"There is only one happiness in this life; to love and be loved."
—George Sand

March 2021

The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members

Activity Page

F A M F J I X K F R B B W W C L I A
E S L L S E A I U S B F Y Y U E T M
Z Y Q O E Y T Z X R S F O D F P T S
E D G W F A M N F I G S N Y P R L Z
F H H E P H V A U H R F J K W E O A
O G D R M Q Y H R F K I V S S C Y G
I E Z S Y D R R L C U V S B Y H U I
S X E C L O V E R W H Z M H X A A C
M I S T P A T R I C K S D A Y U V D
H E S P Z N F B M M N R C T R N R U
P L U C K M R A I N B O W G X Z U B
C N M S P R I N G T Y V E I S G B G

Clover
Flowers
Irish
Leprechaun
Luck
March
Rainbow
Spring
St. Patrick's Day

Find the Words!

Hillcrest Mable Rose

March Birthdays

Mar. 1: Tom Wagner
Mar. 3: Pam Aldinger
Mar. 5: Joann Sutton
Mar. 9: Mary Yocom
Mar. 9: Carol Beckclun
Mar. 11: Helen Sinnett
Mar. 16: Alice Berigan
Mar. 20: Virginia Banks
Mar. 21: Paula Croasdale
Mar. 23: Marilyn Schneider
Mar. 23: Paul Haug
Mar. 26: Carol Flavell

Welcome to Mable Rose!

Bob Huck
Nancy Zocco
Wil Engelkemier
Neomi Hascall

Meet the Leadership Team

Administrator:
Nicole Ellermeier, (402) 682-6810
Director of Health Services:
Michael Aubrey, (402) 682-6811
Director of Recreation:
Carol Lowe, (402) 682-6875
Director of Resident Services:
Lisa Summers, (402) 682-6802
Director of Adult Day Services:
Angie Cappellano, (402) 682-6804
Director of Culinary:
Cristina Cawthorn, (402) 682-6860
Director of Environmental Services:
Eric Schmader, (402) 682-6809
Regional Administrator:
Dave Creal, (402) 933-4690

Nicole's News

March has arrived! February was an extremely snowy and cold month, but fun and friendship still transpired at Hillcrest Mable Rose. We enjoyed bus rides, Valentine's Day celebrations, bingo, exercise, baking, games and snow creatures.

We have grown our team with the addition of the new Director of Health Services, Michael Aubrey. He has jumped in and made a great impact on the residents and team. We are happy to have him to support our health and wellbeing at Mable Rose. One of his main goals is to start conducting regular care conferences with our residents and their families. You will be hearing from him in the next few months to set up a meeting (via Zoom).

We are also excited to have Brandy Fisk join us as the Dimensions Coordinator. Dimensions™ is the Hillcrest specific dementia education and programming that is Montessori based. She will be introducing herself to you and assisting in the education and programming of those of our residents with dementia. This is a new position that we have created to enhance the quality of our training to the team and programming for our residents.

This new role will allow for our Recreation Leader, Violet Oxford, to be able to carry out more activities throughout the community and offer more options in our overall recreation for our residents.

Hope you have a wonderful month, and stay healthy and safe!

—Nicole Ellermeier, Administrator

A Month in Review

Valentine's Day is one of our favorite holidays at Hillcrest Mable Rose! Residents cast their votes for the annual Valentine's Day King and Queen for 2021. Happily married couple, Lorna and Ole Swingen, got the most votes and were awarded candy, flowers and special crowns and sashes. Our wonderful Administrator Nicole Ellermeier dressed up as Cupid to announce the Valentine's Day King and Queen.

The ladies had a Valentine's Day photo shoot and everyone had a great time. We have some beautiful residents here at Mable Rose. They were all smiles. We can't wait to do it all again next year!

Our ladies dress up for a Valentine's Day photo shoot.

The Club Reopening

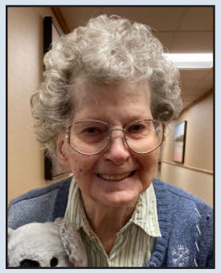
On February 15 The Club reopened after almost a year of being closed due to COVID-19. Tom Wagner was our first returning member to come through the doors. We are so glad to have the gang back together! We are looking forward to great things in 2021! Please contact Angie Cappellano, the Director of Adult Day Services, at (402) 682-6804 or acappellano@hillcresthealth.com for more information about upcoming activities at the Club.

Nicole crowns Ole and Lorna, our Valentine's Day King and Queen.

Tom gets excited for the Club reopening.

Catherine shows off one of her valentines.

Resident Spotlight



Doris is our resident spotlight for March! She has four children and 10 grandchildren and was married to her husband Arnold for 54 years. Doris enjoys crocheting, knitting, baking, latch hooking and embroidering. The best piece of advice that Doris can give to others is to be kind. Doris enjoys living at Hillcrest Mable Rose because the team works really hard and gets along well. Thanks, Doris, for sharing your story!