

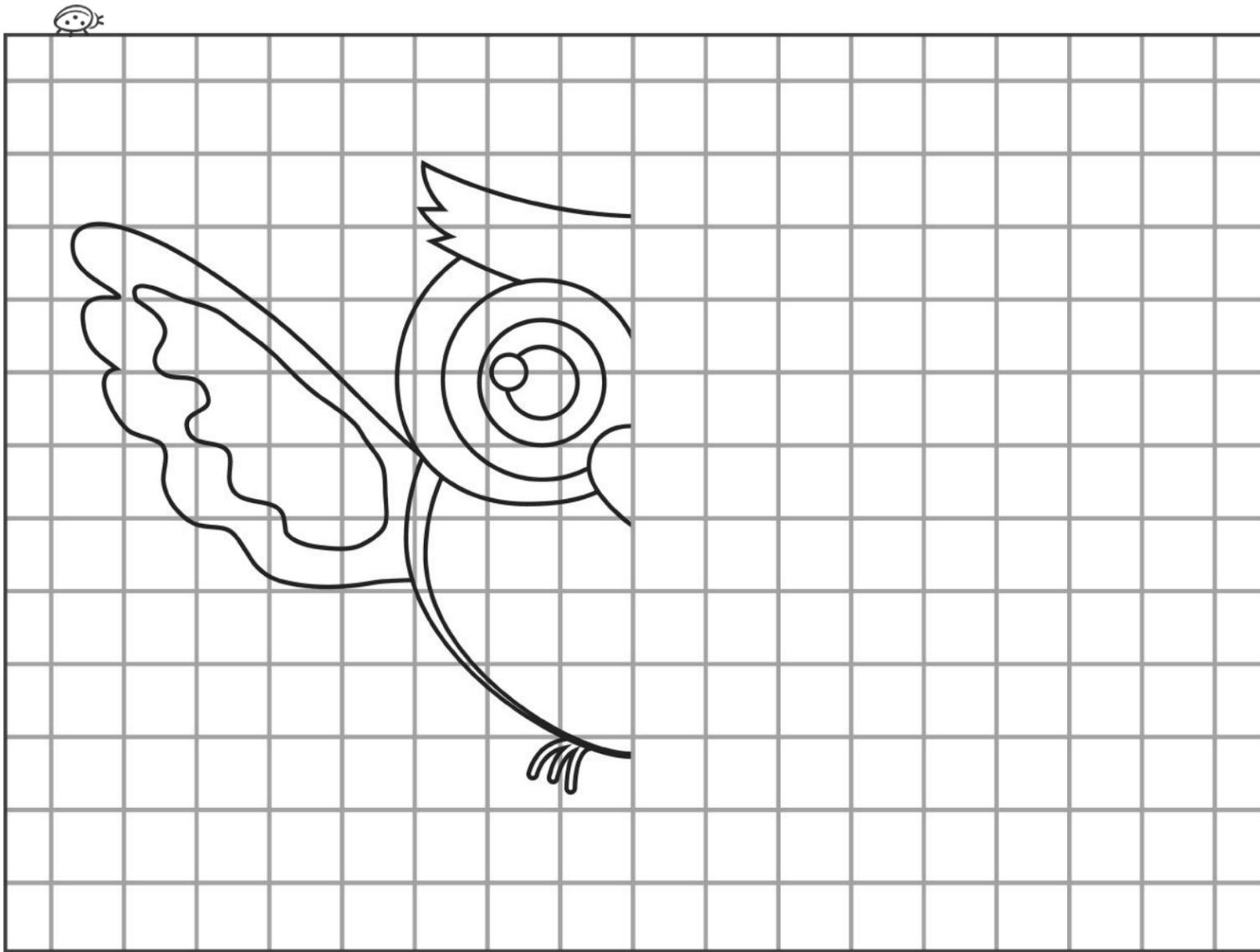
"Summertime is always the best of what might be."
 -Charles Bowden

June 2021

The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory support residents

Activity Page



JUNE BIRTHDAYS

June 9: Patricia C.	June 26: Margaret B.
June 10: Claudie B.	June 26: Lois B.
June 13: Elly W.	June 28: Geraldine B.
June 16: Michael W.	June 29: Phyllis U.

WELCOME, NEW RESIDENTS!

Frank R., June D., GerryLu M., Harold and Fay N.

WORSHIP SERVICES

Mondays: Bible Study with Pastor Jerry, 3:15 p.m. (AS)
 Wednesdays: Sing-Along and Prayer, 11 a.m. (AS)
 Thursdays: Catholic Prayer Service, 10 a.m. (AS)
 Sundays: Morning Bible Study, 10 a.m., 10:45 a.m. (MS)

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Sarah Stoakes, sstoakes@hillcresthealth.com

DIRECTOR OF HEALTH SERVICES:

Dixie Tonacchio, dtonacchio@hillcresthealth.com

ASSISTED LIVING RECREATION DIRECTOR:

Charisa Ramsey, cramsey@hillcresthealth.com

MEMORY SUPPORT RECREATION DIRECTOR:

Stacy Neuhaus, sneuhaus@hillcresthealth.com

DIRECTOR OF CULINARY:

Kenny Jesus, kjesus@hillcresthealth.com

DIRECTOR OF ENVIRONMENTAL SERVICES:

Ed Chelsey, echelsey@hillcresthealth.com

REGIONAL ADMINISTRATOR:

Dave Creal, dcreal@hillcresthealth.com

Sarah's Column



Summertime has officially arrived! I hope you all take opportunities to get outside and enjoy the warm weather, family and friends. The year 2020 reminded us all about the importance of getting together with families and friends and celebrating the events in our lives. Take the opportunity to celebrate anything and everything!

Each apartment can now have six visits per week for up to two hours each visit and up to two adult visitors and two children visitors at a time. We ask that all visitors participate in the simple screening process, which consists of answering four questions, having their temperature taken and wearing a disposable surgical mask. Our onsite visiting hours are Monday-Friday 9 a.m.-6 p.m. and Saturday 9 a.m.-1 p.m. Residents can leave Hillcrest Silver Ridge to visit family and/or attend events seven days a week. We ask for a 24-hour notice for offsite visits so we can prepare your medications for the leave. I appreciate everyone's cooperation in keeping each other safe and healthy so that we can continue to keep visits, on and offsite, occurring.

Based on your feedback, we are adding a part-time housekeeper to our team who will be at Hillcrest Silver Ridge on weekends and two evenings per week. I hope you find that the additional housekeeping services benefit you.

We really appreciate your feedback and are striving for a rating of a 10 at all times. If you can't rate Silver Ridge a 10 then we want your feedback. Please reach out to any member of the Hillcrest Silver Ridge team to give your ideas on what would make your experience a 10. With gratitude,

-Sarah Stoakes, Administrator

Finish the Picture



RESIDENTS IN ACTION

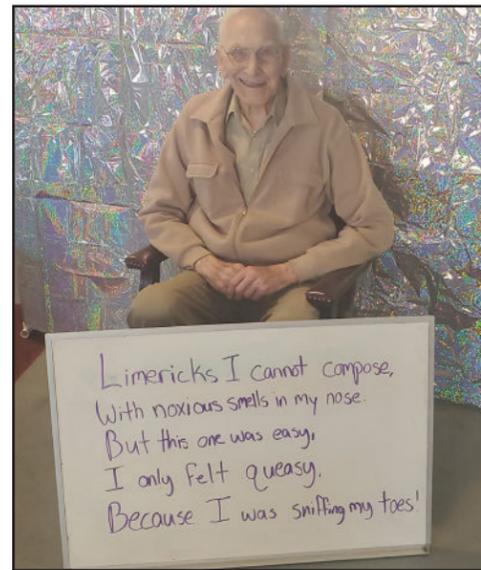
It's been another fun-filled month at Hillcrest Silver Ridge! We celebrated Earth Day with trivia and dirt cup snacks made from chocolate pudding and ground up chocolate cookies. National Limerick Day was very entertaining with a silly limerick photo booth. We grilled out for National BBQ Day, had a pizza party for National Pizza Day and a paper airplane competition for Paper Airplane Day. While Mother's Day looked a little different this year, residents and their families were able to enjoy going out for the afternoon as well as a dessert bar for in-room visits.

Our residents continue to enjoy regular favorites like arts and crafts, bingo, billiards and shuffleboard, happy hour and much more. We even started a drama club with plans to put on a short play for the community soon! We are excited for the coming month as we will be adding new church services and long-awaited entertainers back to our lineup. It's gearing up to be a great summer here at Hillcrest Silver Ridge!

-Charisa Ramsey, Assisted Living Recreation Director



Geri, Butch and Julie enjoy a lively game of shuffleboard.



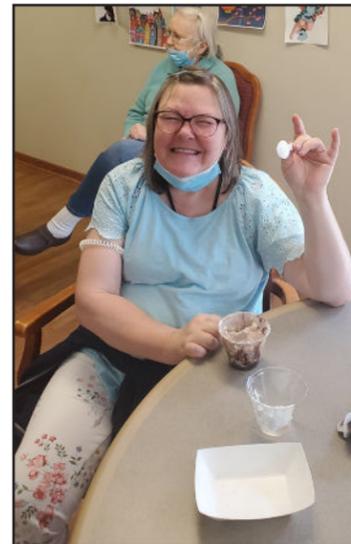
Oscar smiles with a limerick.



Carolyn enjoys her Earth Day snack.



Betty and Tiffany get into the spirit of National Limerick Day.



Lisa celebrates Earth Day with a snack.

A happy hello from Stacy! What a month we have had. May turned out to be a little cooler than we had hoped, but we still went for a few scenic drives and we planted flowers in the courtyards. We spent a few afternoons out on the patio having drinks and enjoying each other's company. I am sure this month that Mother Nature will give us more sunshine. It was nice to see so many families come by on Mother's Day. The ladies were all so excited to see their loved ones, and they enjoyed the corsages they received. I would like to thank the culinary team for making sweet treats for us. This month we will be enjoying more time outdoors. The courtyards are really taking shape. Residents here

have so much knowledge about flowers, plants and birds. Caroline reminds me every day to go out and 'dead-head' the petunias. So many of our ladies were married in June that we are going to have a Dress like a Bride Day in the middle of the month. We will be making our own wedding veils at craft time, then we will be wearing them the next day to show off our handiwork. On Father's Day we will be having desserts in the afternoon. Families are invited to join the fun to honor the men here at Hillcrest Silver Ridge. Stay safe and healthy!

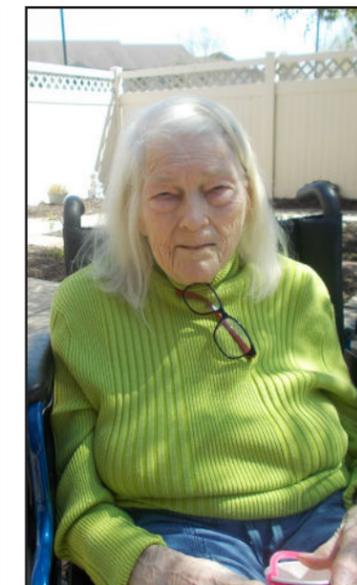
-Stacy Neuhaus, Memory Support Recreation Director



Dorothy is a princess for the day.



Roberta shines on National Princess Day.



Lois enjoys the sunshine in the courtyard.



Angie celebrates her birthday.



Pat wins the grand prize at bingo.



Nellie makes blankets for foster children.



Nancy waters the flowers in the courtyard.



Margery makes May Day baskets.



Mary Lou and Ursula go on a bus ride.