

"Life isn't about finding yourself. Life is about creating yourself." — George Bernard Shaw

May 2020

What's Growing On...

in HHR's Magnolia & Azalea neighborhoods

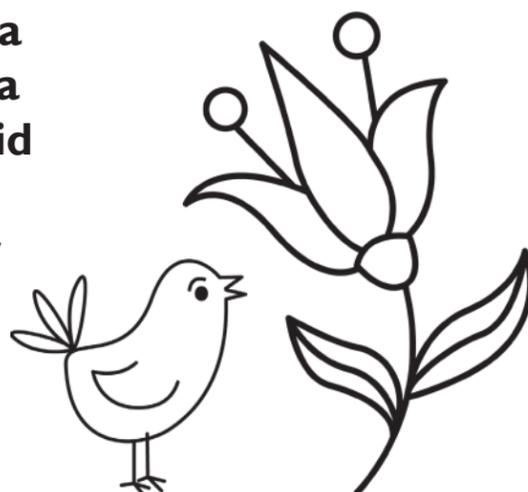
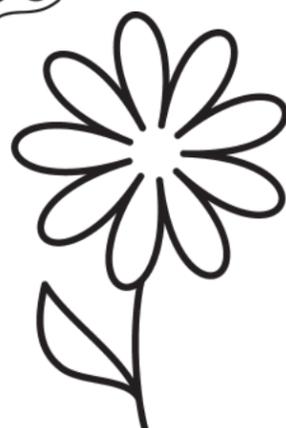
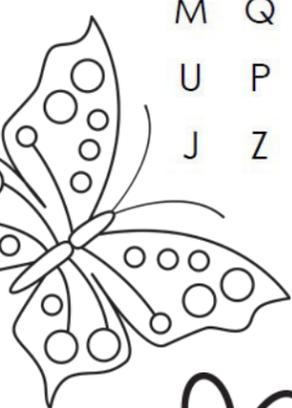


Activity Page



O R C H I D P S S U C G B W F Q D B
 H T N H G O V S G G I I E R A C A U
 G O B E L L F L O W E R G D M C N T
 E Z L D P Q A V Y P N T O A A O D T
 R I V L A D V D I Y J U N I R L E E
 A N H K Y F A Q I O N L I S Y U L R
 N N B P B H F H P O J I A Y L M I C
 I I P Y D T O O L M L P F N L B O U
 U A V Q Q D B C D I R U Z Y I I N P
 M Q C R O C U S K I A A S V S N P K
 U P R I M R O S E S L W O L B E B C
 J Z M B Y D K C A R N A T I O N D M

- | | | |
|-------------------|------------------|---------------|
| Hollyhocks | Carnation | Crocus |
| Bellflower | Dandelion | Dahlia |
| Gladiolus | Geranium | Zinnia |
| Columbine | Primrose | Orchid |
| Buttercup | Daffodil | Tulip |
| Amaryllis | Begonia | Daisy |



MAY BIRTHDAYS

May 3: Ed M. May 15: Elfi C.
 May 4: Elsie F. May 18: Birtie T.
 May 10: Corinne M. May 22: Jackie S.
 May 13: Bill G. May 26: Diane B.

WELCOME TO HHR!

Dorothy M.
 Richard P.

MEET THE LEADERSHIP TEAM

- ADMINISTRATOR:**
 Tammy Weston, (402) 682-4229
- DIRECTOR OF TRANSITION SERVICES:**
 Angie Wallace, (402) 682-4250
- DIRECTOR OF RECREATION:**
 Mary Johnson, (402) 682-4223
- DIRECTOR OF CLINICAL SERVICES:**
 Kim Nichols, (402) 682-4220
- DIRECTOR OF INPATIENT REHAB:**
 Raegan Muller, (402) 682-4263
- DIRECTOR OF CULINARY SERVICES:**
 Kyle Lancial, (402) 682-4236
- DIRECTOR OF ENVIRONMENTAL SERVICES:**
 Ruben Gonzalez, (402) 682-4235
- REGIONAL ADMINISTRATOR:**
 Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

Tammy's Take



I want to thank everyone for their patience and understanding regarding the necessary safety precautions we have implemented. Please know that the safety of your loved ones is first and foremost in our minds. We continue to screen our team members daily when they arrive, and we utilize masks, proper handwashing/

sanitation throughout all shifts and all departments. We receive daily COVID-19 updates from our Chief Medical Officer. We are also working continuously to maintain communication between our guests and residents and their loved ones. Please contact your Transitions Specialist to make sure that we have all necessary family members' and friends' email addresses. Thank you so much, and rest assured that your loved ones are receiving quality care!

Our team member highlight for May is Debbie Holloway. Debbie is the epitome of kindness and compassion. She has been with Hillcrest for nearly 29 years as a Medication Tech and Nurse Tech. We are blessed to have her as part of the team!



Debbie said that she hadn't considered a career in health care initially, but that changed one day while watching TV. She saw a story about a man who was limited on food but sent the heartfelt message that he wanted nothing for himself but for his family's needs to be met. That story touched her, and she knew that her career path would lead to human service.

Debbie said that from the first time she came to Hillcrest she knew where she belonged. She has always felt a strong love for her family, but she learned another kind of love here — the love of caring for aging adults and the true comradery she has with her fellow team members. Thank you, Debbie, for all that you do for our residents. You are truly appreciated.

— Tammy Weston, Administrator

A MONTH IN REVIEW

It has been a crazy month because of the weird weather and the state of the world in general. Both of those combined have brought new challenges when trying to stay connected with others. We have been focused on keeping our residents connected with their loved ones and with the other residents in their community. We have been doing window visits, video calls and regular phone calls with family members. To help residents socialize with their neighbors, the recreation team has been offering hallway activities. This allows

residents to see each other at a safe distance.

The recreation team continues to think outside the box to provide a variety of activities, like a traveling craft cart, a Friday social hour cart, hallway bingo, hymn singing in hallways, virtual story time with kids and a music therapist providing entertainment in the hallways. Overall, we wish everyone safe and healthy days as we forge ahead on this adventure.

-Mary Johnson, Director of Recreation



Jackie M. visits with her family.



Jan J. makes an Easter craft.



Eldon S. visits with Lois.



Vernon H. sips on a refreshing drink.



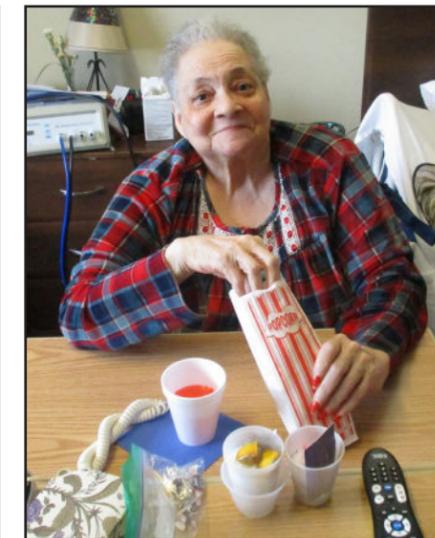
Pat H. tries some wine for happy hour.



Delores W. likes her root beer.



Marie A. makes a pink bunny.



Eileen P. eats some popcorn.



Clare H. enjoys happy hour.



Doris I. tastes her root beer float.



Jackie S. loves her margarita during happy hour.



Eldon S. gets some fresh air.



Pat G. munches on some snacks.



Jackie S. drinks a happy hour beverage.