

"We are better throughout the year for having, in spirit, become a child again at Christmastime." — Laura Ingalls Wilder

December 2019

The SILVER RIDGE Report

A monthly newsletter for Silver Ridge assisted living and memory support residents

Top Five Holiday Movies

It's finally December! It's time to enjoy the snow, decorations and delicious baked goods. One of the best ways to get into the holiday spirit is to watch festive movies. Here are some of the best holiday movies of all time, according to parents.com.

- **"It's a Wonderful Life"**— A classic since 1946, this movie tells the story of George Bailey. Through the eyes of Clarence the Angel, George is reminded that the love of his family and friends is what truly makes the holidays worth celebrating. Whether you've seen it 100 times or are watching it for the first time, your heart will be stolen by this beautiful movie.
- **"Miracle on 34th Street"**— Set in New York City, this movie combines romance and the holidays as Santa Clause teaches a mother and daughter what the season is really about. You can even watch this movie in black and white or in color!
- **"The Muppet Christmas Carol"**— This movie contains the comedic genius of the Muppet world while masterfully recapturing the heartfelt message of the original story. This is a perfect movie for all ages.
- **"Santa Clause"**— This movie shows Santa Clause in a more practical light as businessman Scott Calvin becomes the new Santa. As he learns his new role he discovers the true meaning of the season. Between the elves and the reindeer, there's plenty of laughs to go around in this modern take on a classic character.
- **"White Christmas"**— In this movie, four friends team up to revive a hotel for a retired general and fall in love along the way. Accented by beautiful scenery, fabulous outfits and timeless songs, this movie really sets the tone for the holiday season. So snuggle up with a blanket and hot cocoa and get in the holiday spirit with one of these classic movies!

DECEMBER BIRTHDAYS

Dec. 10: Carol Schlueter
Dec. 12: Barbara Karfit
Dec. 15: Bernice Swain
Dec. 19: Denny Witt
Dec. 21: Sally Larsen
Dec. 24: Christel VanMeter
Dec. 25: Arnela Rumfield

WELCOME, NEW RESIDENTS!

Jackie Jones
Roberta McFarland
Ann Kruiuzenga

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Sarah Stoakes, sstoakes@hillcresthealth.com

DIRECTOR OF HEALTH SERVICES:

Dixie Tonacchio, dtonacchio@hillcresthealth.com

ASSISTED LIVING RECREATION LEADER:

Paige Giittinger, pgiittinger@hillcresthealth.com

MEMORY SUPPORT RECREATION LEADER:

Stacy Neuhaus, sneuhaus@hillcresthealth.com

DIRECTOR OF CULINARY:

Rory Franco, rfranco@hillcresthealth.com

DIRECTOR OF ENVIRONMENTAL SERVICES:

Terry Greco, tgreco@hillcresthealth.com

REGIONAL ADMINISTRATOR:

Dave Creal, dcreal@hillcresthealth.com

ARE YOU ON THE LIST?

We would like to start distributing the newsletter each month via email in addition to distributing printed copies in our building. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



DECEMBER HIGHLIGHTS

- Dec. 3: Music by the Papillion Singing Seniors (AL)
- Dec. 5: Baking Holiday Cookies (MS)
- Dec. 10: Holiday Lights Drive (AL)
- Dec. 12: Holiday Crafts (MS)
- Dec. 13: Mormon Trail Center's Gingerbread Festival (AL)
- Dec. 15: Holiday Open House, 2-4 p.m. (MS)
- Dec. 18: Holiday Music Show (MS)
- Dec. 20: Holiday Lights Drive (AL)
- Dec. 23: Holiday Party with Music by Pam Kragt (AL)
- Dec. 31: New Year's Eve Party with Music by The Links (AL)

WORSHIP SERVICES

- Daily: Catholic Communion in Mornings (MS)
 - Sundays: St. Patrick's Rosary/Communion, 9 a.m. (AL & MS)
 - Morning Bible Study, 10 a.m., 10:45 a.m. (MS)
 - Tuesdays: St. Patrick's Catholic Church, 9:30 a.m.
 - Thursdays: St. Patrick's Catholic Church, 9:30 a.m.
- December Services:
- Dec. 4: Resurrection Lutheran Church, 9:30 a.m.
 - Dec. 11: Gretna Baptist Church, 9:30 a.m.
 - Dec. 18: Good Shepherd Lutheran Church, 9:30 a.m.

HOLIDAY OPEN HOUSE

Assisted Living
December 7, 2-4 p.m.

Come see the lovely holiday decorations and enjoy some fellowship and refreshments. Also, be sure to say hi to Mr. and Mrs. Clause! No RSVP necessary.

Sarah's Column



Happy December! It seems we blinked and the holiday season is in full swing and a chill is in the air. Just like that we are turning the page as another year is coming to a close. As we come to the end of 2019, I can look back at the wonderful achievements we have accomplished this year

with a sense of pride.

In reflecting on the year, I would like to thank all of the wonderful team members who have worked so hard to make Silver Ridge the wonderful community it is. It has been a year of changes and the team has embraced it with goodwill while continuing to provide the best care possible.

I would also like to thank all of you and your families for your support this year. A great deal of what we do at Silver Ridge can't be achieved without you, your cooperation and your support. Many thanks and we look forward to working more closely with you in the coming year.

May your holiday season be bright and filled with joy. As always, it's a pleasure to serve you and your family.

With gratitude,

—Sarah Stoakes, Administrator

Memory Support

December 15, 2-4 p.m.

Come enjoy an afternoon of food, fun and fellowship. RSVP to Stacy Neuhaus at (402) 332-4280 ext. 4400 by December 12th.

RESIDENTS IN ACTION

Hello, Silver Ridge family! Boy, this last month has sure flown by! Halloween was our biggest highlight in October. We had a Halloween party with music by George & The Jr's, refreshments and costume contests for residents and team members. Silver Ridge hosted a trick-or-treating open house on Halloween night, and residents passed out candy to around 200 kids. It was so great to see all the cute kiddos in their costumes! Sarah led a group of ladies in making leather cuff bracelets using old belts and costume jewelry; they turned out incredibly beautiful, and the ladies had a lot of fun designing them. We also held a very nice service on Veterans Day to honor

our residents and team members that have served in the military. We took another trip to Joslyn Art Museum for National Visit an Art Museum Day and created designs on canvas with buttons for National Button Day.

December will be filled with everything holiday themed: crafts, cookies, caroling, friends and family, food, not to mention all of the beautiful trees, decorations and lights. This is definitely my favorite time of the year (minus the cold and snow), and am glad I get to share it with all of you! Happy Holidays, and see you next year!
-Paige Gittinger, Assisted Living Recreation Director



Paul is pinned by his daughter on Veterans Day.



Doris and Ruth hand out candy on Halloween.



Darlene and Elly smile at the Trick-or-Treat Open House.



Joyce and Orville dance together.



Jeanne and her daughter pass out candy.



Carolyn and Evelyn show off the bracelets they made.



Residents enjoy painting pumpkins.

COTTAGES HAPPENINGS

A happy hello from Stacy! I can hardly believe that the holiday season is here. It seems like just yesterday we were celebrating Independence Day. As I look around Silver Ridge and I see all of the tinsel, holiday decorations and the white snow outside, I guess the calendar is right, it is indeed December. We have a lot of fun activities planned for the holidays — baking cookies, making Christmas ornaments for the tree, and if the weather holds out, we will take an evening holiday light tour around town. I look forward to seeing everyone — friends, family members and residents

at our Holiday Open House on Sunday, December 15th from 2-4 p.m. We will have an afternoon of desserts, fellowship and fun. Christmas is a time to count our blessings. We all have been very blessed in our lives, and I feel that one of my biggest blessings is working here. Each and every individual here has made a difference in my life, and I am truly grateful. Happy Holidays, and have a happy and healthy new year.

-Stacy Neuhaus, Memory Support Recreation Director



Anne, Mary and Carolyn enjoy the saxophone program.



Norma leads everyone in cookie decorating.



Oscar and Robert are honored on Veterans Day.



Residents show off their pumpkins from the Bellevue Berry and Pumpkin Ranch.



Residents enjoy Friday morning bowling.