Sun	Mon	Tue	Wed	Thu	Fri	Sat
Health & Rehab		1 2024 Calendar		<u>Key:</u> AZD - Azalea Dining Room CH - Chapel WP - Windsor Piano	1 10:00 Noodleball - CH 10:30 Music & Motion - CH 10:45 Daily Chronicles - CH 1:30 Comedy Hour - CH	2 10:00 Hymns & Prayers w/Bob - CH
3	4 10:00 Coffee & Chronicles - AZD 1:00 Piano w/Jean - WP 1:00 Pet Therapy w/Terri & Herky	5 10:00 Let's Be Crafty - AZD 1:15 Hymn Sing - CH	6 10:00 Catholic Mass - CH 1:30 Casino Style Bingo - AZD	7 11:00 Church Service - CH 1:30 Book Club - CH	8 10:00 Chair Yoga - CH 10:30 Noodleball - CH 10:45 Daily Chronicles - CH 1:30 Movie Matinee - CH	9
10	11 10:00 Social Drumming - CH 1:00 Piano w/Jean - WP 1:00 Pet Therapy w/Terri & Herky	12 10:00 Let's Be Crafty - AZD 1:15 Hymn Sing - CH	13 10:00 Sweet Cash Bingo - AZD 6:30 Catholic Communion - CH	14 11:00 Church Service - CH 3:00 Merrymakers: Mary Link - CH	15 10:00 Noodleball - CH 10:30 Chair Aerobics - CH 10:45 Daily Chronicles - CH	16 10:00 Hymns & Prayers w/Bob - CH
17 St. Patrick's Day2:00 Christian Service with Pastor Rountree—CH	18 10:00 Coffee Social - AZD 1:00 Piano w/Jean - WP 1:00 Pet Therapy w/Terri & Herky 1:30 Famous Women of the Bible - CH	19 First Day of Spring10:00 Let's Be Crafty - AZD1:15 Hymn Sing - CH2:00 Resident Council - CH	20 10:00 Bingo Mania - AZD 6:30 Catholic Communion - CH	21 11:00 Church Service - CH 3:45 Welcome Home, Vietnam Veterans - CH	22 10:00 Tai Chi - CH 10:30 Noodleball - CH 10:45 Daily Chronicles - CH 1:30 Movie Matinee - CH	23 10:00 Common Thread Singers - CH
24 Palm Sunday2:00 Easter Egg Hunt31 Easter	25 1:00 Piano w/Jean - WP 1:00 Pet Therapy w/Terri & Herky 2:00 Fun & Games - CH	26 10:00 Let's Be Crafty - AZD 1:15 Hymn Sing - CH	27 10:00 Bingo - AZD 2:00 Jazz Music w/Livin' Easy - CH 6:30 Catholic Communion - CH	28 11:00 Church Service - CH	29 10:00 Noodleball - CH 10:30 Music & Motion - CH 10:45 Daily Chronicles - CH 1:30 Armchair Travel - CH	30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Hillcrest Health & Rehab		h 2024 n Calendar	Soundscapes at Night Sun: Cozy Spring w/Rain Mon: Beach Sunset w/Jazz Tues: Cozy Spring Evening Wed: Sunset at Poolside Thurs: Calm Night w/Jazz Fri: Peaceful Eve at Beach Sat: Moonlit Spring Meadow		1 7 a.m. Morning Ambience 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. National Geo—Pandas 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	2 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Chicken Soup for the Soul 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes
7 a.m. Beautiful Hymns 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	4 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Music by Paul Siebert 6 p.m. Virtual Travel 10 p.m. Soundscapes	5 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Humor Hour 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	6 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Baby Animal Ambience 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	7 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Zoo Cam—Penguins 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	8 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. National Geo- Sharks 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	9 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Chicken Soup for the Soul 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes
10 7 a.m. Beautiful Hymns 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Music by Billy Troy 5 p.m. Life Learning 6 p.m./9 p.m. Virtual Travel 10 p.m. Soundscapes	12 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Humor Hour 5 p.m. Life Learning 6 p.m./9 p.m. Virtual Travel 10 p.m. Soundscapes	13 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Baby Animal Ambience 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	14 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Zoo Cam: Meerkats 5 p.m. Life Learning 6 p.m./9 p.m. Virtual Travel 10 p.m. Soundscapes	15 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. National Geo—Elephants 5 p.m. Life Learning 6 p.m./9 p.m. Virtual Travel 10 p.m. Soundscapes	16 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Chicken Soup for the Soul 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes
7 a.m. Beautiful Hymns 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	18 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Music by Tim Javorsky 6 p.m. Virtual Travel 10 p.m. Soundscapes	8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Humor Hour 5 p.m. Life Learning 6 p.m. Virtual Dog Walk 10 p.m. Soundscapes	20 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Virtual Walk/Hawaii Jungle 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	21 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Zoo Cam—Pandas 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	22 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. National Geo—Lion Cubs 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	23 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Chicken Soup for the Soul 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes
24/31 7 a.m. Beautiful Hymns 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	25 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Music by The Links 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	26 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Humor Hour 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	27 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Baseball Park History 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	28 7 a.m. Morning Ambience 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Zoo Cam—Gorillas 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	29 8 a.m. Food Fun 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. National Geo- Giraffes 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes	30 7 a.m. Morning Ambience 9 a.m. Spiritual Message 10 a.m. Morning Stretches 1 p.m. Daily Trivia 2 p.m. Chicken Soup for the Soul 5 p.m. Life Learning 6 p.m. Virtual Travel 10 p.m. Soundscapes