

"There is only one happiness in this life; to love and be loved."
 — George Sand

March 2021

The Shadow Lake Letter

A monthly newsletter for Hillcrest Shadow Lake residents

RESIDENTS IN ACTION

Hello, everyone! I am so excited to be a part of the Hillcrest Shadow Lake team! As March begins, we have lots of fun activities approaching. We will be kicking off March with our birthday celebration. On March 17 we will be celebrating our St. Patrick's Day Party with music, games and a sweet treat! If you have any questions or concerns please feel free to reach out to me and the recreation team at (531) 395-2668.

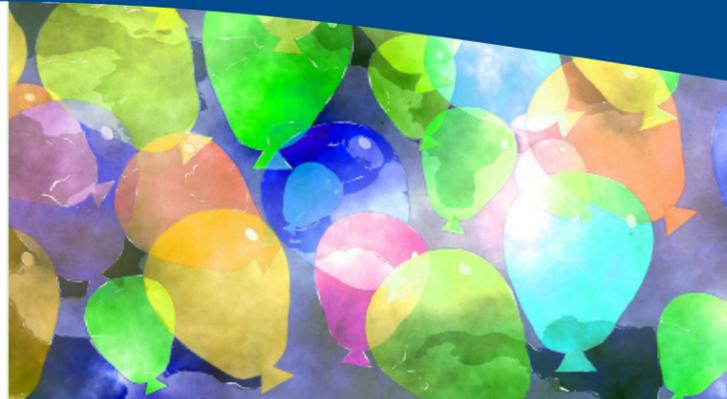
-Hailey Bowlsby, Director of Recreation



Hailey and Helen C. smile with a valentine from the Omaha Storm Chasers.



The team at Hillcrest Shadow Lake poses with valentines from the Omaha Storm Chasers.



MARCH BIRTHDAYS

Mar. 5: Marilyn K.	Mar. 22: Lucinda A.
Mar. 16: West E.	Mar. 24: Harold A.
Mar. 19: Bill B.	Mar. 25: Patrick W.
Mar. 20: Tom D.	Mar. 27: Helen B.
Mar. 21: Paddy S.	Mar. 30: Merrill H.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Kevin Sauberzweig, (531) 365-2661

DIRECTOR OF RECREATION:

Hailey Bowlsby, (531) 365-2668

DIRECTOR OF CLINICAL SERVICES:

Harmony Widman, (531) 365-2662

DIRECTOR OF TRANSITIONS:

Vanessa Wright, (531) 365-2666

DIRECTOR OF CULINARY SERVICES:

Gottfried Anang, (531) 365-2665

DIRECTOR OF ENVIRONMENTAL SERVICES:

Bruce Crabbe, (531) 365-2669

REGIONAL ADMINISTRATOR:

Tammy Deemer, (402) 982-9376

ARE YOU ON THE LIST?

We would like to start distributing the newsletter each month via email in addition to distributing printed copies in our building. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



MARCH ACTIVITIES

St. Patrick's Day activities aren't the only fun things we'll be doing this month! March is full of activities that will keep everyone engaged and active.

- Manicures
- Arts and Crafts
- Hallway Exercise
- Room Visits
- Skyping Family Members
- Independent Cart
- Happy Hours
- Popcorn Social
- Virtual Church
- Hand Massages
- Hallway Bingo

St. Patrick's Day Party

Wednesday, March 17th | 2 p.m.

Resident Rooms

Put on some green, and join us for our St. Patrick's Day Party! We will be celebrating with music, cupcakes and a lucky surprise!

Kevin's Column



This month there are several things I would like to inform you about. I'll begin with announcing the newest additions to our leadership team.

First is McKinsey Mulroy, our new Marketing Counselor. She joined the Hillcrest team in 2017 and has marketed for Hillcrest Millard,

Hillcrest Country Estates Cottages and Hillcrest Home & Community Services. McKinsey was born and raised in Plattsmouth and resides in Papillion with her husband Jarod and three children. McKinsey's favorite pastimes include running, playing with her kids and drinking wine. She is excited to join the Hillcrest Shadow Lake team and meet the residents.

Secondly, Hailey Bowlsby is the new Recreation Director. Hailey comes from a small town in Iowa and will be relocating to the Papillion area soon. She has a four-year-old son, who keeps her very busy outside of work. Hailey grew up volunteering at the long-term care facility that her mom worked at, and this was an influencing factor on her chosen career path. She likes bringing joy to others, and we look forward to her leading our recreation department and getting to know all of our residents and families.

We have completed the vaccine clinics, and we are proud to say that we had 98 percent of our residents and 75 percent of team members vaccinated. Sarpy County is now considered a Green Zone, which means we are now able to offer a few limited indoor visits. We will be sending out information soon with more details. As always, the visitation guidance can change depending on the county positivity rate and the facilities phasing guidelines. Please call me at (531) 365-2661 if you have any questions.

-Kevin Sauberzweig, Administrator