

"When you have a dream, you've got to grab it and never let go."  
-Carol Burnett

May 2022

# What's Growing On...

in Hillcrest Health & Rehab's  
Magnolia & Azalea neighborhoods



## So much to celebrate in May!

May is a time of flowers blooming and birds singing. It's a time for everyone to begin seeing nature come back to life after a cold winter. It's a significant time of change, and there are many days to celebrate that this month!

The month starts off with May Day on May 1. Today, many observe May Day by making flower crowns and baskets. This tradition was popular in the 19th and 20th centuries. Baskets of flowers would be left on the doorsteps of friends, family and neighbors.

Shortly after May Day comes May 5, Cinco de Mayo. In the U.S., Cinco de Mayo is a commemoration of Mexican culture and heritage. Many people celebrate by gathering with friends, family and loved ones to enjoy the food and drinks of Mexico.

Another reason to gather with the ones you love is Mother's Day, May 8. Mother's Day is the perfect excuse to make cards for and deliver flowers to mothers, grandmothers and even great-grandmothers.

This month, we also celebrate the hardworking nurses with National Nurses Week, May 6 through May 12. During this week, we honor the strength and dedication of nurses in our communities.

Lastly, on May 30, we observe Memorial Day. On this day we remember those who have given their lives for our country in military service. Many acknowledge these brave men and women by thanking veterans, decorating with flags and showing their patriotic spirit.

There are so many reasons to celebrate this month. How will you observe these special days?

## MAY BIRTHDAYS

May 10: Lois T.      May 23: Pat C.  
May 20: Don K.      May 24: Filomena A.  
May 22: Jackie S.    May 26: Diane B.

## MILESTONE BIRTHDAYS



Elfi C. celebrates her  
80th birthday on May 15.  
Happy 80th Birthday, Elfi!

## WELCOME NEW RESIDENTS!

Deanna L.      Darlene M.  
Betty K.      Patricia G.  
Neil O.      Elaine S.  
Max C.      Shirley M.  
Edna J.

## MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**  
Tammy Weston, (402) 682-4229  
**ASSISTANT ADMINISTRATOR:**  
Amber Kendall, (402) 682-4217  
**DIRECTOR OF TRANSITION SERVICES:**  
Angie Wallace, (402) 682-4250  
**DIRECTOR OF RECREATION:**  
Mary Johnson, (402) 682-4223  
**DIRECTOR OF CLINICAL SERVICES:**  
Kim Nichols, (402) 682-4220  
**DIRECTOR OF REHAB SERVICES:**  
Danielle Ward-Baughman, (402) 682-4213  
**DIRECTOR OF ENVIRONMENTAL SERVICES:**  
Alan Baker, (402) 682-4235



## MAY HIGHLIGHTS

May 16: Entertainment - Billy Troy  
May 26: Entertainment - Merrymakers  
May 26: Celebrate May Birthdays  
May 27: Entertainment - Wayne Miller

## WORSHIP SERVICES

**Catholic Communion**  
Second, Third and Fourth Wednesday,  
6:30 p.m., Chapel  
**Catholic Mass**  
First Wednesday, 10 a.m.  
**Non-Denominational Services with Pastor Jerry**  
Mondays, 9:30/10 a.m., Magnolia  
Tuesdays, 1:15 p.m., Chapel  
Thursdays, 11 a.m., Chapel  
**Hymns & Prayers with Pastor Bob**  
Second and Fourth Saturdays, 11 a.m.

## FEATURED EVENT



Residents will enjoy Cinco de Mayo themed snacks, drinks and games.

## Amber's Angle



We are so happy to announce the team member of the month is Sabrina Nippert!

Sabrina is a Clinical Support Assistant and is one of our two schedulers for the nursing team. Sabrina is an amazing asset to our team. She just celebrated her

two-year anniversary with Hillcrest and comes to work every day with a smile on her face. Sabrina is always willing to help others.

Sabrina is married to her childhood sweetheart and has known her husband since she was 8 years old. They grew up together in Omaha. The two of them will be celebrating seven years of marriage this May. They have two fur babies, Shotgun and Grey. They love their cats very much!

Sabrina's goals are to enjoy more time with family because it means the world to her, to learn how to relax more, not sweat the small stuff, travel more and enjoy life to the fullest. Her advice for other team members is: "Make sure you come to work and give 110 percent. You are all so important to Hillcrest, and each and every one of you makes a difference in someone's life. That is something to be proud of!"

Thank you for your hard work and dedication, Sabrina!

-Amber Kendall, Assistant Administrator



## RESIDENTS IN ACTION

Everyone is looking forward to May and resuming some familiar activities, such as outings and birthday celebrations. Cinco de Mayo fun will start the month off with margaritas! The Cinco de Mayo fun will be followed by three musicians, with one being an evening

outdoor adventure, to entertain us and to trigger the dopamine in our brains. We will also be dusting off the van so we can get out for a drive. We may enjoy a trip to the zoo or just a drive to see the sights.

-Mary Johnson, Director of Recreation



## Egg-cellent Easter

Top Left: Lou and Sharon enjoy delicious food at the Good Friday social.

Top Right: Elaine hugs the Easter Bunny.

Above Left: Marie gets ready to dye Easter eggs.

Above: Leona and Marie use their creative skills to make cherry blossom art.

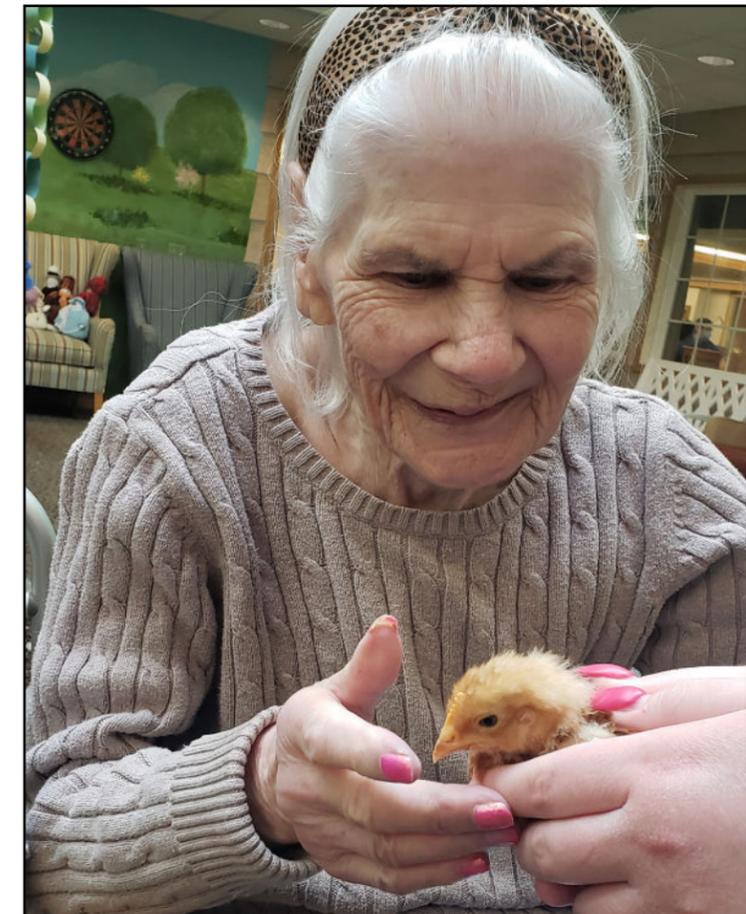
Right: Sharon is excited to dye another Easter egg.

## A MONTH IN REVIEW

In April, we brought spring and Easter fun to the table! Scatter Joy Acres visited with two chicks, and residents received a visit from the Easter Bunny! We made cherry blossom art, dyed Easter eggs and had a Good Friday lunch social.

Thank you to the volunteers who assisted in making the social a success by taking the dyed Easter eggs and turning them into a delicious egg salad for our residents to enjoy!

-Mary Johnson, Director of Recreation



## Cheerful Chicks

Above: Clare shows his excitement to hold a chick.

Top Right: Diane talks to one of the two chicks brought by Scatter Joy Acres.

Right: Jackie is happy to meet a feathered friend.