

"You can get excited about the future. The past won't mind."
—Hillary DePiano

January 2021

The Shadow Lake Letter

A monthly newsletter for Hillcrest Shadow Lake residents

RESIDENTS IN ACTION

The holidays were full of fun here at Hillcrest Shadow Lake! From decorating sugar cookies to listening to carolers through our windows, the halls were filled with holiday joy. With all of the craziness going on, it was nice to simply enjoy the festivities. January is here, and we are all very excited to see what the new year will bring! We are ready to make it a great year. We are definitely going to make some great memories.

One of the highlights of December was a lunch from Greenbelly and Eileen's Colossal Cookies for our team members provided by Edna Allbery's family. Her daughters took time out of their birthday, which they share, to bring us a surprise to lift the spirits of our team members who have been working so hard. A big thank you to Brenda Taylor, Gail Allbery, Brian Jensen, Brian and Sandi Allbery and family and Bob Taylor and family who helped make this happen.

As always, if you have any questions or concerns, please feel free to reach out to me and the Recreation Team at (531) 395-2668. Happy New Year, everyone!

-Jessi Patton, Director of Recreation



Brenda Taylor, Gail Allbery, Cara Gunter, Shelby Archer, Kevin Sauberzweig and Harmony Widman help carry in the lunch provided by Edna Allbery's family.



JANUARY BIRTHDAYS

Jan. 7: Jane K.	Jan. 22: Clarence H.
Jan. 7: Marlene V.	Jan. 24: Barbara W.
Jan. 11: Emily G.	Jan. 26: Lisa A.
Jan. 18: Mary Ann J.	Jan. 28: Shirley S.
Jan. 20: Marian B.	

WELCOME, NEW RESIDENTS!

Janet Hargis

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Kevin Sauberzweig, ksauberzweig@hillcresthealth.com

DIRECTOR OF RECREATION:

Jessi Patton, jpatton@hillcresthealth.com

DIRECTOR OF CLINICAL SERVICES:

Harmony Widman, hwidman@hillcresthealth.com

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Bruce Crabbe, bcrabbe@hillcresthealth.com

REGIONAL ADMINISTRATOR:

Tammy Deemer, tdeemer@hillcresthealth.com

ARE YOU ON THE LIST?

We would like to start distributing the newsletter each month via email in addition to distributing printed copies in our building. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



JANUARY ACTIVITIES

Happy New Year! This month, the calendar is full of fun activities provided by our wonderful Recreation Team! We are especially excited about celebrating the new year — 2021.

- Manicures
- Arts and Crafts
- Hallway Exercise
- Room Visits
- Skyping Family Members
- Independent Cart
- Happy Hours
- Movies
- Virtual Church
- Hand Massages
- Hallway Bingo

Elvis Day!

Friday, January 8 | 1:30 p.m.

Resident Rooms

Let's celebrate Elvis's birthday with great music and snacks. There may be a little dancing too!

Kevin's Column



Happy New Year! I have no doubt that 2021 is going to be better than 2020. With the vaccine coming soon, we can finally put COVID-19 behind us! We will keep you informed in the coming months of any changes here at Hillcrest Shadow Lake and I, for one, hope

we can start visitation again soon so things can get back to somewhat of a normal routine for everyone. We encourage all of you to get vaccinated when the vaccine becomes available to the general public, as we are all hoping the country hits the 70% vaccination mark so we can reach herd immunity. Thank you for all of your patience over the last year. Have a great new year!

-Kevin Sauberzweig, Administrator



Alice H. shows off her new cozy shawl.



Lepha B. strikes a pose while playing turkey hunt.