

*"Luck is what happens when preparation meets opportunity."*  
-Geneca

March 2022

# What's Growing On...

in Hillcrest Health & Rehab's  
Magnolia & Azalea neighborhoods

## Celebrate National Craft Month

While being creative and making crafts is fun any time of the year, March is deemed National Craft Month. Crafting includes a wide variety of activities such as knitting, scrapbooking, leather-working, jewelry making and anything else created by hand. At Hillcrest, we include crafting in our monthly activity calendars so there will be plenty of opportunities to celebrate National Craft Month. Here are a few ideas on what you can do to get creative this month.

### Make a spring craft

Oftentimes the coming of spring means nicer weather and the sweet song of the birds each day. Make a bird feeder or birdhouse to celebrate nature and all it has to offer. Take decorating the outdoors a step further and paint rocks for the garden or patio.

### Learn something new

Springtime is the perfect time to build some new skills. Have you ever wanted to learn how to paint or knit, but never got the chance to? National Craft Month is a great opportunity to put yourself out there and try a new type of crafting.

### Teach someone your skills

Have you mastered the art of jewelry making or leather crafting? Share your knowledge with a friend or family member to help them celebrate National Craft Month.

National Craft Month opens the door for many creative opportunities – whether that be making something to get ready for the coming of spring, trying a new activity or sharing your knowledge with others.



## MARCH BIRTHDAYS

March 11: Helen S.    March 25: Rose D.  
March 18: Bruce D.

## WELCOME NEW RESIDENTS!

Janice V.    Shirley S.  
Ronald R.    Lynette J.  
Bob M.

## MEET THE LEADERSHIP TEAM

### ADMINISTRATOR:

Tammy Weston, (402) 682-4229

### ASSISTANT ADMINISTRATOR:

Amber Kendall, (402) 682-4217

### DIRECTOR OF TRANSITION SERVICES:

Angie Wallace, (402) 682-4250

### DIRECTOR OF RECREATION:

Mary Johnson, (402) 682-4223

### DIRECTOR OF CLINICAL SERVICES:

Kim Nichols, (402) 682-4220

### DIRECTOR OF REHAB SERVICES:

Danielle Ward-Baughman, (402) 682-4213

### DIRECTOR OF ENVIRONMENTAL SERVICES:

Alan Baker, (402) 682-4235

## ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



## MARCH HIGHLIGHTS

March 1: Mardi Gras Fun  
March 14: Nature Education with Debra Beck  
March 17: St. Patrick's Day Fun  
March 28: Live Entertainment – Merrymakers  
March 31: Live Entertainment – Livin' Easy

## WORSHIP SERVICES

### Catholic Communion

Third Wednesday, 6:30 p.m., Chapel

### Catholic Communion & Ashes

Ash Wednesday, March 2, Evening room visits

### Non-Denominational Services with Pastor Jerry

Mondays, 9:30/10 a.m., Magnolia

Tuesdays, 1:15 p.m., Chapel

Thursdays, 11 a.m., Chapel

## FEATURED EVENT

## St. Patrick's Day Fun

Thursday, March 17

Magnolia: morning

Azalea: afternoon

We are celebrating St. Patrick's Day with food, beer and fun activities.



## Tammy's Take



We are pleased to announce our Team Member of the Month is Michelle Stednitz.

Michelle has been with Hillcrest for four years. She spent the majority of her time in Accounts Receivable, then transferred to Hillcrest Health

and Rehab as an Administrative Office Coordinator. Michelle wanted to make this change to work more with people. She wanted to utilize her degree in Health Care Administration.

Michelle has three adult children. As a child, she traveled all over the world with a father in the Air Force. Michelle was able to experience living in Germany, England and Japan.

Michelle is an amazing addition to our team, and we are so lucky to have her. She is always willing to help with anything asked of her and she constantly has a smile on her face. Michelle likes to say, "Teamwork makes the dream work!" Thank you for all you do, Michelle!

-Tammy Weston, Administrator



## RESIDENTS IN ACTION

Spring is right around the corner, and we are looking forward to activities with St. Patrick's Day crafts, fun spring activities and festive food. Everyone is also very excited to bring back our vocal chords to raise the roof in the chapel for church services

and during our live entertainment. This month our live entertainment includes John Worsham with Merrymakers and Livin' Easy. Our residents are ready to listen to some great music this month.

-Mary Johnson, Director of Recreation



Residents in Magnolia work on their Valentine boxes.



Bruce colors a Valentine.



## A MONTH IN REVIEW

Our team enjoyed celebrating Valentine's Day with residents. We made Valentine's Day boxes, which had treats and cards for everyone to enjoy. Azalea residents wanted to celebrate the day with potato soup, and we added a bubbly drink and cookies to top off their

lunch. Magnolia residents enjoyed playing games along with their bubbly drink and cookies. Residents were appreciative of the fun activities and are looking forward to what we have planned this month.

-Mary Johnson, Director of Recreation



Azalea residents celebrate Valentine's Day with potato soup and a bubbly treat.



Viola uses colored pencils to create a colorful Valentine.

## Crafting With Love

Top Left: Lois opens her Valentine box.

Top Right: Helen works on her Valentine box.

Left: Doris shows off her Valentine's Day box.

Above: Elaine poses for a photo with her box of Valentines.

Above Right: Pat shows off his box full of treats.