

"The power of imagination makes us infinite."  
- John Muir

# The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members



## MAY BIRTHDAYS

May 11: Sandra C.      May 20: Larry Z.  
May 14: Ignacio T.    May 22: Robert W.  
May 16: Marilyn B.    May 31: Everett G.  
May 18: Toni S.

## WELCOME TO MABLE ROSE!

Larry P.      Donna B.      Twila R.

## MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Nicole Ellermeier, (402) 682-6810

**DIRECTOR OF RECREATION:**

Carol Lowe, (402) 682-6875

**DIRECTOR OF RESIDENT SERVICES:**

Lisa Summers, (402) 682-6802

**DIRECTOR OF ADULT DAY SERVICES:**

Angie Cappellano, (402) 682-6804

**DIRECTOR OF CULINARY:**

Cristina Cawthorn, (402) 682-6860

**DIRECTOR OF ENVIRONMENTAL SERVICES:**

Eric Schmader, (402) 682-6809

**DIRECTOR OF HEALTH SERVICES:**

Sharon "Shay" Friel, (402) 682-6811

**REGIONAL AREA DIRECTOR:**

Dave Creal, (402) 933-4690

## ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, get us your email address, and we'll keep you posted!



## MAY HIGHLIGHTS

- May 2: Pet Therapy with Louis
- May 3: Ballroom Chair Dancing
- May 4: Playing Bunco with Friends
- May 5: Current Events with Bruce
- May 9: May Trivia – A to Z
- May 10: Paper Crafting with Pat
- May 12: Merrymakers – Music with Joe Taylor
- May 13: Scatter Joy Acres Visit
- May 17: Music Bingo with Elliot
- May 18: Geography 101 – Idaho
- May 19: Protestant Service in the Chapel
- May 20: Music with the Arthrighteous Brothers
- May 23: Hymn Sing with Pastor Jerry
- May 25: All Town Meeting/Game
- May 27: American Heartland Celebration
- May 31: Ferris Wheel Ride at Scheels

## FEATURED EVENT

### American Heartland Memorial Day Remembrance

Friday, May 27 at 1 p.m.

We will be decorating with a patriotic theme, observing Memorial Day with patriotic music and dressing in red, white and blue.

## Nicole's News



Happy May! Flowers are in full bloom, and this month we are celebrating the women and mothers in our lives. We will be honoring them with special events and gifts early this month. On Memorial Day, we will be honoring the military personnel who have passed

while serving in the United States Armed Forces.

We had a wonderful time in April with a lot of live entertainment and many outings. We even had the opportunity to go to a dress rehearsal for the American Midwest Ballet. It was so wonderful to be out and enjoying life! We also went on many bus trips and enjoyed the scenery and wildlife.

Hillcrest Mable Rose is excited to report that we have started our own Facebook page, facebook.com/hillcrestmablerose! We encourage you to please 'Like' our page and follow along with all of our fun. We will be able to post more frequent pictures of what is going on in our community for you to enjoy!

While the mask mandate has been lifted in the general public, the mandate is still in place within assisted living communities. Please ensure you are masked during your visit and your visit remains in the apartment of the resident you are visiting. We are unable to have visits in the common spaces (such as the hobby shop, dining room, etc.).

Thank you for being a part of the Hillcrest Mable Rose family. We are honored and privileged to serve you!

-Nicole Ellermeier, Administrator

## A MONTH IN REVIEW

One thing we excel at is having fun! We recently held a “Bikers, Booze, & Tattoos” party. Adult Day Club members, residents and even team members joined in the fun. Everyone dressed in biker attire, picked out a tattoo to show off, had a photo shoot and a Club member even made up biker names for her friends.

Later in the month, residents participated in making Easter crafts, dyeing eggs and making bird nest snacks out of pretzels and jellybeans. The Easter Bunny and her friend, Peep, stopped by to wish everyone at Hillcrest Mable Rose a “Hoppy Easter!” Everyone had an “egg-cellent” time!

-Angie Cappellano, Director of Adult Day Services



## Bikers, Booze & Tattoos

Above Left: Bert and Dwight arm wrestle at the Bikers, Booze & Tattoos party.  
 Above Center: Don sports his biker jacket.  
 Above Right: Julio shows off his biker attire.  
 Left: Elizabeth is rocking a face tattoo.

## Swing, Swing Swing!

Residents were whisked away to the era where young G.I. Joes and Rosie the Riveters gave their all to save the world in the performance of "Swing, Swing Swing!" at the Orpheum. The show follows a couple who falls in love during the WWII period.



## Resident Spotlight: Lucille B.



Lucille was born on July 22. She married the love of her life, James, and together they had two children, Deb and Dottie. Lucille loved to garden and found great joy in growing her own carrots, radishes and potatoes. Her most valuable lesson in life is to make sure that she helps others when they are in need. She feels her greatest success in life is raising her family and having grandchildren. A piece of advice she would give to the younger generation would be to simply be kind to everyone. Lucille enjoys living at Hillcrest Mable Rose and loves the friendships she has made. One philosophy she lives by every day is "do unto others as you would have them do unto you."

Thank you, Lucille, for sharing your story.

## Egg-cellent Easter

Right: Linda smiles for a photo with Peep.

Far Right: Nancy decorates a chick.

Below: Carol decorates an Easter egg.

Below Center: Rita enjoys an Easter snack.

Below Right: Laura is excited for her visit from the Easter Bunny and his friend Peep.

