

"Kindness is like snow. It beautifies everything it covers."
—Kahlil Gibran

December 2020

What's Growing On...

in HHR's Magnolia & Azalea neighborhoods

Activity Page



DECEMBER BIRTHDAYS

Dec. 1: Pat G.
Dec. 16: Shirley P.
Dec. 17: Robert S.
Dec. 29: Dorothy U.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Tammy Weston, (402) 682-4229

DIRECTOR OF TRANSITION SERVICES:

Angie Wallace, (402) 682-4250

DIRECTOR OF RECREATION:

Mary Johnson, (402) 682-4223

DIRECTOR OF CLINICAL SERVICES:

Kim Nichols, (402) 682-4220

DIRECTOR OF INPATIENT REHAB:

Raegan Muller, (402) 682-4263

DIRECTOR OF CULINARY SERVICES:

Kyle Lancial, (402) 682-4236

DIRECTOR OF ENVIRONMENTAL SERVICES:

Ruben Gonzalez, (402) 682-4235

REGIONAL ADMINISTRATOR:

Derrick DeFino, (402) 934-2333

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

Tammy's Take



Our Team Member Spotlight of the Month is Sylvia Zingg, a nurse at Hillcrest Health & Rehab. She has been providing amazing care to our residents since she joined the Hillcrest family about a year ago. Sylvia has lived in Nebraska for about five years and was born in Georgia. She has

also lived in Kentucky and other southern states, so she considers herself to be an Appalachian.

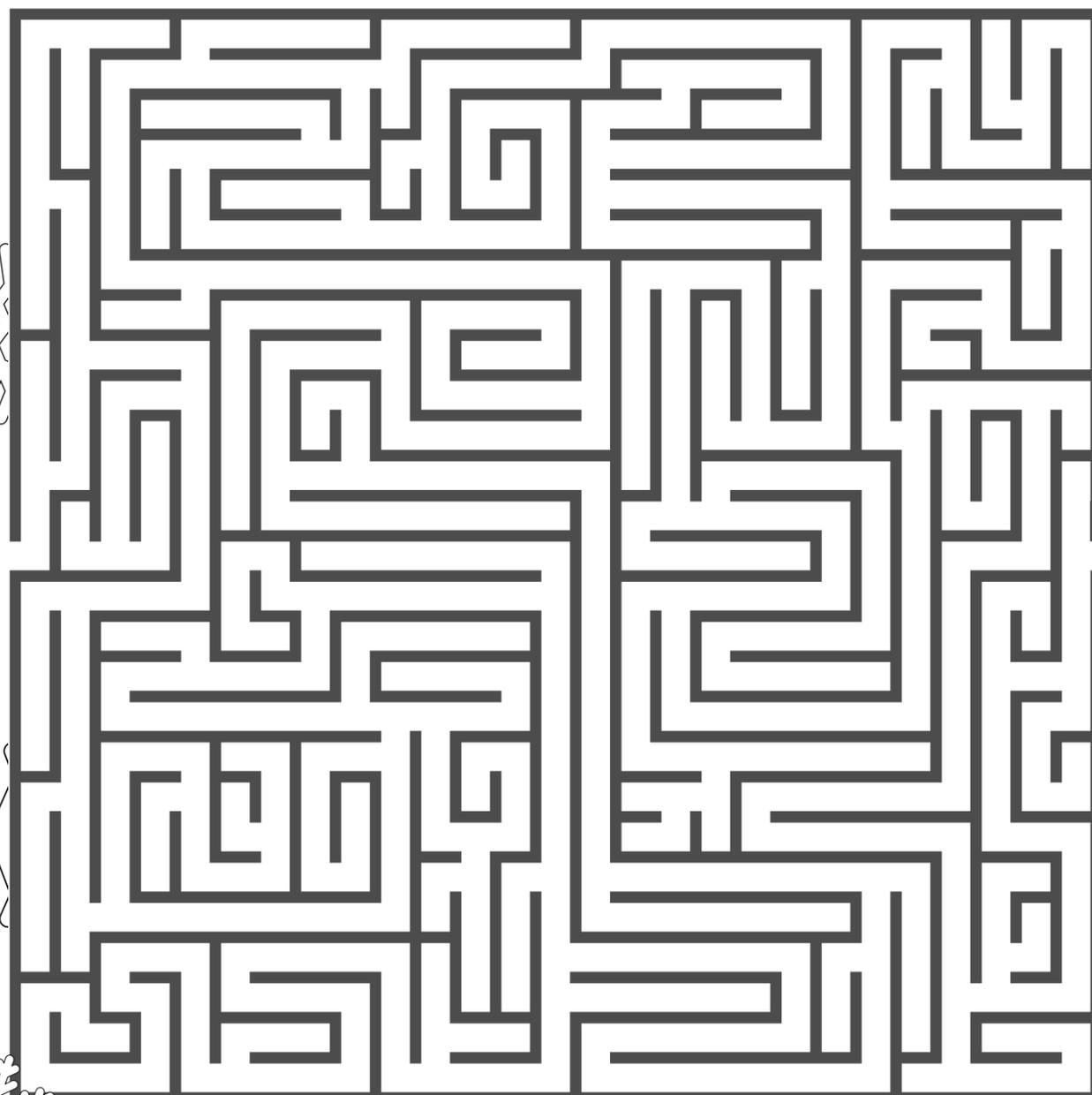
Sylvia has been a nurse for more than 30 years and her nursing background is in head injury/trauma units and infectious disease practices. When asked why she loves nursing Sylvia said, "I have a strong mothering instinct and want those I care for to be healthy and happy."

Sylvia and her husband of 30 years, Nathan, have two college age boys. She dabbles in mycology (the study of fungi) and studies medicinal plants. She enjoys gardening and is an avid animal lover.

Sylvia loves working in our Magnolia neighborhood. She says that the residents are like the grandparents she never had! We are very happy to have her as part of our team.

Despite the strange circumstances we find ourselves in this year, we are working hard to make sure our residents have a great holiday season. Please remember to stay safe and healthy as you enjoy the various festivities. Happy Holidays!

— Tammy Weston, Administrator



RESIDENTS IN ACTION

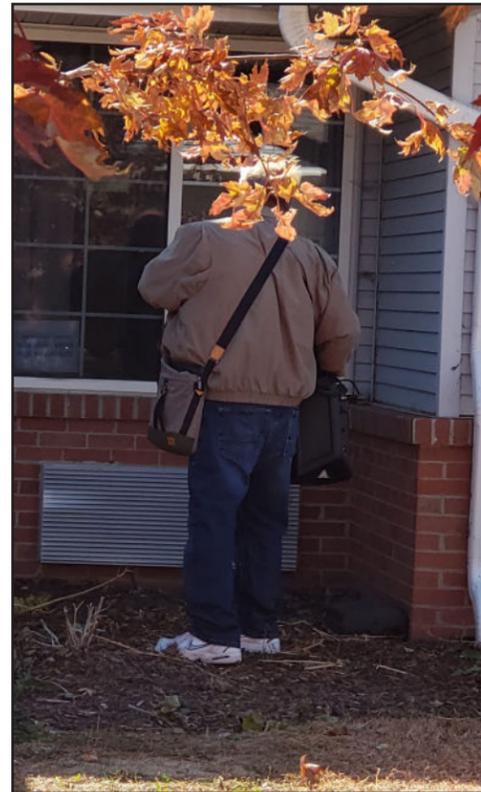
Soon, snow will be falling and Santa will be flying to our rooftops. The holidays are just around the corner and the Recreation Team is gearing up for holiday-themed activities. We are all about finding the holiday spirit through games,

crafts, music and gift giving! The Culinary Team is already planning our holiday feast. We are definitely looking forward to the holidays here at Hillcrest Health & Rehab!

-Mary Johnson, Director of Recreation



Elfie enjoys a concert from Tim.



Tim serenades a resident.



Tim performs in an outdoor concert.



Pete listens to Tim's singing through his window.

A MONTH IN REVIEW

Last month, Tim Javorsky from Merrymakers came and performed an outdoor window concert as he walked around the outside of the building. His singing was well received by all and there were lots of smiles and clapping as residents watched from their windows. We can't wait for him to come back and serenade us again!

For Veterans Day, we had service members salute all of our veterans and place a flag in their honor outside of their windows. Our residents saluted right back, and one of our residents was so touched, he shed a tear or two. We are so honored to have veterans living at Hillcrest Health & Rehab.

-Mary Johnson, Director of Recreation



Volunteers Joel and Lewis honor our veterans.



A flag waves on Veterans Day.



Volunteers visit to help us honor our veterans.