

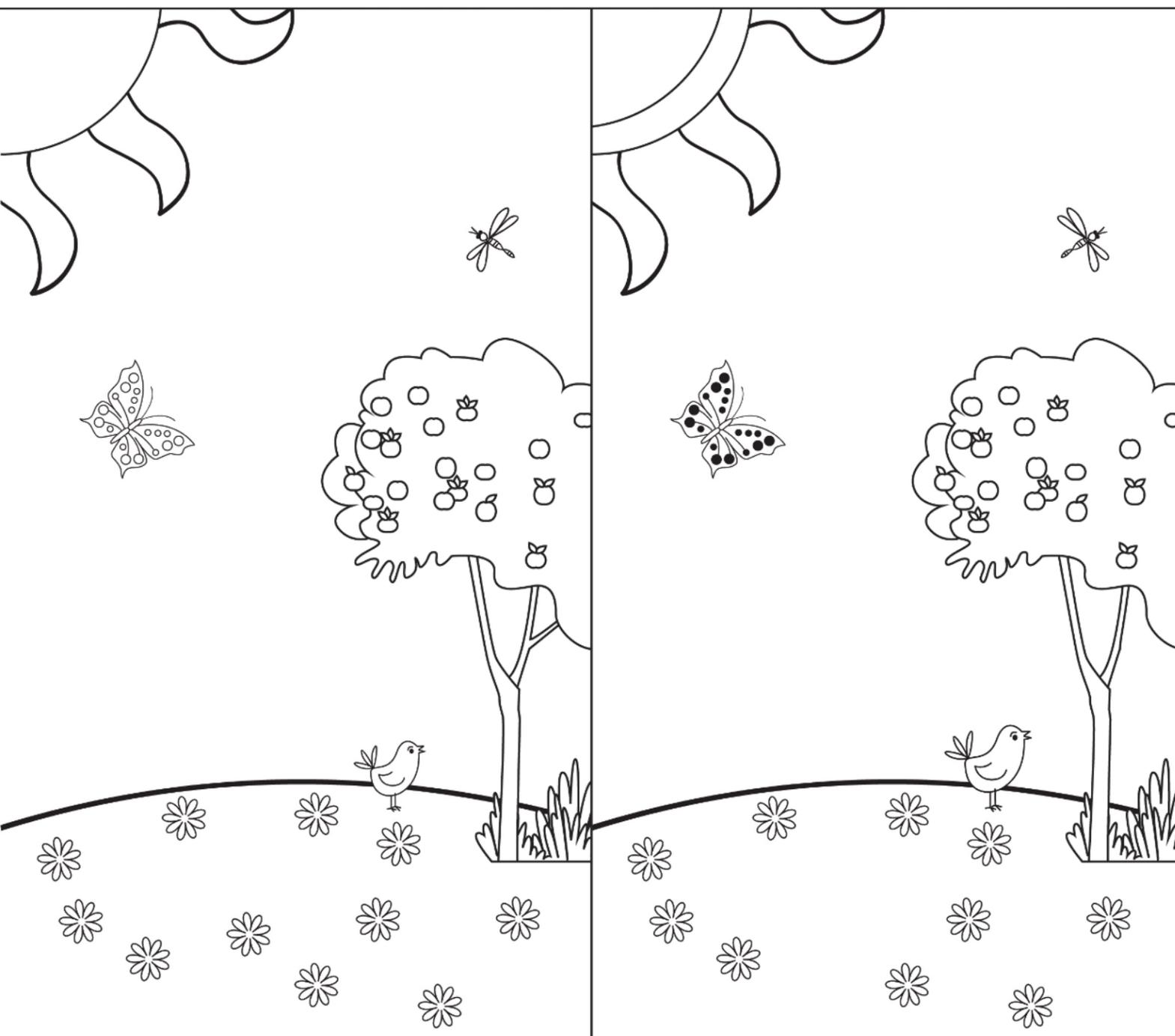
"May we think of freedom, not as the right to do as we please, but as the opportunity to do what is right." —Peter Marshall

July 2020

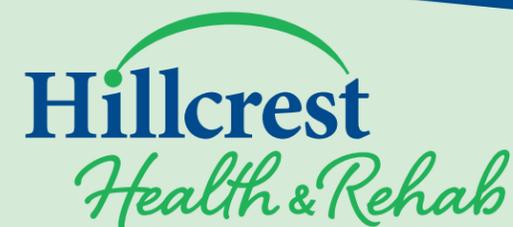
What's Growing On...

in HHR's Magnolia & Azalea neighborhoods

Activity Page



Find all six differences!



JULY BIRTHDAYS

July 1: Thelma W.
July 3: Clare H.
July 4: Mary B.
July 5: Billie G.
July 20: Joan S.
July 28: Duane G.

WELCOME TO HHR!

James E.
Carl T.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:
Tammy Weston, (402) 682-4229
DIRECTOR OF TRANSITION SERVICES:
Angie Wallace, (402) 682-4250
DIRECTOR OF RECREATION:
Mary Johnson, (402) 682-4223
DIRECTOR OF CLINICAL SERVICES:
Kim Nichols, (402) 682-4220
DIRECTOR OF INPATIENT REHAB:
Raegan Muller, (402) 682-4263
DIRECTOR OF CULINARY SERVICES:
Kyle Lancial, (402) 682-4236
DIRECTOR OF ENVIRONMENTAL SERVICES:
Ruben Gonzalez, (402) 682-4235
REGIONAL ADMINISTRATOR:
Dave Creal, (402) 933-4690

Tammy's Take



We are so very proud to have Juanita Nolasco as our Team Member Spotlight for July! Juanita has been a team member here at Hillcrest Health & Rehab for seven years. She started in the culinary department then received her Nurse Tech certification before going on to get her Medication Aide certification. Juanita has strong family ties and is very close to her parents, grandparents and her siblings. She shared that she became interested in health care when her dad was in an accident and shortly thereafter she decided healthcare was the career for her. She is always here when we need her. If you happen to catch her on a day off, you might just see her with a fishing pole, relaxing near the water somewhere! Juanita shared some advice for those interested in caring for people with dementia — always remember that the approach makes all the difference. Thank you, Juanita, for all that you do and make sure to tell us some fishing stories every now and then!



— Tammy Weston, Administrator

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



RESIDENTS IN ACTION

Summer is in full swing with this hot and humid weather. In July, the recreation team will be scheduling small group activities of chapel services, bingo, fitness and outside time. Small group activities, with appropriate distancing, will allow us to be social and to engage in fun activities together

again. What better way to end this summer month than with a mini carnival? This will be an all-hands-on-deck kind of event from the recreation team, and it will be filled with fun, games, prizes and snacks!

-Mary Johnson, Director of Recreation



Eldon gets excited about the Hillcrest Derby.



Johnnita and Tywana near the finish line.



A fun sign makes the Hillcrest Derby official.



Elfi shows off the fun hat she made.

A MONTH IN REVIEW

My, how time flies! It does not seem possible that the year 2020 is half over. During the month of June, we celebrated Father's Day and the beginning of summer. We also did a lot of special activities like a volunteer-coordinated Dog Parade, horse racing and playing backyard games. Wait, back up, horse racing? Recreation wanted to put some fun in the day, not only for residents/guests but also

for the team members. Team members raced the hallways with either an inflatable pink flamingo or a zebicorn (zebra and unicorn mix) with the residents in the "stands." The residents wore hats for the races that they made during a craft activity. It appeared that all who participated in and watched the event had a great time.

-Mary Johnson, Director of Recreation



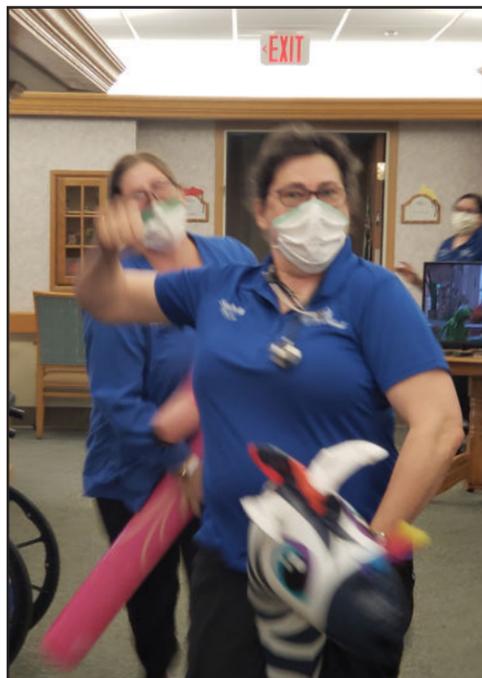
Carrie wins the race down Windsor against Jen.



Jan gets ready for the Hillcrest Derby with her special hat.



Joan smiles for the camera wearing a homemade hat.



Kaitlyn and Sylvia run down Magnolia.



Clare watches the Hillcrest Derby from the "stands."



Vaughn and Tammy compete in the Hillcrest Derby.



Michelle darts down Magnolia.



Jackie S. wears a new fashionable accessory.



Josh and Sarah race down Windsor.



Susie watches the Hillcrest Derby.