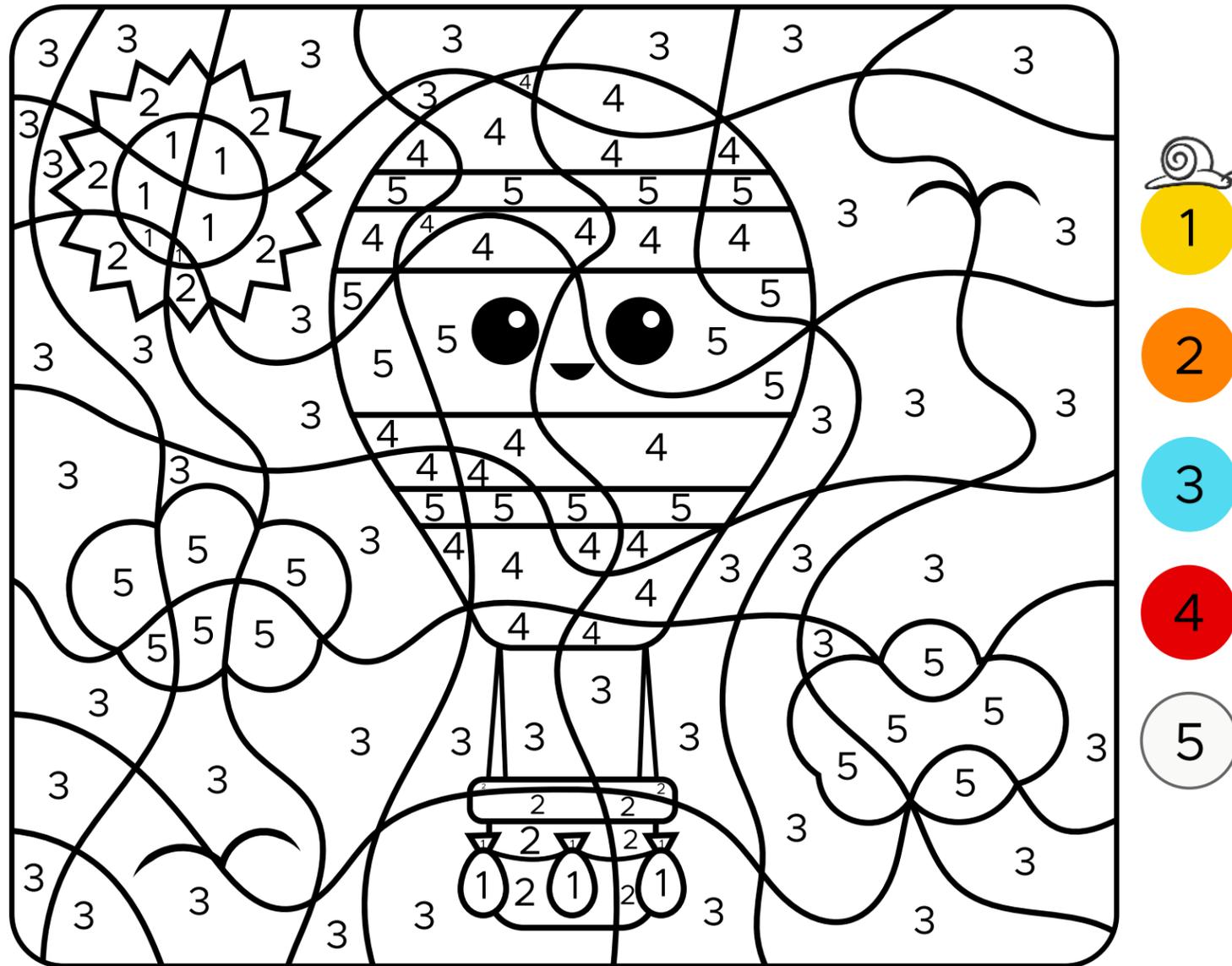


"Laughter is a sunbeam of the soul."  
 —Thomas Mann

May 2021

# The Mable Rose Messenger

## Activity Page



Color By Number

A monthly newsletter for Hillcrest Mable Rose's residents and Club members



### MAY BIRTHDAYS

May 4: Dave M.	May 18: Toni S.
May 5: Helen S.	May 20: Larry Z.
May 11: Doc W.	May 22: Swede W.
May 15: Dan Y.	May 23: Lorna S.
May 18: Nina B.	

### WEDDING ANNIVERSARIES

Om & Manju P.

### WELCOME TO MABLE ROSE!

Beverly M., Nadine M., Dick H.,  
 Muriel W., Gloria C., Karen H., Rita B., Linda K.,  
 Rose Z., Robert Z.

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**  
 Nicole Ellermeier, (402) 682-6810  
**DIRECTOR OF HEALTH SERVICES:**  
 Michael Aubrey, (402) 682-6811  
**DIRECTOR OF RECREATION:**  
 Carol Lowe, (402) 682-6875  
**DIRECTOR OF RESIDENT SERVICES:**  
 Lisa Summers, (402) 682-6802  
**DIRECTOR OF ADULT DAY SERVICES:**  
 Angie Cappellano, (402) 682-6804  
**DIRECTOR OF CULINARY:**  
 Cristina Cawthorn, (402) 682-6860  
**DIRECTOR OF ENVIRONMENTAL SERVICES:**  
 Eric Schmader, (402) 682-6809  
**REGIONAL ADMINISTRATOR:**  
 Dave Creal, (402) 933-4690

### Nicole's News



We are welcoming May with progress and wellness! We have been able to see our residents reunite with their loved ones through visits in their apartments and attend small gatherings and outings outside of Hillcrest Mable Rose. While this progress is exciting and good for the soul, we need to remain diligent in our safe practices of PPE usage, hand

hygiene and physical distancing.

It has been beautiful to see the reuniting of families and friends. Some of our visitors have never been to Mable Rose, and it has been fun to introduce them to our lifestyle. We are so proud of our community, team and family and are so pleased that more individuals are able to share in our way of life.

Progress is our mantra at Mable Rose. We reopened The Club in February. We reopened to visitors in March. We turned the page in April and were able to support small gatherings and outings for our residents outside of Mable Rose. In May we will be starting up our Caregiver's Support Group. If we continue to remain faithful and persistent to our good health and hygiene practices, May will show us continued progress.

We so appreciate your continued support of our team and the guidelines and protocols that keep our residents safe, healthy and happy. Your partnership in care is what makes Mable Rose one of a kind.

I am personally excited to continue to meet all of the families and friends of our residents that I've had the privilege of hearing about over the past year. The pride that is exhibited in our residents' legacies is unique and priceless. The past year may have kept us apart physically, but it has created a greater bond in our priorities and joys.

—Nicole Ellermeier, Administrator

## A MONTH IN REVIEW

We have been having so much fun at Hillcrest Mable Rose! We had our very own carnival, complete with clowns, carnival treats and balloons. Everyone got to 'clown' around with their very own red nose and clown accessories. We also played some carnival games. It was a blast.

Easter was also a lot of fun. We received a special visit from the Easter Bunny himself! Residents loved dyeing their eggs and getting special treats from the Easter Bunny. With all of the Easter decorations it was very colorful around Mable Rose last month!



Ila dyes her Easter eggs bright yellow.



Nancy prepares an Easter snack.



Marcia helps out with snack time.



Marge receives her treats and a special visit from the Easter Bunny.



Carol smiles with the Easter Bunny.



Pat finds the missing Easter eggs.



Toni poses while dyeing eggs.



Paul hangs out with the Easter Bunny.



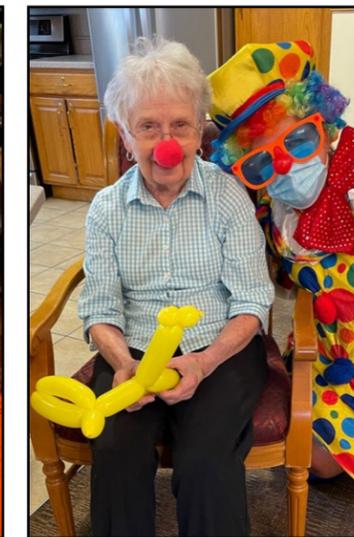
Walt dyes his Easter eggs neon green.



Dan makes a funny face.



Dave wears a clown wig.



Dee poses with a clown.



Elaine wears a clown nose.



Sandy shows off her costume.



The team at Hillcrest Mable Rose gets dressed up for the special carnival.

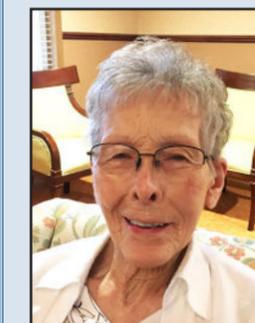


Tom clowns around in his giant glasses.



Pam and Dwight celebrate their 53rd wedding anniversary.

### Resident Spotlight



Our Resident Spotlight for May is Lucy! She grew up on a farm in Iowa. She was married for 57 wonderful years and enjoyed traveling overseas with her husband as he served in the Air Force. Her most valuable life lesson is to be kind and sociable to people. She describes herself as a people person. Everyone is different, and we can learn so much about someone just through conversation. She also loves baseball and the color purple. Thank you, Lucy, for sharing your story!