

*"Rise above the storm and you will find the sunshine." - Mario Fernandez*

August 2023

# What's Growing On...

in Hillcrest Health & Rehab's  
Magnolia & Azalea neighborhoods

## Reaching Beyond Our Communities

At Hillcrest, our mission of "enhancing the lives of aging adults" extends far beyond the care and services we deliver each day.

We proudly partner with many organizations that align with our mission – from associations advocating for a cure to diseases affecting the aging population, to educational institutions providing opportunities for students. We also believe in supporting our local communities through participation in events and other initiatives.

The Hillcrest Foundation for Enhancing Lives is dedicated to improving quality of life for older adults and has assisted seniors in several of our Hillcrest communities, as well as individuals on hospice. The Foundation's 3rd Annual Golf Tournament is on Aug. 17 at Eagle Hills Golf Course. Many of our Hillcrest teams will be supporting the event, and we'd love to see family members on the course as well! Learn more about the tournament and how to nominate a gift recipient at [hillcrestfoundation.org](http://hillcrestfoundation.org).

On Aug. 19, we'll be participating in the Bellevue Arrows to Aerospace Parade. Hillcrest is a sponsor of the annual event, organized by the Bellevue-Offutt Kiwanis Club, and will have a group of walkers, as well as a few Hillcrest vehicles with residents.

Save the date for the Sarpy County Walk to End Alzheimer's! On Sept. 9, our Hillcrest team will once again be joining the Alzheimer's Association in walking at Prairie Queen Recreation Area. We've been supporting this organization's annual walks for many years and even helped lead the efforts to form the Sarpy County event. Family members are welcome to join.

Talk to your administrator to find out how you or your loved one can get involved. We hope you will support us in enhancing lives.

## AUGUST BIRTHDAYS

|                     |                    |
|---------------------|--------------------|
| Aug. 3: Rita J.     | Aug. 16: Lou R     |
| Aug. 9: Norm F.     | Aug. 24: Gloria B. |
| Aug. 13: Judy B.    | Aug. 24: Karin M   |
| Aug. 15: Michael J. |                    |

## WELCOME, NEW RESIDENTS

|          |          |
|----------|----------|
| Kevin R. | Joyce S. |
| Alana M. | Norm F.  |
| Barb A.  |          |

## MEET THE LEADERSHIP TEAM

### ADMINISTRATOR:

Tammy Weston, (402) 682-4229

### ASSISTANT ADMINISTRATOR:

Amber Kendall, (402) 682-4217

### DIRECTOR OF TRANSITION SERVICES:

Angie Wallace, (402) 682-4250

### DIRECTOR OF RECREATION:

Mary Johnson, (402) 682-4223

### DIRECTOR OF CLINICAL SERVICES:

Kim Nichols, (402) 682-4220

### DIRECTOR OF REHAB SERVICES:

Danielle Ward-Baughman, (402) 682-4213

## ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



## AUGUST HIGHLIGHTS

Aug. 2: Scatter Joy Acres  
Aug. 7: Ice Cream Outing  
Aug. 10: Music by Billy Troy  
Aug. 24: Joe Taylor with Merrymakers  
Aug. 25: Casino Outing  
Aug. 29: Movie Outing

## WORSHIP SERVICES

### Catholic Mass

First Wednesday, 10 a.m., Chapel

### Catholic Communion

Second, Third, Fourth and Fifth Wednesday

6:15 p.m., Magnolia

6:30 p.m., Chapel

### Christian Service with Pastor Rountree

Fourth Sunday, 2 p.m., Chapel

### Non-Denominational Services with Pastor Jerry

Mondays, 9:30 a.m., Magnolia

Tuesdays, 1:15 p.m., Chapel

Thursdays, 11 a.m., Chapel

## FEATURED EVENT



**Friday, Aug. 18, 10 a.m. – noon, 1-3 p.m.**

Residents can browse through the store and find something to wear, consume or collect.  
Tickets are provided.

## Amber's Angle



It gives me great pleasure to announce our Team Member of the Month, Tammy Primmer.

Tammy has been with Hillcrest for nine months and, boy, has she brought a ray of sunshine to the 1702 Bistro.

Tammy was born and raised in Omaha and now lives in Bellevue with her husband of 37 years. She has two children and seven grandchildren. In her free time, Tammy likes to eat at Quaker Steak and Lube, watch movies, go camping and play sports.

Tammy said she sees herself here until she retires. When asked her advice for her fellow team members, Tammy said, "Keep working as a team. Help each other out. Everyone will be happier and the day will go by smoother."

Thanks for being such a positive role model for others, Tammy!

**-Amber Kendall, Assistant Administrator**





## RESIDENTS IN ACTION

August is back-to-school month. Residents have enjoyed the VolunTeens this summer and are sad to see them leave. They played noodleball, card games, bingo and assisted with so much more. The connections they've made with residents are priceless and a joy to watch.

We're excited to announce that the Country Store is returning in August! There were many positive responses from the store we set up in the spring, so

we decided to bring it back. There will be clothes, knickknacks and so much more. As for the August outings, trips to the casino have been such a success that there will be another one this month. Residents will also enjoy a movie outing and an ice cream outing. As always, we can expect fun times from musical entertainment. Billy Troy and Joe Taylor will be joining us this month to entertain the community.

**-Mary Johnson, Director of Recreation**



**Marie and Dar have fun at the casino.**



**Jan shows off her beach craft.**



**Ted, Ruth and VolunTeens paint egg crates to make ants.**



**VolunTeen Bella calls bingo.**



**Trenton escorts Lou to the casino.**

## A MONTH IN REVIEW

We kicked off July with a bang, or crackles of sorts, with fireworks and root beer floats. Throughout the month, residents participated in many events such as an indoor picnic, summer crafts and Christmas in July fun. Residents enjoyed breaking out the holiday spirit for some Christmas crafts, games and snacks.

In addition, July brought residents some oohs and aahs with a visit of a baby peacock, or peachick, from Scatter Joy Acres. We ended July with summer fun. Our indoor carnival was a great time for both residents and VolunTeens.

**-Mary Johnson, Director of Recreation**



**VolunTeen Maggie assists residents with a craft.**



**Residents' ant crafts are displayed at the indoor picnic.**



**A peachick, or baby peacock, from Scatter Joy Acres visits Hillcrest Health & Rehab.**



**Gloria pets the peachick (baby peacock).**



**Ted enjoys the food at the indoor picnic.**