

"To appreciate the beauty of a snowflake, it is necessary to stand out in the cold." - Aristotle

December 2023

The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory care residents



Get into the holiday spirit!

The holiday season is here, and the Hillcrest team is ready to celebrate with all of our residents, elders and guests. Here are some ways to share your holiday spirit with those around you.

Put up decorations

One fun way to show you're festive is by decorating. Put up lights, garland or a small tree. To make your decorations unique, you can even have fun making your own. Get together with your peers or a family member and make a wreath or paint holiday pictures and hang them up.

Share holiday recipes

Families often have their own traditions when it comes to baking or cooking for the holidays. Gather with those you're close to and reminisce about your favorite holiday baking or cooking memories, or share a special recipe with someone.

Have a holiday movie night

Whether you like action, comedy or romance movies, the holiday season has them all. Grab a group of friends and some popcorn and watch your holiday favorites!

Listen to holiday music

In December, holiday music seems to be the most popular choice. Whether you just like to listen to it or sing along, holiday music has tunes for everyone. If you like to sing along, go caroling around your community and brighten the spirits of those around you.

DECEMBER BIRTHDAYS

Dec. 2: Don R.	Dec. 15: Lorraine K.
Dec. 6: Jean B.	Dec. 19: Denny W.
Dec. 10: Carol S.	Dec. 24: Christel V.
Dec. 12: Barbara K.	Dec. 25: Arnelda R.
Dec. 14: Phyllis N.	Dec. 30: Jim B.

WELCOME TO SILVER RIDGE!

Faye S. Les B.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Matt Lucero, mlucero@hillcresthealth.com

ASSISTED LIVING LIFESTYLE DIRECTOR:

Brianna Erickson, berickson@hillcresthealth.com

DIRECTOR OF ASSISTED LIVING:

Haley Amundson, hamundson@hillcresthealth.com

DIRECTOR OF ENVIRONMENTAL SERVICES:

Robert Roseland, rroseland@hillcresthealth.com

DIRECTOR OF CULINARY:

Jorden Brooks, jbrooks@hillcresthealth.com

DIRECTOR OF MARKETING:

Jennifer Moustakes, jmoustakes@hillcresthealth.com

MEMORY CARE COORDINATOR:

Heather Selby, hselby@hillcresthealth.com

REGIONAL AREA DIRECTOR:

Dave Creal, dcreal@hillcresthealth.com

ARE YOU ON THE LIST?

We distribute the newsletter each month via email in addition to distributing printed copies in our building. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



DECEMBER HIGHLIGHTS

Dec. 7: Holiday Lights Tour (MC)
Dec. 12: Holiday Lights Tour (AL)
Dec. 13: Whitetail Elementary Choir (AL)
Dec. 14: Entertainment by Kim Eames (AL)
Dec. 22: Rings & Strings Quartet (AL)
Dec. 28: Holiday Lights Tour (MC)

WORSHIP SERVICES

Mondays

2:30 p.m. - Worship Service with Pastor Jerry (MS)

3:15 p.m. - Bible Study with Pastor Jerry (AL)

Wednesdays

11 a.m. - Worship Service with Pastor Jerry (AL)

Thursdays

10 a.m. - Catholic Prayer Service (AL)

Sundays

9 a.m. - Catholic Service (AL)

Sunday, Dec. 3 & 17

3:30 p.m. - Worship Service with Pastor Tom (AL)

FEATURED EVENT



Christmas Caroling

Saturday, Dec. 16

1:30 p.m. - Greenies

Santa Claus and the Gretna Dragons football team will stop by to hand out treats and sing Christmas carols.

Matt's Column



Hello, Hillcrest Silver Ridge residents and families! We had a wonderful November. We celebrated our current veterans, their spouses and veterans that passed who lived with us at Hillcrest Silver Ridge.

The American Legion Color

Guard enjoyed being a part of our Veterans Day program and look forward to joining us next year. We also want to thank the American Legion Auxiliary for bringing in quilts for all of our veterans.

In November, we reflected on all that we are thankful for. I am grateful for a dedicated team and wonderful residents. It is a pleasure to serve each and every one of you throughout the year.

As Thanksgiving has come and gone we are now looking forward to Christmas! Please let the administrative team know if you will be gone for the holidays, and continue to sign out and in when leaving and returning to the community.

We give thanks to all of the wonderful relationships we have built this year and are excited about what the new year has in store for all of us at Hillcrest Silver Ridge!

-Matt Lucero, Administrator



RESIDENTS IN ACTION

Happy December, everyone! The holiday spirit is filling the air, and we have had a great past month here at Hillcrest Silver Ridge. Papillion Singing Seniors provided awesome entertainment, baby kittens came from Scatter Joy Acres, and we played a bunko tournament. The American Legion Color Guard helped us honor our veterans for Veterans Day. Thank you, veterans, for your service!

This month we are looking forward to many holiday activities such as making winter crafts, listening to Christmas carolers, sipping hot cocoa and going to see holiday lights. We may even get a visit from Santa Claus!

From everyone at Hillcrest Silver Ridge, we hope you have a wonderful holiday.
-**Brianna Erickson, Assisted Living Lifestyle Director**



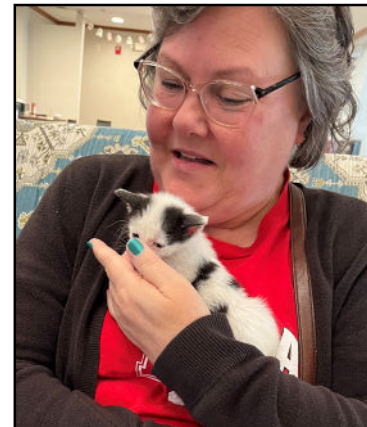
Christel snuggles kittens from Scatter Joy Acres.



Mary dresses as "Mary Had a Little Lamb."



Barb wears a Barbie Halloween costume.



Lesla holds a kitten from Scatter Joy Acres.



Honoring Veterans

Top Left: Judd receives a pin in honor of his service.

Above: The American Legion Color Guard joins us for the Veterans Day celebration.

Far Left: Matt pins Ron at the Veterans Day ceremony.

Right: Keith is honored for his service.

COTTAGES HAPPENINGS

Happy holidays from the Connor and Langdon Houses! We hope everyone had a wonderful Thanksgiving. There is certainly a lot to be thankful for. For starters, the warm fall weather allowed us to continue going on our scenic rides. It was so wonderful to get out and see all of the fall colors. We enjoyed playing bingo and doing arts and crafts with our two

volunteer groups: Integrated Life Choices and Hands of Heartland.

This month we are looking forward to spending more quality time with family and friends. The holiday season is a time to cherish our relationships with one another. I hope everyone has a splendid holiday.

-**Heather Selby, Memory Care Coordinator**



A Daisy Girl Scout hands Ursula and Donna gifts.



Carroll hugs a Daisy Girl Scout.



Earl wears his turkey hat.



Alice and Amanda play cards together.



Residents make turkey hats with Hands of Heartland.



Roberta dances with Denell Danner.



Residents receive a visit from the Daisy Girl Scouts.