

"Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most." -Ruth Carter Stapleton

December 2021

The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members

Hillcrest Holiday Food Drive to Spread Cheer Throughout Our Communities

Hillcrest is preparing for a spirited seasonal community service project that has become a happy holiday tradition throughout our communities. We will hold our sixth-annual Holiday Food Drive, Monday, Dec. 6 through Friday, Dec. 17, to collect food and other items. Donation boxes will be placed near the entrance of each Hillcrest location. Items donated will benefit area food pantries.

While all non-perishable food donations are welcome, each pantry has a list of most-needed items:

- **Bellevue Food Pantry** (Bellevue Hillcrest locations) - canned chicken, tuna or salmon (boneless); pasta or pasta sauce; instant sides (rice, pasta, potato); jelly; syrup.
- **Tri-City Food Pantry** (Papillon/Omaha Hillcrest locations) - canned tuna; canned vegetables; laundry or dish soap; cat or dog food; instant sides (rice, pasta, potato).
- **Gretna Neighbors** (Hillcrest Silver Ridge) - canned ham or beef; small packages of coffee, creamer or sugar; peanut butter; jelly; laundry soap, fabric softener sheets or bleach.

The team is always eager to support our local communities, and these efforts are especially heartfelt during the holidays. Last year, Hillcrest donated more than 3,000 pounds of food and other items to assist community members in need.

We hope you will consider making even a small donation. Your generosity will spread holiday cheer by helping to fill the pantries and bellies of those in our communities who most need our help. Thank you for your support!

For additional information and more comprehensive lists of most-needed items, visit hillcresthealth.com/fooddrive.

DECEMBER BIRTHDAYS

Dec. 3: Arthuree A. Dec. 19: Gloria C.
Dec. 5: Elsie A. Dec. 24: Ann F.
Dec. 8: John F. Dec. 26: James T.
Dec. 15: Clarabelle F. Dec. 28: Lila C.
Dec. 15: Shirley M.

WELCOME TO MABLE ROSE!

Karla M., Patty M., James & Lecretta T.

WEDDING ANNIVERSARIES

Dec. 13: Bob & Connie L.
Dec. 28: Paul & Barbara Q.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Nicole Ellermeier, (402) 682-6810

DIRECTOR OF RECREATION:

Carol Lowe, (402) 682-6875

DIRECTOR OF RESIDENT SERVICES:

Lisa Summers, (402) 682-6802

DIRECTOR OF ADULT DAY SERVICES:

Angie Cappellano, (402) 682-6804

DIRECTOR OF CULINARY:

Cristina Cawthorn, (402) 682-6860

DIRECTOR OF ENVIRONMENTAL SERVICES:

Eric Schmader, (402) 682-6809

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, get us your email address, and we'll keep you posted!



DECEMBER HIGHLIGHTS

- Dec. 1: Catholic Mass in the Chapel
- Dec. 2: Protestant Service in the Chapel
- Dec. 3: Pool Noodle Exercise
- Dec. 6: Christmas Trivia
- Dec. 8: When Swing Was King — Christmas Edition
- Dec. 10: Scatter Joy Acres Visit
- Dec. 12: Marian at the Piano
- Dec. 15: Christmas Cupcake Cart
- Dec. 16: Christmas Light Outing
- Dec. 17: Ugly Sweater Day
- Dec. 21: Music Bingo with Elliot
- Dec. 23: New Year's Resolution Craft
- Dec. 24: Holiday Gift Exchange, 1 p.m.**
- Dec. 31: New Year's Eve Bingo & Happy Hour Ball Drop



Nicole's News



Happy Holiday Season!

We had a wonderful November filled with a lot of reasons and reminders to be thankful.

We honored our veterans with a special program that highlighted their service and bravery. We also focused a lot of our programming and events around what we are

thankful for and the abundant blessings that surround us.

We greet December with excitement that we will be able to spend it with family and friends — and a lot of extra special events to celebrate the holidays! We will host a Christmas Caroling event (flyer with more details to be distributed later) and a lot of Christmas light drives to enjoy all of the decorations our neighbors display.

This time of year, people often ask if they can provide any gifts for our Mable Rose team members. Our team members are not able to receive individual gifts. They can accept treats in the break room or items that could be equally distributed or shared among all team members.

Another way you can bring joy to Mable Rose is by filling out a Star Award nomination. These can be found on our website or at the front desk. Star Awards are given to team members who go above and beyond in their service. We announce these awards at our All Team Meetings monthly. There are levels of achievement within the program that grant even more recognition to that team member.

Lastly, we encourage your participation in our Holiday Food Drive from Dec. 6-17. Details are listed on the back of this newsletter.

May you all have a blessed and wonderful holiday season!

-Nicole Ellermeier, Administrator

A MONTH IN REVIEW

Hillcrest Mable Rose celebrated Halloween in style, and everyone had a spooktacular time! Club members and residents dressed for the occasion and participated in Halloween trivia, "Monster Mash" and a sing-along.

On Veterans Day, we paid tribute to our amazing veterans. The day was filled with trivia, a patriotic

sing-along, a recognition ceremony and a photo shoot. Veterans' photos were hung throughout the community for all to admire. Thank you to all those who have served our great country.

-Angie Cappellano, Director of Adult Day Services



Linda digs her Elvis costume.



Cowboy John gives us a smile.



Elizabeth makes a sweet witch.



Gloria dresses like a referee.



Julio is a taco for Halloween.



Margie finishes her art project.



Groovy!

Colorful hippie costumes were among the creative outfits this Halloween.

Left: Neomi and Toni spread peace and love.



Remembrance

Veteran residents visited Omaha National Cemetery in honor of Veterans Day.

Left: Bob, Annie and Doc proudly hold up the American flag.

Resident Spotlight: Robert 'Bob' Roth



Bob was born in Bellevue in 1936. He has been married to his lovely wife, Barbara, for 61 years. They enjoy traveling and love to dance! Together, they raised four children. The family includes 12 grandchildren and eight great-grandchildren.

Bob is the owner of Roth Gouding,

where he is a farmer.

The most valuable lesson Bob has learned in life is that if you work hard, you will be rewarded for it. His greatest success is his health. His advice to the younger generation is to "get out there in the world and work, and quit spending money!"