

“Remember that the happiest people are not those getting more, but those giving more.”
 -H. Jackson Brown, Jr.

September 2018

What's Growing On...

in HHR's Magnolia & Azalea neighborhoods



5th Annual SARPY COUNTY PEOPLE'S CHOICE Awards

Vote Hillcrest in annual People's Choice Awards contest

Hillcrest Health Services has been recognized as a local leader in senior care services for many years. One of the ways Hillcrest has been acknowledged is through contests, including the Sarpy County People's Choice Awards, which kicked off last month! We would love your support through giving us your vote!

Voting is open 24/7 online through September 12 at omaha.com/sarpyawards. Printed ballots have also been mailed out to Suburban Newspapers subscribers and will be again before the end of the contest.

Vote for us in the following categories:

MEDICAL

- Assisted Living Community - Hillcrest Mable Rose
- Home Health Provider - Hillcrest Home Care
- Hospice Care - Hillcrest Hospice Care
- Long-Term Care Facility - Hillcrest Country Estates
- Physical Therapy - Hillcrest Physical Therapy
- Skilled Nursing Facility - Hillcrest Health Services

WELLNESS, FITNESS & BEAUTY

- Massage Therapy - Hillcrest Physical Therapy
- Employer (Over 50 Employees) - Hillcrest Health Services
- Retirement Community - Hillcrest Country Estates
- Senior Care Services - Hillcrest Health Services

The top three businesses in each category are recognized as the best in the county and will be featured in the “winners” section in the Suburban Newspapers on November 21.

Thanks for your help in promoting Hillcrest as a top local business!



SEPTEMBER BIRTHDAYS

Sept. 7: Jackie Matsen
 Sept. 24: Juanita Arcola
 Sept. 24: Karen Detloff

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Tammy Weston, (402) 682-4229

DIRECTOR OF PATIENT TRANSITIONS:

Angie Wallace, (402) 682-4250

DIRECTOR OF RECREATION:

Mary Johnson, (402) 682-4223

DIRECTOR OF CLINICAL SERVICES:

Jamie Shanks, (402) 682-4220

DIRECTOR OF INPATIENT REHAB:

Raegan Muller, (402) 682-4263

DIRECTOR OF CULINARY SERVICES:

Kyle Lancial, (402) 682-4236

REGIONAL ADMINISTRATOR

Michelle Yosick, (402) 933-4690

VP OF FACILITY OPERATIONS:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



SEPTEMBER HIGHLIGHTS

- Sept. 6: Living Easy Musical Entertainment, 2 p.m., Chapel
- Sept. 13: Entertainer Bill Neiderhiser, 2:30 p.m., Chapel
- Sept. 14: Football Season Kickoff Party, 2 p.m., Magnolia
- Sept. 20: Fontenelle Forest, 10 a.m., Magnolia
- Sept. 21: Scatter Joy Acres, 2 p.m., Magnolia

WORSHIP SERVICES

Sunday, 10 a.m., Catholic Mass in the Chapel
 Monday, 1:30 p.m., Worship with Chaplain Jerry
 Tuesday morning, Catholic Communion, provided by John DuBay

FEATURED EVENT

Grandparents Day Backyard Games

September 9, 2-4 p.m.

Outside Magnolia (weather permitting)

Grandkids and young-at-heart adult kids are encouraged to join their loved ones for a day set aside to celebrate our grandparents. Cornhole, ladderball and Posy Pitch are just some of the games we'll be playing, in addition to bubble and chalk play. Snacks will be provided.

Tammy's Take



I am still feeling very blessed to be a part of such an awesome team here at Hillcrest Health & Rehab! There are so many great changes taking place to make this great community even better. I am pleased to see that everyone is taking the initiative to work toward making Hillcrest

Health & Rehab the health care facility of choice in our community. We have received some great suggestions for enhancing our services, and I can see we are all working very hard to continue to make that happen!

I have been thinking a lot about what it means to be a team here at Hillcrest Health & Rehab. **Together Everyone Achieves More!** We have had so many team members recognized via Hillcrest Heroes, our new recognition program, and it is uplifting and inspiring to read the comments team members leave for each other.

We have some new and exciting things coming soon, and I can't wait to see what the future brings for Hillcrest Health & Rehab! Have a wonderful month! Enjoy every moment!

-Tammy Weston, Administrator



Bev Sanders loves on a puppy from Scatter Joy Acres.

RESIDENTS IN ACTION

There was root, root, rootin' for the home team at the Omaha Storm Chasers baseball game! A few of our residents endured the sun to cheer our team to victory against the Salt Lake Bees. Of course, they indulged in a hot dog to top off the adventure.

In support of Alzheimer's awareness, Magnolia residents manned the table at our annual bake sale in an effort to raise funds



Jackie Matsen munches on a stadium hot dog.



Lee Bradfield meets one of the Storm Chasers mascots.

for the Alzheimer's Association. Scotcheroots (peanut butter Rice Krispies® bars) were quick to sell as the Hillcrest Health & Rehab favorite.

A puppy stole the hearts of many of our residents as they loved on, kissed and played with him. He was the latest animal to visit from Scatter Joy Acres. When time was up, the puppy AND residents were all pooped!

-Laurie Simmons, Recreation Leader



Juanita Arcola and Jackie Schwartz man the sweets table with Recreation Director Mary Johnson during the annual bake sale.



Pictured are a tired pup and residents after a Scatter Joy Acres visit.

A MONTH IN REVIEW

Aloha! Greetings from Hawaii! With hula skirts and leis donned, residents enjoyed an afternoon luau that included food and fun found on the beaches of our 50th state. With Hawaiian music in the background, residents

tested their skills at a flamingo ring toss and bucket toss. As a state known for its cane sugar, residents obliged in sampling some sweet treats.

-Laurie Simmons, Recreation Leader



Bill Zvolanek tries his luck at ringing a flamingo while Teresa Cepuran looks on.



With support from Recreation Leader Malena Brotherson, Jan Judd successfully rings a flamingo.



Jim Heydenreich shows us his hula moves.



Doris Marshal is all smiles during the party.



Jackie Matsen, Ed Montgomery, Jim Heydenreich and Lee Bradfield pose with a Storm Chasers mascot.



The Teddy Graham cupcakes look scrumptious!



Birtie Tschida and her husband Gene go all out for the party.