

"It's not what we have in life but who we have in our life that matters." —Margaret Laurence

August 2020

# The GRAND Gazette

A monthly newsletter for Hillcrest Country Estates Grand Lodge York & Lancaster households

## Activity Page

G	E	A	H	B	A	S	E	B	A	L	L	R	S
D	G	A	R	D	E	N	I	A	B	E	F	S	I
W	A	T	E	R	M	E	L	O	N	L	R	T	C
C	I	N	C	I	P	A	G	L	B	E	I	F	E
G	N	I	X	A	L	E	R	A	W	H	S	I	C
E	N	U	F	N	D	H	R	O	S	H	N	W	R
I	G	B	E	S	E	N	L	L	A	S	U	N	E
S	M	I	A	P	W	F	N	D	O	E	E	R	A
U	I	N	N	C	E	I	E	L	E	S	P	M	M
E	L	U	U	C	E	S	M	E	N	I	R	S	N
U	L	S	C	L	E	W	R	M	A	R	A	S	I
O	S	O	A	N	R	S	S	A	I	A	E	S	M
K	R	A	P	N	I	I	A	U	E	N	L	U	I
A	M	N	M	B	I	C	B	U	G	P	G	C	I

**Watermelon Picnic Sun Fun**

**Swimming Relaxing Park Flowers**

**Shade Baseball Ice Cream Garden**

### Hillcrest Country Estates GRAND LODGE

#### AUGUST BIRTHDAYS

Aug. 11: Shirley Lewis  
Aug. 24: Elaine Tolan

#### WELCOME TO LODGE LIFE!

JoAnn Schreiner, Randal Falzgraf

#### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Jessica Fredrickson, (402) 885-7022

**DIRECTOR OF HEALTH SERVICES:**

Lisa Winterstien, (402) 885-7362

**DIRECTOR OF LIFESTYLE & WELLNESS:**

Michael Pollock, (402) 885-7365

**DIRECTOR OF CULINARY SERVICES:**

Darren Cobb, (402) 885-7105

**DIRECTOR OF ENVIRONMENTAL SERVICES:**

Jarrod Quinn, (402) 885-7103

**DIRECTOR OF MARKETING:**

Sarah Russell, (402) 885-7024

**REGIONAL ADMINISTRATOR:**

Dave Creal, (402) 933-4690

#### ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

### Lisa's Letter



You may have seen the social media posts and local news coverage about our new outdoor safety windows that are being deployed to all Hillcrest locations. These visitation windows are now open and available for use at the Grand Lodge! Anyone interested in visiting can make an appointment

by calling (402) 885-7100.

Visits will be available Monday-Friday, 8 a.m. to 6 p.m. for 30 minute intervals. Please schedule your appointment at least one day in advance. All visitors must be at least 18 years old and will be screened upon arrival. Screening includes a temperature check (must be below 99.1°) and answering questions to verify the visitor has not been in contact with anyone with COVID-19. Visitors will be expected to stay six feet from the safety window, perform hand hygiene and wear a mask for the duration of their visit. No more than two visitors will be allowed at a time. Residents will also need to wear a mask. A team member will be present to assist the resident, screen family/friends and to monitor social distancing. The safety window will be disinfected between each visit. The safety window is located to the north of the Oasis entrance near the back side alcove of the building.

We hope this allows for more family interaction and socialization until we can fully allow visitors. Thank you so much for your support and understanding as we work to continue keeping your loved ones safe and healthy.

—Lisa Winterstien, Director of Health Services

## RESIDENTS IN ACTION

Each week we are slowly starting to re-implement group activities and dining as we continue to work with our state and federal government to follow the required safety regulations and practices. The good news is, we are able to at least do a little more socializing as time progresses. Within the last couple of weeks we have been doing

some group exercise, group bingo, group worship and group dining, while still maintaining distancing requirements. We are seeing a great boost in morale as we get residents out and active a bit more. We look forward to continuing to expand activities as time goes on.

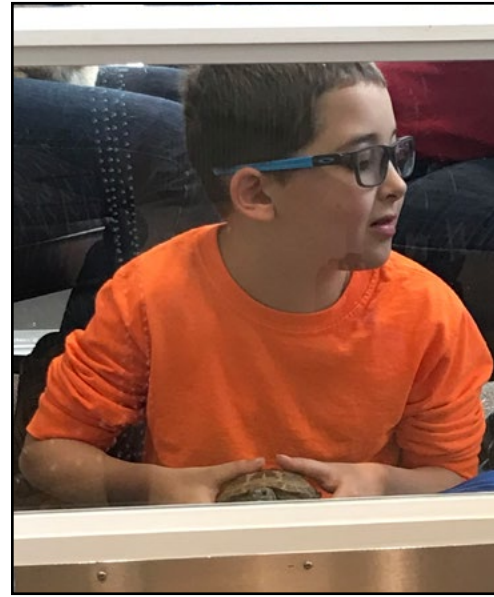
– **Michael Pollock, Director of Lifestyle & Wellness**



Barb watches a rabbit during a pet visit.



Barb gets a closer look at a rabbit during a pet visit.



A volunteer holds up a turtle to the window so it can see inside.



Donna enjoys watching a dog play during a pet visit.



Volunteers bring pets to visit residents.



Joel, a veteran, is honored during a special military pinning ceremony.

## A MONTH IN REVIEW

Salon Day finally arrived! After many months of waiting, we have finally been able to utilize salon services again. We had many residents participate and

everyone felt refreshed and rejuvenated at the end of the day.

– **Michael Pollock, Director of Lifestyle & Wellness**



George enjoys a day at the salon.



Donna gets her hair done.



Donna loves her new haircut.



Edie gets pampered at the salon.



Edie shows off her new haircut.