want your feedback. Please reach out to any member of the Silver Ridge Team to give your ideas on what would make your experience a 10. With gratitude,

-Sarah Stoakes, Administrator

## RESIDENTS IN ACTION

April flew by and was full of fun! Residents celebrated Easter by meeting the Easter Bunny. They chased down a unicorn for a picture on National Unicorn Day. Then they followed the rainbow and dressed up in their favorite color on National Find a Rainbow Day. They also enjoyed special Earth Day activities and discovered their inner superhero on National Superhero Day!

Last month, residents began going on outings with their loved ones again. Residents also got to take part in their regular favorite activities – bingo, crafts, trivia, drives around the community, staying healthy

with daily exercises and more! Residents and team members alike are looking forward to spring coming in full bloom and doing more outside activities in the coming months.

Keep your eye out for fun celebrations this month, including May Day, Mother's Day, a special limerick photo booth on National Limerick Day, National Barbecue Day, our own Dress Like Royalty Day and a special polka-themed happy hour on National Polka Day, just to name a few!

**-Charisa Ramsey, Assisted Living Recreation Leader**



Claudie strikes a pose on National Unicorn Day.



Residents dance to the song "Staying Alive" during morning exercises.



Oscar visits with the Easter Bunny.



Betty chats with the Easter Bunny.



Gigi and Tiffany celebrate National Unicorn Day with Hillcrest's very own unicorn.



Mable blows a kiss on National Unicorn Day.

A happy hello from Stacy! Spring has been great so far. The residents enjoyed a lot of activities in April. We had so much fun getting ready for Easter. The ladies and I made Easter bonnets, door decorations and Easter baskets. We even had a visit from the Easter Bunny himself!

Now that the weather has warmed up, we are back to taking drives in the country. We have to social distance on the bus so we can't take very many people all at once. But don't worry, everyone will get a turn to see the beauty that is around our area. Just seeing the trees start to bud and the green grass brought tears to some eyes last week. We have had two days recently

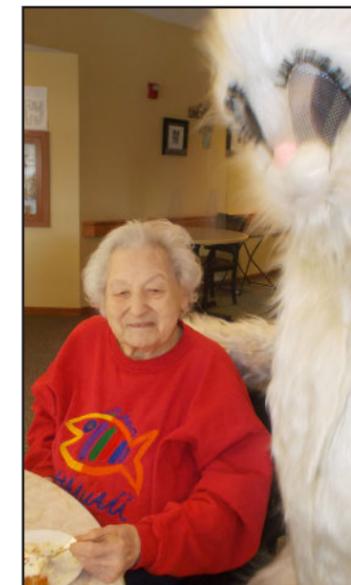
where we could sit out in the courtyard for a spelling bee and a cookie break. It's funny how a sunny day can make even a store-bought cookie taste good.

We have a lot planned for May. This month we are looking forward to making May Day baskets, celebrating Mother's Day, and we have a Dress Like a Princess Day coming up. It has been wonderful to see so many families come and visit. The residents are blessed with such caring families, just as we are blessed to have these residents living at Hillcrest Silver Ridge!

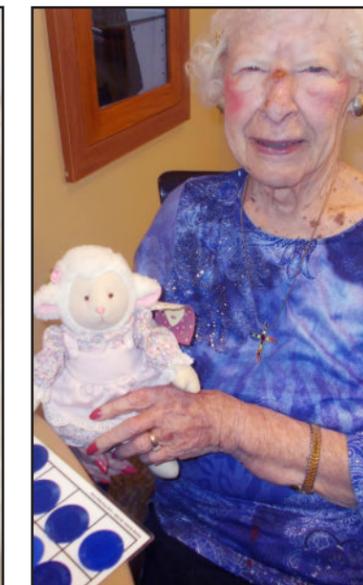
**-Stacy Neuhaus, Memory Support Recreation Director**



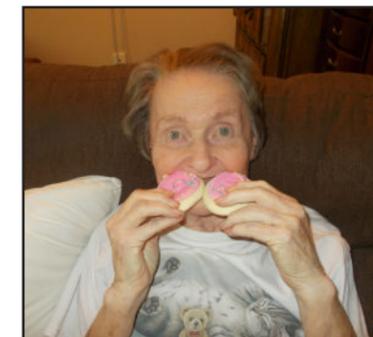
Penny visits with the Easter Bunny.



Nellie gets a surprise visitor.



Marie wins the grand prize at bingo.



Margie enjoys cookie day.



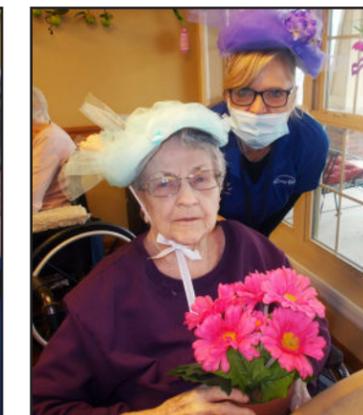
Margery shows off her Easter bonnet.



Dean plays balloon volleyball.



Clark plays his guitar for residents.



Angie and Stacy finish their Easter bonnets.



Agnes tries on her Easter bonnet.