

"A life without love is like a year without summer."
 -Swedish Proverb

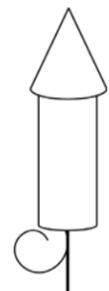
July 2021

The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory support residents

Activity Page

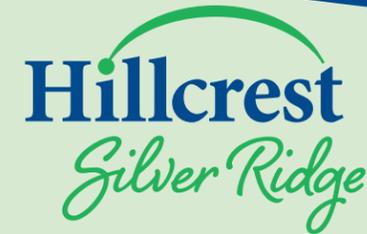
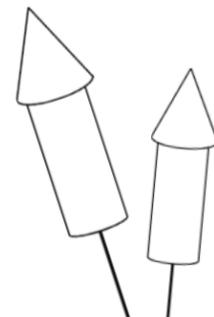
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 M S Q G D E G H O T D O G S F L Z P
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 T F Z E K S N H L K T F G R Y O T J



**July Independence
 Fireworks
 BBQ**

**Hamburgers
 Hot Dogs
 Patriotic
 Red**

**White
 Blue
 Stars
 America**



JULY BIRTHDAYS

July 5: Dorothy K. July 14: Dottie A.
 July 11: Anna P. July 17: Louise P.
 July 11: Thelma M. July 29: Eiko L.

WELCOME, NEW RESIDENTS!

Pat L., Patricia M., GerryLou M., Fay and Harold N.

WORSHIP SERVICES

Mondays: Bible Study with Pastor Jerry, 3:15 p.m. (AS)
 Wednesdays: Sing-Along and Prayer, 11 a.m. (AS)
 Thursdays: Catholic Prayer Service, 10 a.m. (AS)
 Sundays: Morning Bible Study, 10 a.m., 10:45 a.m. (MS)

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

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REGIONAL ADMINISTRATOR:

Dave Creal, dcreal@hillcresthealth.com

Sarah's Column



Happy July! With the heat of summer comes the celebration of Gretna Days! We are excited that we will be able to once again host our annual hot dog feed as part of the Gretna Days Celebration. The hot dog feed will take place on July 31 from 11 a.m.-2 p.m., or while supplies last. We will be serving hot dogs, chips and ice cream bars. Be

sure to invite your families and friends!

With the continued decline in the positivity rate in Sarpy County, we have been able to lessen restrictions. Our outings scheduled by the recreation team will be resuming. It will be nice to be out and enjoying different activities in the community. Residents do not have to wear masks while participating in activities, in the dining room or any location in the community. With the nice weather, residents can entertain their guests in the courtyard or any outside area. We do ask that unvaccinated residents wear a mask during the outdoor visits.

To better serve our residents, guests and families on the evening and weekends, we have hired a part time receptionist. More details on how this will positively impact our residents will be coming soon. Here's to a healthy summer!

-Sarah Stoakes, Administrator



RESIDENTS IN ACTION

Fun summer festivities are in full swing at Hillcrest Silver Ridge! We excitedly welcomed our first entertainer to the community, in June and spirits are high as we look forward to even more to come. As the temperature heats up, we are doing our best to keep cool. We will be having a squirt gun fight this month to celebrate National Water Park Day, as well as enjoying some nice, cool watermelon at our Fourth of July Celebration.

Last month we enjoyed several themed dress-up days including National Best Friends Day, a Bride Day,

a That 70s Day and a Lumberjack Day! In June, we also showed our appreciation for our nursing assistants on National Nursing Assistants Week, thanking them for all they do to keep our residents happy and healthy.

This month we look forward to many fun activities, including more dress-up days, a photo booth and even root beer floats!

-Charisa Ramsey, Assisted Living Recreation Director



Residents listen to a music concert in the dining room.



Chris and Jana work on summer themed crafts.



Claudie and Kati wear matching outfits on National Best Friends Day.



Charisa dresses up as a princess for Royalty Day.



Harold and Fay work on a painting craft together.



Sally and Lesa wear their homemade wedding veils.

A happy hello from Stacy! Well, don't look now, but summer is here. Residents have had such a nice time together this past month. We spent a lot of time in the courtyards visiting with each other, enjoying cold drinks and gazing at the beautiful flowers. I am grateful that the ladies have so much knowledge about how much water to give the flowers and how to dead head the petunias.

So many of our residents were married in June that we had a Bride Day last month. Our ladies dressed up as brides, in veils we made for the occasion. We shared with each other our memories of our wedding dresses or wedding suits. The ladies are just as beautiful today as the day they said, "I do."



Residents have an airplane throwing contest.



Dotty and Agnes listen to Clark play his guitar.

COTTAGES HAPPENINGS

We have been able to get out and go on some country drives. Everyone seemed pleased to go out to my dad's farm and see the horses. At the end of July we should be able to go to my cousin's vegetable farm and get some tomatoes and sweet corn. We will have the men do the husking for us.

We will be celebrating the Fourth of July with a picnic lunch. Hopefully the weather will be nice so we can eat in the courtyard. We will also be having a watermelon tasting this month, and shooting targets with squirt guns. I bet the residents will make me the target!

-Stacy Neuhaus, Memory Support Recreation Director



Residents listen to a music show from The Merry-makers.



Stacy and Caroline celebrate Million Dollar Day.



Rachel and Roberta look at the horses during a scenic drive.



Jackie and Patricia show off their wedding veils for our Bride Day.



Nancy and Agnes enjoy a scenic drive through the country.