

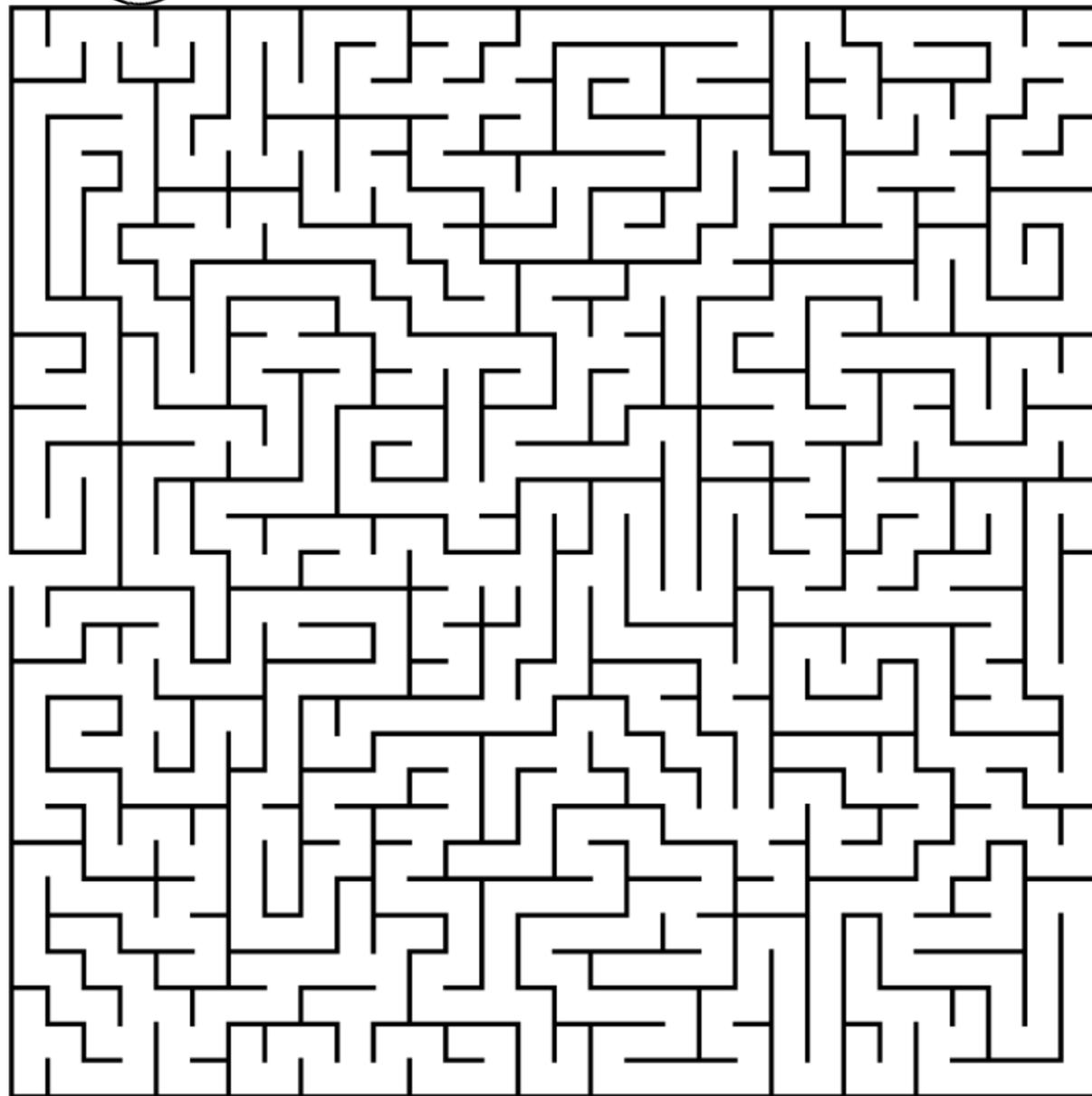
"Can words describe the fragrance of the very breath of spring?"  
- Nelije Blanchan

April 2021

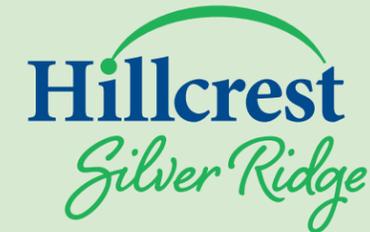
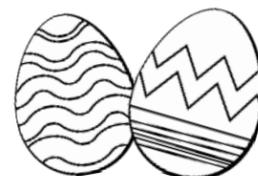
# The SILVER RIDGE Report

A monthly newsletter for Hillcrest Silver Ridge assisted living and memory support residents

## Activity Page



Complete the Maze!



### APRIL BIRTHDAYS

April 10: Sally M.      April 16: Lois B.  
April 10: Mable M.    April 17: Carolyn W.  
April 11: Julie G.      April 23: Angie A.  
April 13: Bill B.        April 24: Jim R.

### WELCOME, NEW RESIDENTS!

Angie A., George S., George S., Butch F.

### WORSHIP SERVICES

Mondays: Bible Study with Pastor Jerry, 2 p.m. (AS)  
Wednesdays: Sing-Along and Prayer, 11 a.m. (AS)  
Sundays: Morning Bible Study, 10 a.m., 10:45 a.m. (MS)

### MEET THE LEADERSHIP TEAM

#### ADMINISTRATOR:

Sarah Stoakes, [sstoakes@hillcresthealth.com](mailto:sstoakes@hillcresthealth.com)

#### DIRECTOR OF HEALTH SERVICES:

Dixie Tonacchio, [dtonacchio@hillcresthealth.com](mailto:dtonacchio@hillcresthealth.com)

#### ASSISTED LIVING RECREATION DIRECTOR:

Charisa Ramsey, [cramsey@hillcresthealth.com](mailto:cramsey@hillcresthealth.com)

#### MEMORY SUPPORT RECREATION DIRECTOR:

Stacy Neuhaus, [sneuhaus@hillcresthealth.com](mailto:sneuhaus@hillcresthealth.com)

#### DIRECTOR OF CULINARY:

Kenny Jesus, [kjesus@hillcresthealth.com](mailto:kjesus@hillcresthealth.com)

#### DIRECTOR OF ENVIRONMENTAL SERVICES:

Kifton Minarik, [kminarik@hillcresthealth.com](mailto:kminarik@hillcresthealth.com)

#### REGIONAL ADMINISTRATOR:

Dave Creal, [dcreal@hillcresthealth.com](mailto:dcreal@hillcresthealth.com)

## Sarah's Column



Happy spring! It is hard to believe that it is already April. It is nice to see the different colors of spring blooming.

After our vaccination clinics, we really have vaccination numbers worth celebrating. We had 98 percent of our residents and 96 percent of our team members get vaccinated. We will continue to

offer new residents and team members vaccinations.

As we move towards normalcy, it would be nice to have a more involved and engaged resident meeting each month. In order to move forward with meeting in person, I am looking for 10 volunteers who would like to serve on the Resident Meeting Committee. Your responsibility would be to attend and to bring information from other residents to the monthly meeting. If you are interested in volunteering, please submit your interest to me by April 10. I look forward to having a more in person resident meeting to receive feedback on how we can make Hillcrest Silver Ridge the best place to live. We really appreciate your feedback and are striving for a rating of a 10 at all times. If you can't rate Silver Ridge a 10 for any reason then we want your feedback. Please reach out to any team member to give your ideas on what would make your experience a 10.

It is great to see all of your families visiting and see you reconnecting with your loved ones. As I receive updates from the Department of Health and Human Services and Centers for Disease Control and Prevention I will keep you informed. I am excited to continue moving forward to normalcy.

As always, if you have any ideas, comments or suggestions, please feel free to contact me or any member of the Hillcrest Silver Ridge team.

-Sarah Stoakes, Administrator

## RESIDENTS IN ACTION

Hello, everyone! I am thrilled to be one of the newest additions to the Hillcrest Silver Ridge family! It has been amazing to get to know so many wonderful residents and team members. I look forward to meeting even more of you over the coming months.

In February, residents enjoyed celebrating Mardi Gras and the excitement of trying to find the baby in the king cake. March was another fun month, as residents celebrated St. Patrick's Day with a traditional Irish meal of corned beef and cabbage and St. Patrick's Day themed crafts. We also celebrated National Chip

and Dip Day with a specially themed happy hour. We are looking forward to April when residents will have the opportunity to celebrate Easter and Earth Day, along with other fun activities.

I am so excited to be serving as the new Assisted Living Recreation Director. I look forward to really getting to know everyone and doing all of the fun activities we have in store.

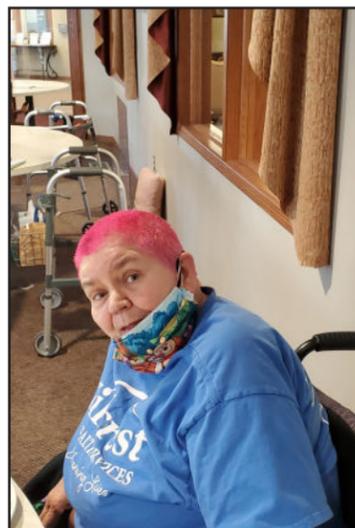
**-Charisa Ramsey, Assisted Living Recreation Leader**



Earl finds the baby in the king cake.



Mike and Barb celebrate Mardi Gras with a special dinner.



Gigi shows off her newly dyed hair.



Betty, Janna and Joyce write down what love means to them for the Valentine's Day photo shoot.

## COTTAGES HAPPENINGS

A happy hello from Stacy! We can hardly believe it, but spring has finally sprung. The residents and I are so looking forward to spending time outdoors in the courtyards. The ladies are already talking about what kind of flowers we should plant in the pots. Two of the men told us to hold our horses and wait until the first week of May to plant them. In their experience we can still have freezing temperatures at night through the month of April. We'll have to see if we have the patience to wait that long!

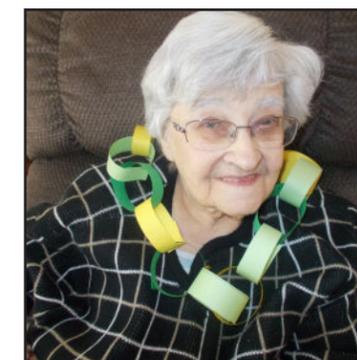
We have had a lot of fun this past month. We

enjoyed a St. Patrick's Day get together with different kinds of Irish food to sample, and we all had fun making the March décor. This month we will be decked out in pastels for Easter. It will be exciting to dye eggs, make spring decorations and fill Easter baskets for everyone. Now that the weather is nice, we will be going on country drives on Mondays. We are looking forward to a funny hat day, a flying a kite day and a poetry day. Stay safe and healthy!

**-Stacy Neuhaus, Memory Support Recreation Director**



Jackie enjoys some traditional Irish music as Clark plays his guitar for us.



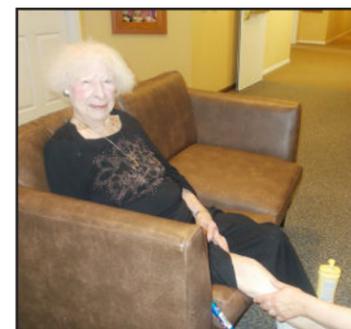
Dorothy wears her St. Patrick's Day craft.



Dottie wins a frog during a bingo game.



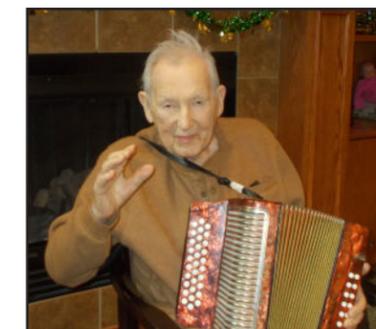
Penny has fun on St. Patrick's Day.



Marie enjoys a mini massage.



Larry and Tammy celebrate St. Patrick's Day.



Jim plays Irish songs on his accordion.



Mary Lou makes a get well soon card for her friend.



Ursula makes her friend a get well soon card.



Roberta wears green on St. Patrick's Day.



Stacy and Nancy play beauty shop.