

"There is nothing in the world so irresistibly contagious as laughter and good humor." — Charles Dickens

December 2019

The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members

Top Five Holiday Movies

It's finally December! It's time to enjoy the snow, decorations and delicious baked goods. One of the best ways to get into the holiday spirit is to watch festive movies. Here are some of the best holiday movies of all time, according to parents.com.

- **"It's a Wonderful Life"**— A classic since 1946, this movie tells the story of George Bailey. Through the eyes of Clarence the Angel, George is reminded that the love of his family and friends is what truly makes the holidays worth celebrating. Whether you've seen it 100 times or are watching it for the first time, your heart will be stolen by this beautiful movie.
- **"Miracle on 34th Street"**— Set in New York City, this movie combines romance and the holidays as Santa Clause teaches a mother and daughter what the season is really about. You can even watch this movie in black and white or in color!
- **"The Muppet Christmas Carol"**— This movie contains the comedic genius of the Muppet world while masterfully recapturing the heartfelt message of the original story. This is a perfect movie for all ages.
- **"Santa Clause"**— This movie shows Santa Clause in a more practical light as businessman Scott Calvin becomes the new Santa. As he learns his new role he discovers the true meaning of the season. Between the elves and the reindeer, there's plenty of laughs to go around in this modern take on a classic character.
- **"White Christmas"**— In this movie, four friends team up to revive a hotel for a retired general and fall in love along the way. Accented by beautiful scenery, fabulous outfits and timeless songs, this movie really sets the tone for the holiday season.

So snuggle up with a blanket and hot cocoa and get in the holiday spirit with one of these classic movies!

DECEMBER BIRTHDAYS

Dec. 11: Barb M.	Dec. 25: Louise P.
Dec. 12: Jodee C.	Dec. 25: Tim H.
Dec. 13: Ed W.	Dec. 29: Catherine S.
Dec. 16: Sharon T.	Dec. 30: Doreen S.
Dec. 16: Gene K.	Dec. 30: Thomas R.
Dec. 20: Gloria P.	

WEDDING ANNIVERSARIES

Dan & Nancy Y.

WELCOME TO MABLE ROSE!

Virginia E.
Elizabeth S.
Lawrence Z.
Viola D.
Jodee C.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:
Darin Nelson, (402) 682-6810

DIRECTOR OF HEALTH SERVICES:
Jessi Dezelske, (402) 682-6811

DIRECTOR OF RESIDENT SERVICES:
Lisa Summers, (402) 682-6802

DIRECTOR OF RECREATION:
Tina Hern, (402) 682-6850

ASSISTED LIVING RECREATION LEADER:
Carol Lowe, (402) 682-6875

DIRECTOR OF ADULT DAY SERVICES:
Angie Cappellano, (402) 682-6804

DIRECTOR OF CULINARY:
Cristina Cawthorn, (402) 682-6860

DIRECTOR OF ENVIRONMENTAL SERVICES:
Eric Schmader, (402) 682-6809

REGIONAL ADMINISTRATOR:
Dave Creal, (402) 933-4690



DECEMBER HIGHLIGHTS

Dec. 2: Ballroom Chair Exercising
Dec. 4: Outing to Golden Hills School
Dec. 6: Red Hat Ladies Meeting
Dec. 9: Bellevue West Christmas Concert
Dec. 10: Merrymakers Presents: Joe Taylor
Dec. 11: Craft with Florence
Dec. 13: Fairview Chime Choir
Dec. 16: Bible Study with Lisa
Dec. 18: Christmas Bingo Bonanza with Lisa
Dec. 20: Men's Lunch Outing
Dec. 24: Chick-fil-A Bingo/Breakfast
Dec. 27: Music with Jim Butler
Dec. 30: Music with Chang Duo

CAREGIVER SUPPORT MEETING

Last Tuesday of Each Month
Hobby Shop, 3:30 p.m.

Join Dr. Anna Fisher for a monthly support meeting. It's a great support system for family members who are caregivers. RSVP to Angie Cappellano: (402) 682-6804 or acappellano@hillcresthealth.com.

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, get us your email address, and we'll keep you posted!

Darin's Dish



Happy Holidays! During this holiday season, we toast the wonderful family and friends we have here at Mable Rose. We are thankful for each resident and family member that was able to enjoy the outings, recreation, music and entertainment throughout the last year. I wish

you all a safe, happy and healthy holiday season. I have looked ahead to 2020 and cannot wait to experience what is in store for everyone. I'll keep it a secret until then!

-Darin Nelson, Administrator



Holiday Dinner

Dec. 5, 5-7 p.m.

Come enjoy a wonderful holiday dinner with us!

VETERANS DAY

On November 11th, Mable Rose held its annual Veterans Day Luncheon. Club members, residents, volunteers, family members, active duty and retired veterans joined in the celebration. Veterans were given hats designated to their service line as a token of appreciation. Veterans Day originated as Armistice Day, which marked the end of hostilities of World War I that occurred at the 11th hour on the 11th day

of the 11th month. Therefore, the special day is always recognized on November 11th, regardless of the day of week the 11th falls on. Mable Rose would like to thank and recognize all of our veterans, both active duty and retired, for their dedication and commitment to serving our country.

-Angie Cappellano, Director of Adult Day Services

