

*"Kindness is like snow - it beautifies everything it covers."
-Kahlil Gibran*

December 2021

The GRAND Gazette

A monthly newsletter for Hillcrest Country Estates
Grand Lodge York & Lancaster households

Hillcrest Holiday Food Drive to Spread Cheer Throughout Our Communities

Hillcrest is preparing for a spirited seasonal community service project that has become a happy holiday tradition throughout our communities. We will hold our sixth-annual Holiday Food Drive, Monday, Dec. 6 through Friday, Dec. 17, to collect food and other items. Donation boxes will be placed near the entrance of each Hillcrest location. Items donated will benefit area food pantries.

While all non-perishable food donations are welcome, each pantry has a list of most-needed items:

- **Bellevue Food Pantry** (Bellevue Hillcrest locations) - canned chicken, tuna or salmon (boneless); pasta or pasta sauce; instant sides (rice, pasta, potato); jelly; syrup.
- **Tri-City Food Pantry** (Papillon/Omaha Hillcrest locations) - canned tuna; canned vegetables; laundry or dish soap; cat or dog food; instant sides (rice, pasta, potato).
- **Gretna Neighbors** (Hillcrest Silver Ridge) - canned ham or beef; small packages of coffee, creamer or sugar; peanut butter; jelly; laundry soap, fabric softener sheets or bleach.

The team is always eager to support our local communities, and these efforts are especially heartfelt during the holidays. Last year, Hillcrest donated more than 3,000 pounds of food and other items to assist community members in need.

We hope you will consider making even a small donation. Your generosity will spread holiday cheer by helping to fill the pantries and bellies of those in our communities who most need our help. Thank you for your support!

For additional information and more comprehensive lists of most-needed items, visit hillcresthealth.com/fooddrive.



DECEMBER BIRTHDAYS

Dec. 5: Edward B.
Dec. 5: Ellen S.
Dec. 12: Wanda E.

WELCOME, NEW RESIDENTS!

Ellen S.

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Jessica Fredrickson, (402) 885-7022

DIRECTOR OF HEALTH SERVICES:

Erin Edwards, (402) 885-7362

DIRECTOR OF LIFESTYLE & WELLNESS:

Michael Pollock, (402) 885-7365

DIRECTOR OF CULINARY SERVICES:

Darren Cobb, (402) 885-7105

DIRECTOR OF ENVIRONMENTAL SERVICES:

Jarrold Quinn, (402) 885-7103

DIRECTOR OF MARKETING:

Sarah Russell, (402) 885-7024

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



DECEMBER HIGHLIGHTS

Weekly
Craft Corner
Every Friday
Friday Afternoon Auction
Week of December 8
Christmas Light Viewing
December 31
"Noon-Year's Eve" Party



FEATURED EVENT

Holiday Party

Thursday, Dec. 23, 2:30 p.m.



We will enjoy live steel drum music and holiday refreshments. Each resident will receive special holiday gifts!

Erin's Notes



Another year has flown by! It's hard to believe it is already December 2021. We are glad that we are at least in a little better place than last year, so we are able to celebrate the holidays together.

We have lots of great things planned for the Grand Lodge this month, so make sure to check out the activity calendars!

A few quick updates: First, I would like to remind families to make sure your loved ones have a winter coat. We continue to take bus rides and enjoy some patio time when appropriate. Second, we want to highlight that Bonnie Beacom has transitioned into a new role as a Lifestyle Leader for the Grand Lodge! Her sole focus now will be on recreation, activities and lifestyle programs to further enhance quality of life for Grand Lodge residents. We are very excited to add this position and are looking forward to all of the added creativity and fun in store to keep residents engaged.

As we enter into this busy holiday season, our Grand Lodge team would like to wish everyone a very happy holiday. Thank you for your support through the last year, and thank you for entrusting us with your loved ones! As always, please don't hesitate to reach out with anything you need.

Happy Holidays and Happy New Year!

-Erin Edwards, Director of Health Services

A MONTH IN REVIEW

On Nov. 18, we celebrated the 93rd birthday of Mickey Mouse! Residents dressed in their Mickey gear and some had memorabilia to share. We also shared stories about family trips to Disneyland and Disney

World, and how it was growing up with Mickey Mouse. We even enjoyed a personal appearance from Mickey himself!

-Laura Mayer, Dimensions Coordinator

Visits with Mickey Mouse

Right/Far Right: Betsy and George enjoy a visit from Mickey.

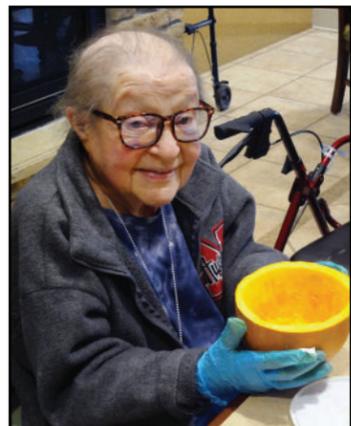
Below Left/Center: Edie and Don enjoy a chat with Mickey.

Below Right: Les shows off his snazzy Mickey Mouse sweater.



In the Kitchen

Right: Patty, Mrs. Dunlap and Shirley enjoy making treats in Cooking Club.



RESIDENTS IN ACTION

Happy Holidays! December is upon us, and we are looking forward to a fun-filled season with holiday baking and crafting throughout the month. We'll also make trips to see the Christmas lights, enjoy holiday parties and music and just enjoy the simple pleasures of being together during this time...something we could not do as much last year! Make sure to check out the December activity calendars for the specifics.

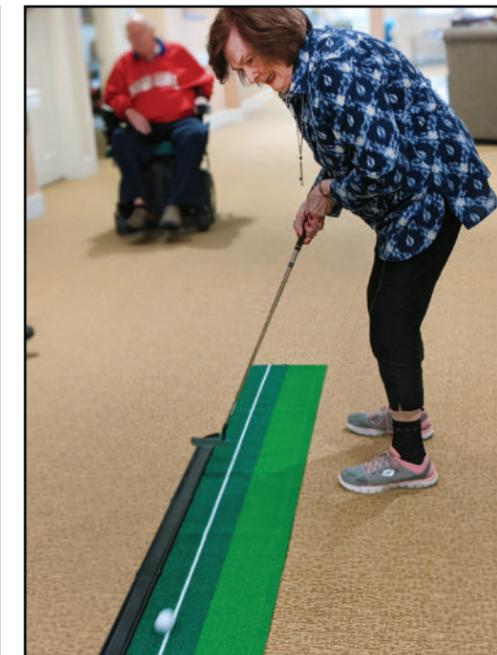
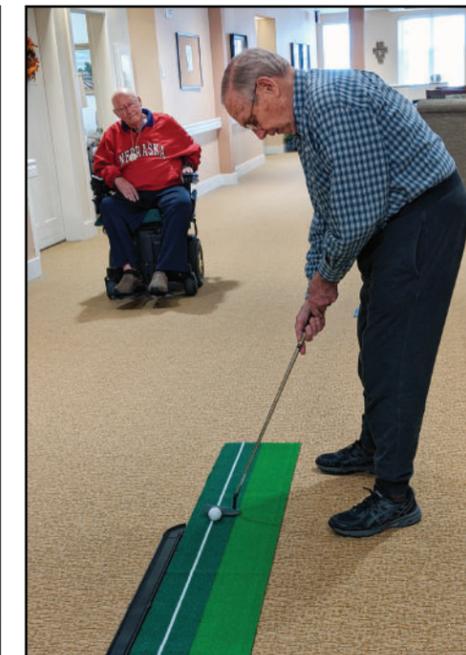
Also, remember, everyone has access to our LifeLoop App to view digital calendars, menus, photos and much more! In fact, you can send a holiday postcard to your loved one through LifeLoop. Be sure to log in and check out that feature! You can email mpollock@hillcresthealth.com for any questions on LifeLoop.

-Laura Mayer, Dimensions Coordinator

Great Pumpkins

Right/Far Right: Betsy and Marlies use their artistic skills to decorate pumpkins.

Below: Residents show off their beautiful painted pumpkins.



Verneel, Les and Edie concentrate on their putting.