

"Life isn't about finding yourself. Life is about creating yourself." – George Bernard Shaw

May 2020

The GRAND Gazette

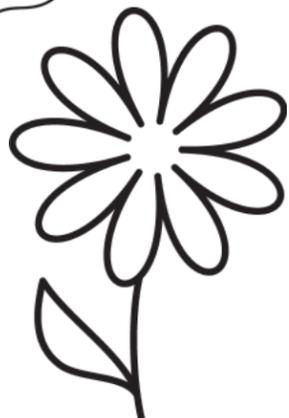
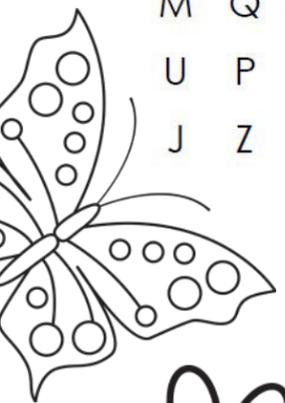
A monthly newsletter for Hillcrest Country Estates Grand Lodge York & Lancaster households

Activity Page



O R C H I D P S S U C G B W F Q D B
 H T N H G O V S G G I I E R A C A U
 G O B E L L F L O W E R G D M C N T
 E Z L D P Q A V Y P N T O A A O D T
 R I V L A D V D I Y J U N I R L E E
 A N H K Y F A Q I O N L I S Y U L R
 N N B P B H F H P O J I A Y L M I C
 I I P Y D T O O L M L P F N L B O U
 U A V Q Q D B C D I R U Z Y I I N P
 M Q C R O C U S K I A A S V S N P K
 U P R I M R O S E S L W O L B E B C
 J Z M B Y D K C A R N A T I O N D M

- | | | |
|-------------------|------------------|---------------|
| Hollyhocks | Carnation | Crocus |
| Bellflower | Dandelion | Dahlia |
| Gladiolus | Geranium | Zinnia |
| Columbine | Primrose | Orchid |
| Buttercup | Daffodil | Tulip |
| Amaryllis | Begonia | Daisy |



Hillcrest Country Estates GRAND LODGE

MAY BIRTHDAYS

May 14: Grace Ploetz
 May 17: Don Haase

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Jessica Fredrickson, (402) 885-7022

DIRECTOR OF HEALTH SERVICES:

Lisa Winterstien, (402) 885-7362

DIRECTOR OF LIFESTYLE & WELLNESS:

Michael Pollock, (402) 885-7365

DIRECTOR OF CULINARY SERVICES:

Darren Cobb, (402) 885-7105

DIRECTOR OF ENVIRONMENTAL SERVICES:

Jarrold Quinn, (402) 885-7103

DIRECTOR OF MARKETING:

Sarah Russell, (402) 885-7024

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

Lisa's Letter



What a month it has been! As we all know, this has proven to be a very challenging time for everyone. We understand how hard and frustrating not seeing your loved ones can be. This "great pause" from our normal day-to-day life has made all of us stop and reflect on what matters.

I trust when we come out of this, each one of us will take a little more time for truly important stuff in life and not take things so much for granted. Until that time though, know that here at the Grand Lodge our residents' safety and health continue to remain our top priority.

Thank you so much for your patience and understanding as we change and adjust policies and procedures to keep our residents as safe as possible. If there is anything we can do to help you through this tough time please don't hesitate to reach out and ask. We are all in this together!

—Lisa Winterstien, Director of Health Services



RESIDENTS IN ACTION

Social distancing is tough on all of us! However, while still keeping safety and distancing in very high regard, we are working hard to keep residents engaged in activities that benefit body, mind and spirit.

Activities look different these days but they are still very much happening. We've enjoyed the chance to be extra creative this month!

– Michael Pollock, Director of Lifestyle & Wellness



Pete creates a temporary stained glass window in the common area.



George tries to hold onto jelly beans by sucking through a straw.



Peggy finishes a temporary stained glass window.



The common area is filled with new window paintings.

A MONTH IN REVIEW

This Easter was definitely an Easter to remember! We could not enjoy the traditional activities we have come to love on Easter, so we got creative. Had an Easter egg toss (from a distance of course) and tried

to suck jelly beans through a straw and move them. We also had some Easter snacks and social time (while staying six feet apart).

– Michael Pollock, Director of Lifestyle & Wellness



Shirley L., Shirley S. and Barb have fun playing Easter Egg Roll.



Edie uses her pool floaty from a balloon toss game as a telescope.



Patti plays a fun Easter jelly bean game.



Marilyn enjoys entertaining Easter games.



Edie celebrates Easter with a jelly bean game.