

"On the shore of nature's magic, I dreamed summer knew no end."  
- Angie Weiland-Crosby

August 2023

# The Mable Rose Messenger

A monthly newsletter for Hillcrest Mable Rose's residents and Club members

## Reaching Beyond Our Communities

At Hillcrest, our mission of "enhancing the lives of aging adults" extends far beyond the care and services we deliver each day.

We proudly partner with many organizations that align with our mission – from associations advocating for a cure to diseases affecting the aging population, to educational institutions providing opportunities for students. We also believe in supporting our local communities through participation in events and other initiatives.

The Hillcrest Foundation for Enhancing Lives is dedicated to improving quality of life for older adults and has assisted seniors in several of our Hillcrest communities, as well as individuals on hospice. The Foundation's 3rd Annual Golf Tournament is on Aug. 17 at Eagle Hills Golf Course. Many of our Hillcrest teams will be supporting the event, and we'd love to see family members on the course as well! Learn more about the tournament and how to nominate a gift recipient at [hillcrestfoundation.org](http://hillcrestfoundation.org).

On Aug. 19, we'll be participating in the Bellevue Arrows to Aerospace Parade. Hillcrest is a sponsor of the annual event, organized by the Bellevue-Offutt Kiwanis Club, and will have a group of walkers, as well as a few Hillcrest vehicles with residents.

Save the date for the Sarpy County Walk to End Alzheimer's! On Sept. 9, our Hillcrest team will once again be joining the Alzheimer's Association in walking at Prairie Queen Recreation Area. We've been supporting this organization's annual walks for many years and even helped lead the efforts to form the Sarpy County event. Family members are welcome to join us.

Talk to your administrator to find out how you or your loved one can get involved. We hope you will support us in enhancing lives.

## AUGUST BIRTHDAYS

Aug. 4: Donna H.	Aug. 25: Frances J.
Aug. 11: Lee C.	Aug. 27: Delois F.
Aug. 13: Cheryl M.	Aug. 28: Bill V.
Aug. 20: Marcella E.	Aug. 29: Barb R.
Aug. 22: Max H.	

## WELCOME TO MABLE ROSE!

Carol L.	Gill H.
Pat F.	Gus A.
Nancy H.	

## WEDDING ANNIVERSARIES

Aug. 23: India & Dan H.

## MEET THE LEADERSHIP TEAM

### ADMINISTRATOR:

Nicole Ellermeier, (402) 682-6810

### DIRECTOR OF RECREATION:

Carol Lowe, (402) 682-6875

### DIRECTOR OF ADULT DAY SERVICES:

Angie Cappellano, (402) 682-6804

### DIRECTOR OF MARKETING:

Natalie Junk, (402) 682-6802

### DIRECTOR OF CULINARY:

Cristina Cawthorn, (402) 682-6860

### DIRECTOR OF ENVIRONMENTAL SERVICES:

Eric Schmader, (402) 682-6809

### REGIONAL AREA DIRECTOR:

Dave Creal, (402) 933-4690



## AUGUST HIGHLIGHTS

Aug. 1: National Night Out  
Aug. 4: Men's Lunch Bunch  
Aug. 7: Card Club – Spades  
Aug. 9: Bunco  
Aug. 11: Bible Study Group w/Lisa  
Aug. 12: Common Thread Singers  
Aug. 15: Ballroom Chair Dancing  
Aug. 17: Coffee & Conversation w/Bruce  
Aug. 21: Pet Therapy w/Louie

## CAREGIVER SUPPORT GROUP

Please join us for our Caregiver Support Group on the last Monday of every month at 4:15 p.m.

## FEATURED EVENT

### Mable Rose County Fair

Monday, Aug. 21 – Friday, Aug. 25

The fun-filled week will include a petting zoo, fair foods, blue ribbon pie contest, quilt/craft show, spa day, western dress, entertainment and more.

## Nicole's News



Summer is coming to a close, which means kids are returning to school and warm, sunny days are limited.

We had an amazing time in July! We hosted Hillcrest Mable Rose Team Member Appreciation Week to celebrate and honor our

team members. We played games with residents, had a spa day and enjoyed treats! Thank you, team, for your dedication to enhancing lives.

We hope August will be even more fun-filled and memorable than July! This month, we are hosting National Night Out. We will get to know the neighbors and enjoy meeting the local law enforcement who help keep us safe. We will also host our third-annual Hillcrest Mable Rose County Fair Week. We have many fun activities planned such as livestock visits, a pie baking contest, a quilt show and so much more! We get to enjoy so many fair foods like funnel cakes and listen to musical entertainment. Residents and team members look forward to this activity-filled week each year. It's always a great time!

Thank you for being a part of the Hillcrest Mable Rose family. We are honored and privileged to serve you!

-Nicole Ellermeier, Administrator





## A MONTH IN REVIEW

Hillcrest Mable Rose residents and Club members have been soaking up the sun in the courtyards and snacking on refreshing fruits. Watermelon is a summer favorite. Residents enjoyed picking out the seeds and/or spitting them out in hopes that some will sprout in the garden.

We kicked off the Fourth of July with a visit from the Sarpy Serenaders. We always enjoy having them entertain us. We sang along to the patriotic music and played Fourth of July trivia. Many residents and Club members dressed for the occasion in red, white and

blue. Even our pet therapy pooch, Louie, joined in on the fun!

Residents also participated in National Blueberry Muffin Day by having a fancy tea and baked blueberry bundt cake. For National Jell-O Day, residents made patriotic Jell-O that was very tasty. National Hawaii Day was celebrated with piña coladas on the patio. Residents dressed up in their Hawaiian shirts and enjoyed the warm sunshine. It was the perfect tropical "getaway." July was a great month full of fun!

–Angie Cappellano, Director of Adult Day Services



National Jell-O Day is celebrated with a sweet treat.



Barbara soaks up the sun while eating some watermelon.



Clarabelle enjoys watermelon on the patio.




Suzy gets in the patriotic spirit with a craft.



Dan and Chauffeur Thomas dress up in red, white and blue for the Fourth of July.

### Resident Spotlight: Marilyn H.



Marilyn was born on Sept. 17 and married John in 1961. She and John have five children, 14 grandchildren and five great-grandchildren with two more on the way.

Marilyn graduated from Creighton University with a nursing degree and kept busy working as a nurse until she had children. She went back into psychiatric nursing after her youngest, Jim, started kindergarten.

Marilyn enjoyed traveling with her husband. Marilyn went on cruises to Hawaii and Alaska, traveled to Ireland and went on a trip to Australia with her daughter Maureen. She also went to the holy land with a church group from Mount Michael.

She feels her greatest success is her family. She was married to John for 57 years and has five kids who went to college and are doing well.

Thank you, Marilyn, for sharing your story!



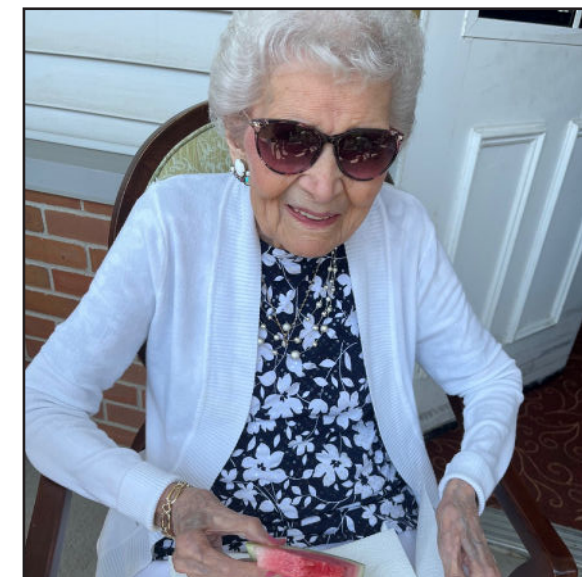
Red, white and blue hats are a popular style choice for a patriotic holiday.



Louie celebrates the Fourth of July in style.



Carol is excited for a refreshing bite of watermelon.



Vernita relaxes on the patio with some watermelon.



Dee wears a festive headband for the Fourth of July.