

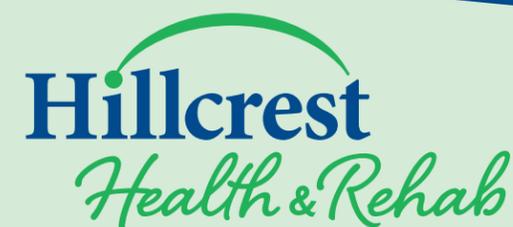
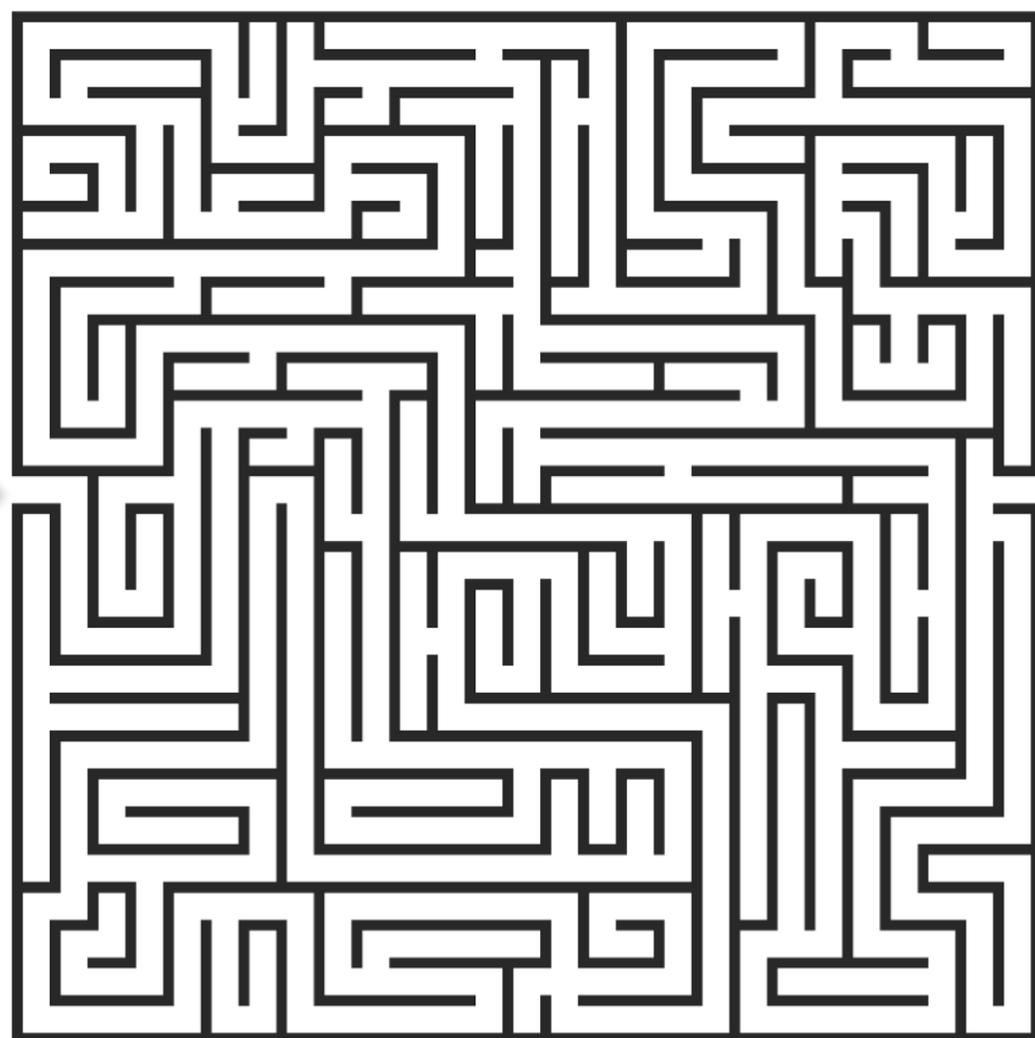
"Change begins at the end of your comfort zone."  
— Roy T. Bennett

June 2020

# What's Growing On...

in HHR's Magnolia & Azalea neighborhoods

## Activity Page



### JUNE BIRTHDAYS

June 6: Mick M.

### WELCOME TO HHR!

Linda A.

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Tammy Weston, (402) 682-4229

**DIRECTOR OF TRANSITION SERVICES:**

Angie Wallace, (402) 682-4250

**DIRECTOR OF RECREATION:**

Mary Johnson, (402) 682-4223

**DIRECTOR OF CLINICAL SERVICES:**

Kim Nichols, (402) 682-4220

**DIRECTOR OF INPATIENT REHAB:**

Raegan Muller, (402) 682-4263

**DIRECTOR OF CULINARY SERVICES:**

Kyle Lancial, (402) 682-4236

**DIRECTOR OF ENVIRONMENTAL SERVICES:**

Ruben Gonzalez, (402) 682-4235

**REGIONAL ADMINISTRATOR:**

Dave Creal, (402) 933-4690

### ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

### Tammy's Take



For this month's team member spotlight we are thrilled to recognize Nurse Tech Maria Koboji! She has cared for our residents on Magnolia for four years. Maria is originally from South Sudan and began her career as a dietary aide. She admired the care that CNAs provided and knew in her heart that it would be a good path for her. She says that she only wishes she could give the aging adults in her home country the same opportunities for care. Maria became a CNA in 2005 and is as pleased as we are that she has made her way to Hillcrest Health & Rehab! Being here gives her the chance to care for aging adults in a way that she was unable to for her own grandparents. She is blessed with a husband, two children and two dogs. Another special aspect of Maria's life is that she is a minister, she loves to worship and will be ordained next year. We are blessed to have Maria here! She left me with one beautiful thought that will stay with me forever: "Be still and know that God is there." I think this an appropriate sentiment given our current challenges. Thank you, Maria!



I would like to share that Hillcrest Health & Rehab remains safe for you and your loved ones. At the time this newsletter was published, we are fortunate to report that none of our residents have tested positive. We continue to follow all recommended guidelines from the CDC to do our best to keep everyone safe. We consider you and your loved ones part of the Hillcrest family. We will continue to keep you informed and stay optimistic as we march forward. Have a great month!  
— Tammy Weston, Administrator

## A MONTH IN REVIEW

The recreation team continues to think outside-the-box for ways to keep our residents and guests cognitively and physically active during this tough time. We celebrated Cinco de Mayo with a snack of chips, cheese and salsa. We wore sombreros while serving treats with smiles, some music and an occasional dance. May also brought Mother's Day and we celebrated the mothers in our lives, past or present. The recreation team brought balloons and flowers to all of our residents and guests while wishing them a Happy Mother's Day.

Recreation continues to offer hallway activities such as hymn sings, bingo, bowling and stretching/fitness. One of the highlights of the month was a dog parade arranged by Hillcrest Volunteer Services. About 20 dogs and their owners came to walk around the building so residents and guests could see all the adorable dogs through their windows. The residents and guests loved getting to see their furry friends.

**-Mary Johnson, Director of Recreation**



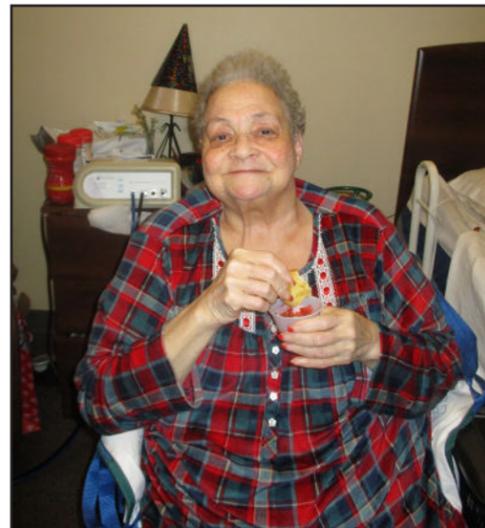
Clare waves at a team member during the dog parade.



Jackie M. celebrates Mother's Day with flowers.



Nancy smells her Mother's Day flower.



Eileen enjoys her Cinco de Mayo snacks.



Flowers and balloons are prepared for delivery on Mother's Day.



Stacia opens a pink, flowery card she received for Mother's Day.



Hank celebrates Cinco de Mayo with festive snacks and music.



Doris celebrates Cinco de Mayo with chips and cheese dip.



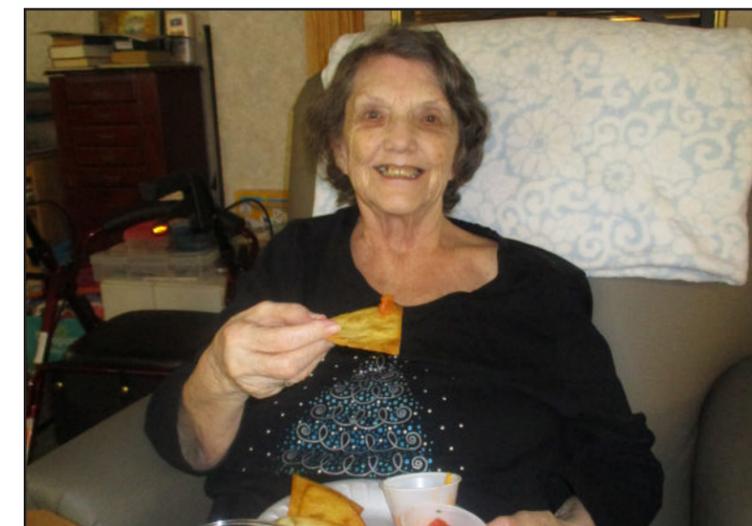
Elsie participates in hallway bowling.



Mary B. puts her Mother's Day flowers in her hair.



A volunteer poses with a fun sign she made for the dog parade.



Susie eats her Cinco de Mayo snacks of chips, cheese dip and salsa.