

"Luck is what happens when preparation meets opportunity."

-Geneca

March 2022

The GRAND Gazette

A monthly newsletter for Hillcrest Country Estates
Grand Lodge York & Lancaster households

Celebrate National Craft Month

While being creative and making crafts is fun any time of the year, March is deemed National Craft Month. Crafting includes a wide variety of activities such as knitting, scrapbooking, leather-working, jewelry making and anything else created by hand. At Hillcrest, we include crafting in our monthly activity calendars so there will be plenty of opportunities to celebrate National Craft Month. Here are a few ideas on what you can do to get creative this month.

Make a spring craft

Oftentimes the coming of spring means nicer weather and the sweet song of the birds each day. Make a bird feeder or birdhouse to celebrate nature and all it has to offer. Take decorating the outdoors a step further and paint rocks for the garden or patio.

Learn something new

Springtime is the perfect time to build some new skills. Have you ever wanted to learn how to paint or knit, but never got the chance to? National Craft Month is a great opportunity to put yourself out there and try a new type of crafting.

Teach someone your skills

Have you mastered the art of jewelry making or leather crafting? Share your knowledge with a friend or family member to help them celebrate National Craft Month.

National Craft Month opens the door for many creative opportunities – whether that be making something to get ready for the coming of spring, trying a new activity or sharing your knowledge with others.



MARCH BIRTHDAYS

March 3: Tom D.
March 15: Marie C.
March 26: Edie N.

WELCOME, NEW RESIDENTS!

Pauline S.
Catherine W.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Jessica Fredrickson, (402) 885-7022

DIRECTOR OF HEALTH SERVICES:

Erin Edwards, (402) 885-7362

DIRECTOR OF LIFESTYLE & WELLNESS:

Michael Pollock, (402) 885-7365

DIRECTOR OF CULINARY SERVICES:

Darren Cobb, (402) 885-7105

DIRECTOR OF ENVIRONMENTAL SERVICES:

Jarrold Quinn, (402) 885-7103

DIRECTOR OF MARKETING:

Sarah Russell, (402) 885-7024

REGIONAL AREA DIRECTOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



MARCH HIGHLIGHTS

March 1

Mardi Gras Carnival

March 8

International Women's Day

March 14

March Madness Picks

Every Thursday

Bus Outings at 10 a.m.

Every Tuesday

Craft Corner at 2:30 p.m.

Every Friday

Cooking Club at 10 a.m.

FEATURED EVENT



St. Patrick's Day Celebration

Thursday, March 17
2:30 p.m.
York/Lancaster

Enjoy an Irish-themed lunch, Irish music and Irish-themed games and activities.

Erin's Notes



Greetings, everyone! This newsletter will mark a slight change in our communications moving forward. This will be the last of our monthly newsletters. Starting in April we will transition to a WEEKLY Friday Flyer. We want to streamline our communications, and a weekly flyer seems to be a better solution as

we know updates, announcements and changes happen more frequently than once per month. We will be sending out a Friday Flyer every Friday morning. This flyer will have any updates and announcements as well as the coming week's activities, meals at a glance and more. We will send the Friday Flyers out through LifeLoop (our resident and family communication app). You will get an email notification each week when the flyer is posted.

In addition to the weekly communications, there is so much more you can do in LifeLoop! For those who haven't logged in and checked it out, please try to do so. Within LifeLoop you can see pictures of your loved ones in action, see what activities they have attended, request maintenance assistance, contact team members, view weekly menus and even send a postcard (FREE) to your loved ones here at the Grand Lodge! It's a really powerful and helpful app. We want to utilize it to its full potential. If you need assistance getting logged in or any help with LifeLoop please contact Michael at mpollock@hillcresthealth.com.

Please let us know at any time if there is anything we can do for you or your loved ones!

-Erin Edwards, Director of Health Services

A MONTH IN REVIEW

Last month, we enjoyed our very own Winter Olympic Games in conjunction with the actual Winter Olympics. Our residents had fun with a variety of games and events inspired by the Olympics. These activities included curling, basketball and gymnastics.

We also made Olympic crafts, participated in opening and closing ceremonies and even handed out medals to all of our athletes. What a great time! We look forward to many fun activities in the month ahead.
-Michael Pollock, Director of Lifestyle & Wellness



Olympic Champs

Top Left: Patty scores the gymnastics competition.
Center Left: Edie participates in the curling competition.
Far Left: Sue B. makes Olympic rings.
Top: A crowd cheers on George as he plays basketball.
Above: Les and Edie show off their gold medals.
Left: Jeanette takes her turn at curling.

STAY CONNECTED THROUGH LIFELOOP

As we move forward, away from a monthly newsletter and into a weekly Friday Flyer, we want to make sure all of our family connections have access to LifeLoop. LifeLoop is where photos, calendars, menus and everything going on here at the Grand Lodge will

live. It is a great way to stay connected with loved ones at the Grand Lodge. If anyone needs help or access, please email me at mpollock@hillcresthealth.com with any and all questions.
-Michael Pollock, Director of Lifestyle & Wellness



Ted, Wanda and Betsy get competitive with a game of bingo.



Randi and Bonnie prepare a pan for coffee cake.



Minta greases a pan at Cooking Club.



Bingo is always a hit with many of our residents.



Residents in Cooking Club make coffee cake.