

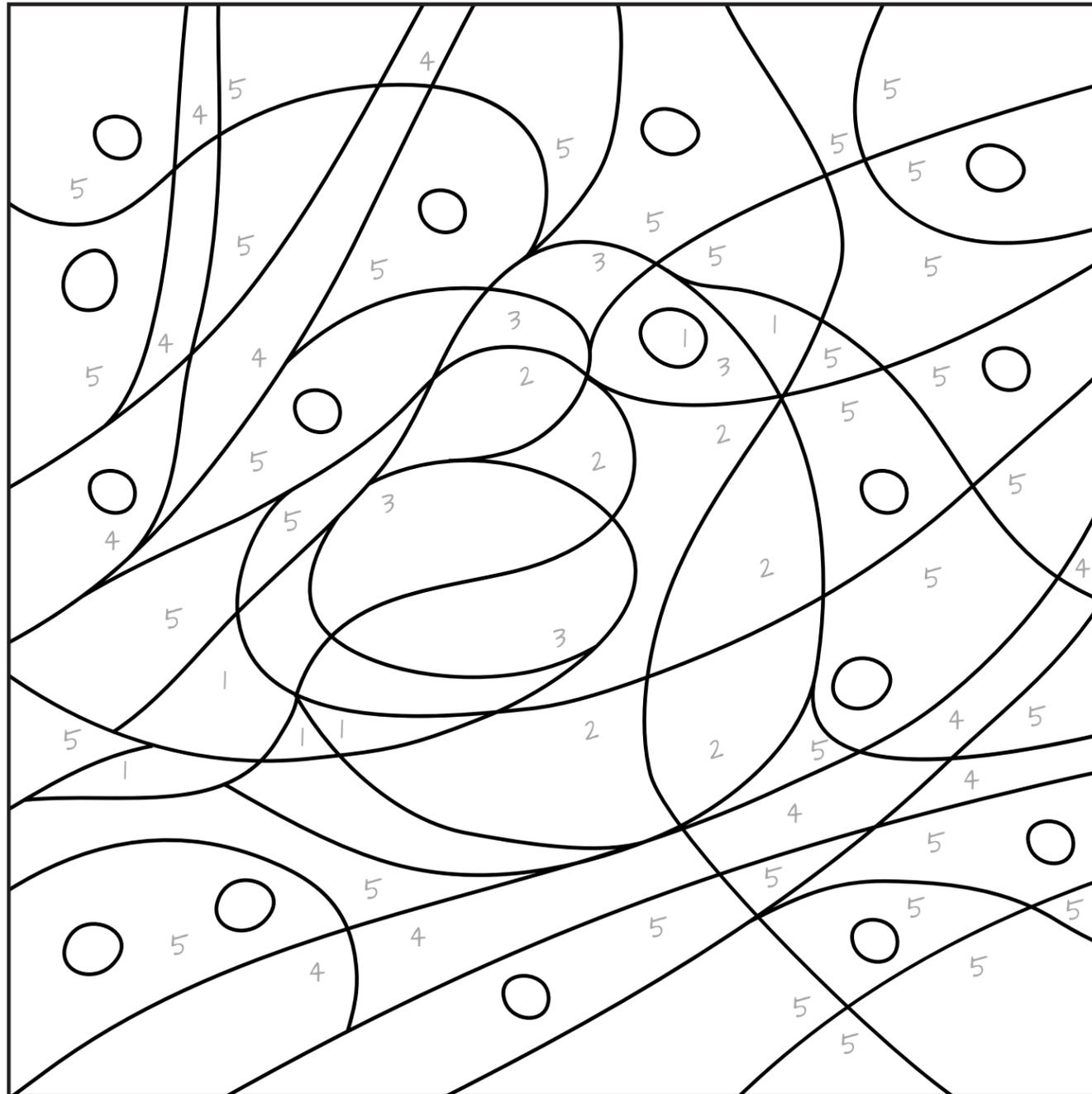
"You can get excited about the future. The past won't mind."
—Hillary DePiano

January 2021

What's Growing On...

in HHR's Magnolia & Azalea neighborhoods

Activity Page



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JANUARY BIRTHDAYS

Jan. 12: Viola D.
Jan. 13: Jane S.
Jan. 17: Ethelyn H.
Jan. 26: Jill E.

WELCOME TO HHR!

Barbara S., Priscilla I., Dean D., Maxine H., Jim H., Sharon T., Mary B., Jane S., Len C., Collette Y., Nancy B., Janet B.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Tammy Weston, (402) 682-4229

DIRECTOR OF TRANSITION SERVICES:

Angie Wallace, (402) 682-4250

DIRECTOR OF RECREATION:

Mary Johnson, (402) 682-4223

DIRECTOR OF CLINICAL SERVICES:

Kim Nichols, (402) 682-4220

DIRECTOR OF INPATIENT REHAB:

Raegan Muller, (402) 682-4263

DIRECTOR OF CULINARY SERVICES:

Kyle Lancial, (402) 682-4236

DIRECTOR OF ENVIRONMENTAL SERVICES:

Ruben Gonzalez, (402) 682-4235

REGIONAL ADMINISTRATOR:

Derrick DeFino, (402) 934-2333

Tammy's Take



Our Team Member Spotlight for January is Cameron Caldwell, our Transitions Specialist! She originally started working with Hillcrest at the main administrative office before she moved to Hillcrest Health & Rehab where she has been providing amazing support to our long-

term care residents ever since! Cameron was born and raised in Nebraska and has also lived in North Carolina and Iowa. She is happy to be back in Nebraska, which she considers her home.



Cameron has one daughter who is a freshman in high school. She loves old Victorian houses and cats, but since an old Victorian house is not in the cards at the moment, she just has a few cats! Cameron loves working with our long-term care residents and getting to know them personally. She finds happiness in making them smile and feel loved, as well as learning each one's unique characteristics. She takes great joy in working with families to ensure our residents have everything that they need.

We are starting the new year with great hope for safer and happier times to come. I want to say a big thank you to all of the families and loved ones who have supported us during the pandemic. Please remember to stay safe and healthy and know that we are here for you! Happy New Year!

— Tammy Weston, Administrator

RESIDENTS IN ACTION

What will 2021 bring for all of us? My hope is that the New Year will bring us closer to our loved ones again. I am not sure when this will happen and I wish I had a crystal ball to find out. One thing I do know is that the Recreation Team

at Hillcrest Health & Rehab will ring in the New Year with a New Year's Eve snack cart social! It's definitely going to be a lot of fun. Happy New Year, everyone!

-Mary Johnson, Director of Recreation



Residents create Christmas tree decorations during craft time.

A MONTH IN REVIEW

December was packed full of Christmas activities such as tree decorating, crafting and caroling with a hot chocolate cart. We resumed a few of our regular group activities while

maintaining safety precautions, including groups of cognitive stimulation in the morning, fitness, games and a few chapel services.

-Mary Johnson, Director of Recreation



Rebecca, Dominique, Mary and Allie spread holiday cheer through caroling and hot cocoa.



Pete holds up a heart shaped ornament he was given as a gift.



Sheryl, Dorothy K., Jean, Doc and Jan do morning stretching.



Allie, Jan and Clare decorate a tree in the Chapel.