

"It is never too late to be who you might have been."

- George Elliot

August 2023

The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory care residents

Reaching Beyond Our Communities

At Hillcrest, our mission of "enhancing the lives of aging adults" extends far beyond the care and services we deliver each day.

We proudly partner with many organizations that align with our mission – from associations advocating for a cure to diseases that affect the aging population, to educational institutions providing opportunities for students. We also believe in supporting our local communities through participation in events and other initiatives.

The Hillcrest Foundation for Enhancing Lives is dedicated to improving quality of life for older adults and has assisted seniors in several of our Hillcrest communities, as well as individuals on hospice.

The Foundation's 3rd Annual Golf Tournament is on Aug. 17 at Eagle Hills Golf Course. Many of our Hillcrest teams will be supporting the event, and we'd love to see family members on the golf course as well! Learn more about the tournament or how you can nominate an aging adult for a gift at hillcrestfoundation.org.

On Aug. 19, Hillcrest teams, residents and families can participate in the Bellevue Arrows to Aerospace Parade. Hillcrest is a sponsor of the annual event, organized by the Bellevue-Offutt Kiwanis Club, and will have a group of walkers, as well as a few Hillcrest vehicles with residents.

Save the date for Sept. 9 – we'll once again be joining the Alzheimer's Association in the Sarpy County Walk to End Alzheimer's at Prairie Queen Recreation Area. We've been supporting this event for many years and even helped lead the efforts to form the Sarpy County Walk. We'd love to see you there.

Talk to your administrator if you and/or your loved one would like to participate in the Bellevue Parade or Walk to End Alzheimer's.

We hope you will join us in enhancing lives by getting involved in these community events or supporting these organizations in other ways.



AUGUST BIRTHDAYS

Aug. 8: Lesa W.	Aug. 23: Earl G.
Aug. 14: Roberta M.	Aug. 23: Ruth M.
Aug. 22: Carol M.	Aug. 31: Ervin K.
Aug. 21: Bev D.	Aug. 25: Rosemary J.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Matt Lucero, mlucero@hillcresthealth.com

ASSISTED LIVING RECREATION DIRECTOR:

Brianna Erickson, berickson@hillcresthealth.com

DIRECTOR OF ENVIRONMENTAL SERVICES:

Robert Roseland, rroseland@hillcresthealth.com

DIRECTOR OF CULINARY:

Hillana Hilaire, hhilaire@hillcresthealth.com

MEMORY CARE COORDINATOR:

Heather Selby, hselby@hillcresthealth.com

REGIONAL AREA DIRECTOR:

Dave Creal, dcreal@hillcresthealth.com

ARE YOU ON THE LIST?

We distribute the newsletter each month via email in addition to distributing printed copies in our building. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



AUGUST HIGHLIGHTS

Aug. 4: Oreo Day (MS)
Aug. 11: National Kool-Aid Day (AL)
Aug. 15: Travel Day (MS)
Aug. 17: Entertainment by John Beck (AL)
Aug. 28: National Bow-tie Day (AL)
Aug. 30: Rubber Duck Day (MS)

WORSHIP SERVICES

Mondays

2:30 p.m. - Worship with Pastor Jerry (MS)
3:15 p.m. - Bible Study with Pastor Jerry (AL)

Wednesdays

11 a.m. - Worship Service with Pastor Jerry (AL)

Thursdays

10 a.m. - Catholic Prayer Service (AL)

Sundays

9 a.m. - Catholic Service (AL)
Sunday, Aug. 6 & 20
3:30 p.m. - Worship Service with Pastor Tom (AL)

FEATURED EVENT

Lemonade in the Courtyard

Tuesday, Aug. 22, 2 p.m.



Soak up the sun while sipping on refreshing lemonade and enjoying cookies.

Matt's Column



Hello, Hillcrest residents and families!

We want to thank everyone for their patience as the patio was being fixed in the courtyard. The new concrete has been installed, and it looks great! Residents are excited to utilize this space again

while the weather is still warm. Fall isn't too far away, and we look for every opportunity to enjoy the summer sunshine. We even planned our first outdoor/indoor BBQ this month. Residents will enjoy freshly grilled brats and hamburgers for lunch.

We continue to look for ways to improve our courtyard. We recently started working with a new vendor for our pond and sprinkler system. They have some great ideas, and we will be making some changes and updates over the next few weeks.

We are excited to add several new team members to the Hillcrest family. We would like to thank all of our residents for helping these team members feel welcome as they get familiar with the community and settle in to their new roles. We look forward to having our new assisted living director join us on Aug. 7, as well as several other team members throughout the month of August. We are continuing to recruit, hire and train new team members who will enhance the lives of our residents.

-Matt Lucero, Administrator

RESIDENTS IN ACTION

Happy August, everyone! We enjoyed all of the festivities July had to offer. The Fourth of July party was a hit. Paul Siebert performed and residents enjoyed some delicious snacks and beverages. We've been getting crafty by painting sunflowers and canvases. Additionally, we had Jerry Stingley perform for us, and we were even able to enjoy a lunch outing to Culvers!

Residents had a great time having a meal outside of the building.

Residents and team members had a blast at the Gretna Days Hot Dog Feed. It was great to see all of the familiar smiles. I hope everyone enjoys the upcoming month!

-Brianna Erickson, Assisted Living Recreation Director



Claudie watches a performance at the Fourth of July party.



Residents paint sunflowers together.



Mary shows off her sunflower painting.



Barb makes cupcake flowers during crafting corner.



Residents enjoy a performance by Paul Siebert.



Sally decorates a canvas with stars.

COTTAGES HAPPENINGS

Hello from the Connor and Langdon Houses! I can't believe the summer is almost over. Time sure flies!

We had a great July. Our chauffeur, Jay, took us on a scenic ride through Mahoney State Park. It was so wonderful to get out and see the sun shining. We got to see some horseback riding lessons while we were there. As we rode along listening to Frank Sinatra and Harry Conick, Jr., we noticed the Platte River was higher than

normal. Both houses enjoyed entertainment from the husband and wife duo Houston Solutions. Everyone was on their feet and dancing!

We are looking forward to a very nice August and hoping it is not so humid so we can enjoy more back patio activities. We wish you well and hope that the rest of your summer is lovely.

-Heather Selby, Memory Care Coordinator



Betty shows off her angel.



Terry and Carroll enjoy spending time together.



Jay and Ranae relax in the living room.



Residents and team members dance to many songs by the Houston Solutions.



Ranae and Lois take a stroll together in the courtyard.