

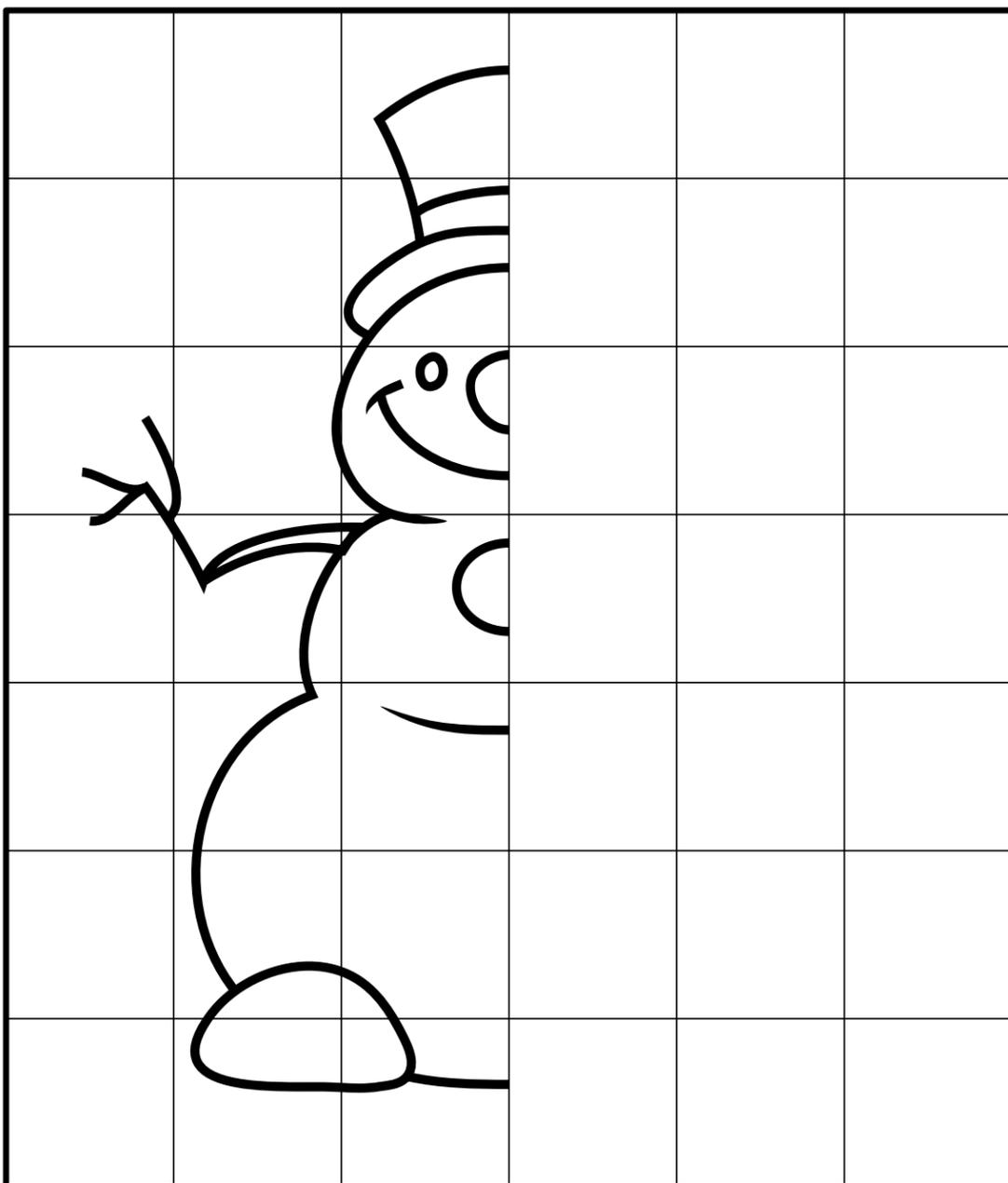
"With the new day comes new strength and new thoughts."
 —Eleanor Roosevelt

February 2021

The GRAND Gazette

A monthly newsletter for Hillcrest Country Estates
 Grand Lodge York & Lancaster households

Activity Page



Complete the Picture!



FEBRUARY BIRTHDAYS

Feb. 10: Patricia Witthauer
 Feb. 10: Roger Fowler
 Feb. 22: Randi Horn

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Jessica Fredrickson, (402) 885-7022

DIRECTOR OF HEALTH SERVICES:

Erin Edwards, (402) 885-7362

DIRECTOR OF LIFESTYLE & WELLNESS:

Michael Pollock, (402) 885-7365

DIRECTOR OF CULINARY SERVICES:

Darren Cobb, (402) 885-7105

DIRECTOR OF ENVIRONMENTAL SERVICES:

Jarrold Quinn, (402) 885-7103

DIRECTOR OF MARKETING:

Sarah Russell, (402) 885-7024

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



Erin's Notes



Greetings, everyone. Happy February! I have met a lot of you, but for anyone I have not yet met, my name is Erin Edwards, and I am the new Director of Health Services here at Hillcrest Country Estates Grand Lodge. I am so excited that I get the privilege of overseeing Lancaster and York. I have been with the Grand Lodge for just over a year now, so

although I am new to the position, I am not new to the building or the residents. First off, I just want to say that my door is always open. Please don't hesitate to reach out through a phone call or an email (and hopefully someday soon you will be able to stop by and see me in person) to chat about anything you or your loved one may need.

In January we had several successful COVID-19 vaccine clinics and will have a few more in February to distribute the second dose to residents and team members. We are looking forward to working our way to a more normal lifestyle as more individuals get vaccinated and we start changing some of our visitation guidelines. We will continue to keep you up-to-date on how visitations will look in the coming months. Until then, I want to remind everyone that you can set up a video call anytime by emailing Michael Pollock at mpollock@hillcresthealth.com.

Recently we started communal dining again, and we are slowly adding small group activities back into our schedules. Of course, we are continuing to practice social distancing and are very cognizant of COVID-19 protocols as we work to keep our residents and team members safe. It has been great to see our residents' spirits lifted as they enjoy seeing each other more frequently. Have an excellent month, everyone!

—Erin Edwards, Director of Health Services

A MONTH IN REVIEW

January was full of fun times as we celebrated the New Year and looked to 2021 with hope as we began distributing the COVID-19 vaccine. The second round of distribution will be happening this month. To date, 98 percent of our residents have gotten the

vaccine. I am so excited that the distribution has gone so well and that we will soon be able to allow visitors back into the building.

– **Michael Pollock, Director of Lifestyle & Wellness**



Patty, John and Shirley do their exercises.



Residents enjoy playing bingo.

RESIDENTS IN ACTION

As we move into February, we are looking forward to a little more flexibility in our activities and lifestyle programming. Although we are not out of the woods yet in regards to this pandemic, we will be adding back in some more regular activities. For February, we will get back to our daily exercises, weekly Bible studies, trivia and games, weekly salon times

and even a few smaller social gatherings with music and refreshments. In the coming months we hope to continually progress and increase the social gatherings while still meeting health and safety guidelines and regulations!

– **Michael Pollock, Director of Lifestyle & Wellness**



Susan FaceTimes with her family.



Roger decorates his own cookie.



Tom gets pampered at our Oasis Salon.



Sue shows off her new haircut from the Oasis Salon.