

"Friends show their love in times of trouble, not in happiness."

-Euripides

November 2020

The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members

ASSISTED LIVING WEEK - CARING IS ESSENTIAL

This year the motto for Assisted Living Week was "Caring is Essential." The highlight of the week was the parade that team members put on. They all picked a theme and then wore costumes and made floats to fit their theme. There was a "Chocolate is Essential" float, where they passed out Hershey's

Kisses. We had a Care Bear float, where the team members passed out gummy bears. Culinary's theme was "Food is Essential," and they passed out cupcakes. The nursing team's theme was "Caring is Essential," and they passed out Eileen's Cookies. It was a fun time for all.



Mindee and Jessi stand with their nurses float.



Lisa dressed up as a taco for the AL Week parade.



Cristina pushes her thankfulness float.



Nicole and Amber dress up as Care Bears for the AL Week parade.



Matt dresses up as a game of Bingo.



Carol L., Carol F. and Violet walk with their chocolate float.



NOVEMBER BIRTHDAYS

- Nov. 1: Metro Sasich
- Nov. 6: Dee Clapp
- Nov. 11: Barbara Metz
- Nov. 15: Virginia Eidenmiller
- Nov. 20: Gloria Pacholski
- Nov. 25: Louise Poly

WEDDING ANNIVERSARIES

Tom and Carolyn Wagner

WELCOME TO MABLE ROSE!

Marion and Metro Sasich
Carol Bucklun

MEET THE LEADERSHIP TEAM

- ADMINISTRATOR:**
Nicole Ellermeier, (402) 682-6810
- DIRECTOR OF HEALTH SERVICES:**
Ashleigh Jones, (402) 682-6811
- ASSISTANT DIRECTOR OF HEALTH SERVICES:**
Camille Goodwin, (402) 682-6830
- DIRECTOR OF RECREATION:**
Carol Lowe, (402) 682-6875
- DIRECTOR OF RESIDENT SERVICES:**
Lisa Summers, (402) 682-6802
- DIRECTOR OF ADULT DAY SERVICES:**
Angie Cappellano, (402) 682-6804
- DIRECTOR OF CULINARY:**
Cristina Cawthorn, (402) 682-6860
- DIRECTOR OF ENVIRONMENTAL SERVICES:**
Eric Schmader, (402) 682-6809
- REGIONAL ADMINISTRATOR:**
Dave Creal, (402) 933-4690

Nicole's News



October brought us a lot of new adventures and opportunities. We welcomed our new Director of Health Services, Ashleigh Jones, RN, and our Assistant Director of Health Services, Camille Goodwin, LPN, to the team. They are onboarding, and we are excited to have them lead our

great nursing team. They bring a wealth of knowledge and talent to the Hillcrest Mable Rose family. We also were able to start taking bus rides on a regular basis. It was incredibly joyous to leave the community and see different views. We were able to modify our Halloween celebration with a parade of ghouls and goblins outside our windows. Never fear, we made sure to send them off with sweet treats! Our residents also utilized technology to battle the COVID-19 restrictions by having one of our long-time volunteers and friends conduct a Halloween craft project via Zoom.

Fall is a favorite season of mine. The apple cider, football and preparation for the holidays make for a great time of year to be thankful and reflective. And as we head into November, my hope is for you and your friends and family to remain safe and healthy and thankful for all of the gifts we are given, even during this pandemic.

—Nicole Ellermeier, Administrator

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, get us your email address, and we'll keep you posted!

A MONTH IN REVIEW

This month there were many activities that residents participated in. They made bracelets, participated in a craft and sip, made heart art, baked and did pumpkin crafts. We also want to say a special

thank you to our volunteers who painted flowers, hearts and kind messages on the windows from the outside. The window art has definitely brightened up Hillcrest Mable Rose!



Paul loves the heart on his window.



Volunteers paint on the windows.



Janelle poses with her window art.



The beautiful results of our craft and sip adorn the halls of Mable Rose.



Doris celebrates her 100th birthday.

RESIDENTS IN ACTION

The Hillcrest Mable Rose bus is on the road again for residents to enjoy. Bus outings are scheduled three times a day and leave at 10 a.m., 1 p.m. and 2:30 p.m. So far, residents have been on adventures to Lake Manawa, Hawaiian Village, Buccaneer Bay and Glenwood. They have

also gone on the Five City Tour, which includes Omaha, Bellevue, Papillion, La Vista and Ralston. Bus rides have been a great way to explore the area safely, and residents love getting to see the sites!



Doris enjoys a bus ride.



Mary Lou decorates a beautiful pumpkin centerpiece.



Mary Lou and Matt ride around town.



Helen creates some string art.