

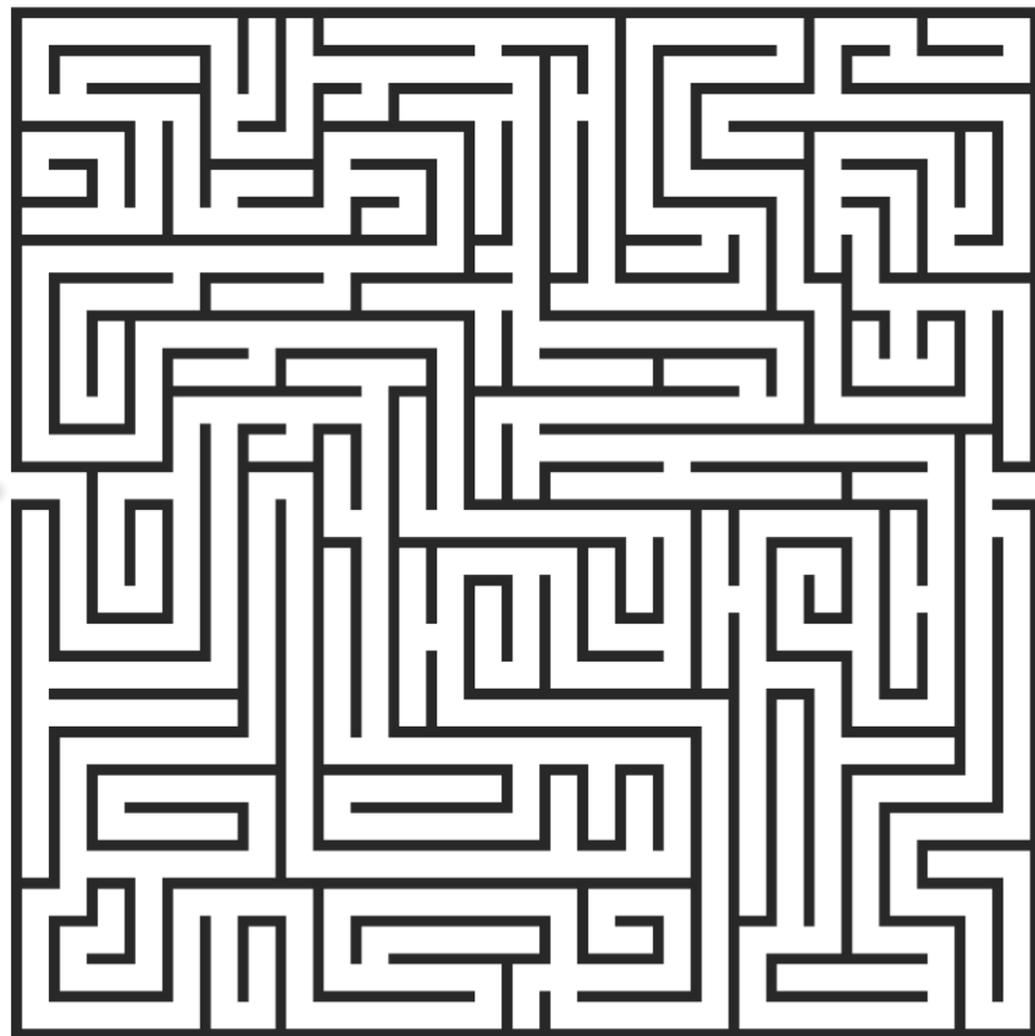
"Keep your face always toward the sunshine and the shadows will fall behind you." – Walt Whitman

June 2020

The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members

Activity Page



Start



JUNE BIRTHDAYS

June 4: Gordon Jelinek June 16: Walter Miller
June 9: Leonard Petty June 23: Wayne Schafer
June 14: Ruth Sick June 25: Bette Swanson
June 14: Lorin Ole Swingen June 27: Wally Polak

WELCOME TO MABLE ROSE!

Alberta Fleming
Patricia Quinn
Lynne Cimino

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:
Nicole Ellermeier, (402) 682-6810
DIRECTOR OF HEALTH SERVICES:
Jessi Dezelske, (402) 682-6811
DIRECTOR OF RECREATION:
Carol Lowe, (402) 682-6875
DIRECTOR OF RESIDENT SERVICES:
Lisa Summers, (402) 682-6802
DIRECTOR OF ADULT DAY SERVICES:
Angie Cappellano, (402) 682-6804
DIRECTOR OF CULINARY:
Cristina Cawthorn, (402) 682-6860
DIRECTOR OF ENVIRONMENTAL SERVICES:
Eric Schmader, (402) 682-6809
REGIONAL ADMINISTRATOR:
Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, get us your email address, and we'll keep you posted!

Nicole's News



Hello, Hillcrest Mable Rose residents and team members! My name is Nicole Ellermeier, and I am honored to be the new Administrator. I joined the Hillcrest family in the beginning of May and have been nothing short of impressed by the warm welcome and beautiful home of

yours. I am from Bennington and went to college at Midland Lutheran College (now University) in Fremont where I earned a degree in Business Administration with concentrations in Management and Marketing. I have been serving seniors in a professional capacity for 11 years and am lucky to have found my dream career. My family is from the Omaha (and greater) area. My favorite things to do are to spend time with my friends and family, cook, golf, exercise and watch sports. I have a dog named Zeus. He provides a lot of entertainment and reasons to exercise.

I'm eager to meet each of you and learn your story. It's an interesting time to start a new journey with the current world situation. The restrictions have interrupted the normal introduction that I would've liked to have made with each of you. I truly look forward to being part of your world and serving you in the best way possible. See you soon!

—Nicole Ellermeier, Administrator

CAREGIVER SUPPORT MEETING

The Caregiver Support Group Meeting is postponed for the time being due to necessary safety precautions.

RESIDENTS IN ACTION

Residents and team members have been staying active. We have been thinking of new, outside-the-box activities that we can do while staying six feet apart from one another. Being outside is great for our residents. They enjoy the fresh air, refreshing drinks on the patio, hand massages, blowing bubbles and the beautiful scenery. Residents have enjoyed a lot of activities in their hallways including bingo, hymn sings with Pastor Jerry, other sing-alongs and even picnic lunches! They have also enjoyed doing one-on-one and solo activities including art, crafts, aromatherapy, baking and exercising. Staying social from a safe

distance is our goal!

Many residents have also been talking with their loved ones via Skype, Zoom and FaceTime. Being socially connected is very important, especially during this time of social distancing. If you would like to interact with your loved one through any of those channels please let us know and we would be happy to schedule a time for you to do so. Please call Carol Lowe for residents who live in assisted living at (402) 682-6875. Please call Violet Oxford for residents who live in memory support at (402) 682-6850.



Dot enjoys blowing bubbles.



Lucille blows bubbles at the camera.



Mary Lou works hard on a puzzle.



Marilyn smiles after a hand massage.



Carol makes a birthday cake.



Bob plants some flowers in the courtyard.



Pat carefully arranges some flowers.

MOTHER'S DAY

Mother's Day was a success! Residents attended a tea party and enjoyed amazing Eileen's cookies. They were each given a Mother's Day balloon and a beautiful keepsake. Residents and team reminisced about motherhood and all that it entails. Everyone had a great time. We hope that you all had a Happy Mother's Day. Thank you for sharing your mothers with us!



Nina celebrates Mother's Day.



Lu and Gloria enjoy the weather.



Beppie sips some root beer.



Arlene smiles with her Mother's Day keepsake.



Shirley holds up her Mother's Day keepsake.



Violet, our newest Recreation Leader, decorates the windows.

TEAM UPDATE

We have had a few changes in the recreation department that we wanted to share. Carol Lowe has been promoted to Recreation Director, and she is doing even more amazing things than she did before. We would like to welcome Violet Oxford, our newest Recreation Leader! She started in the Club four years ago and has recently been promoted. She will be working in the memory support neighborhoods, and she is already doing a great job!