

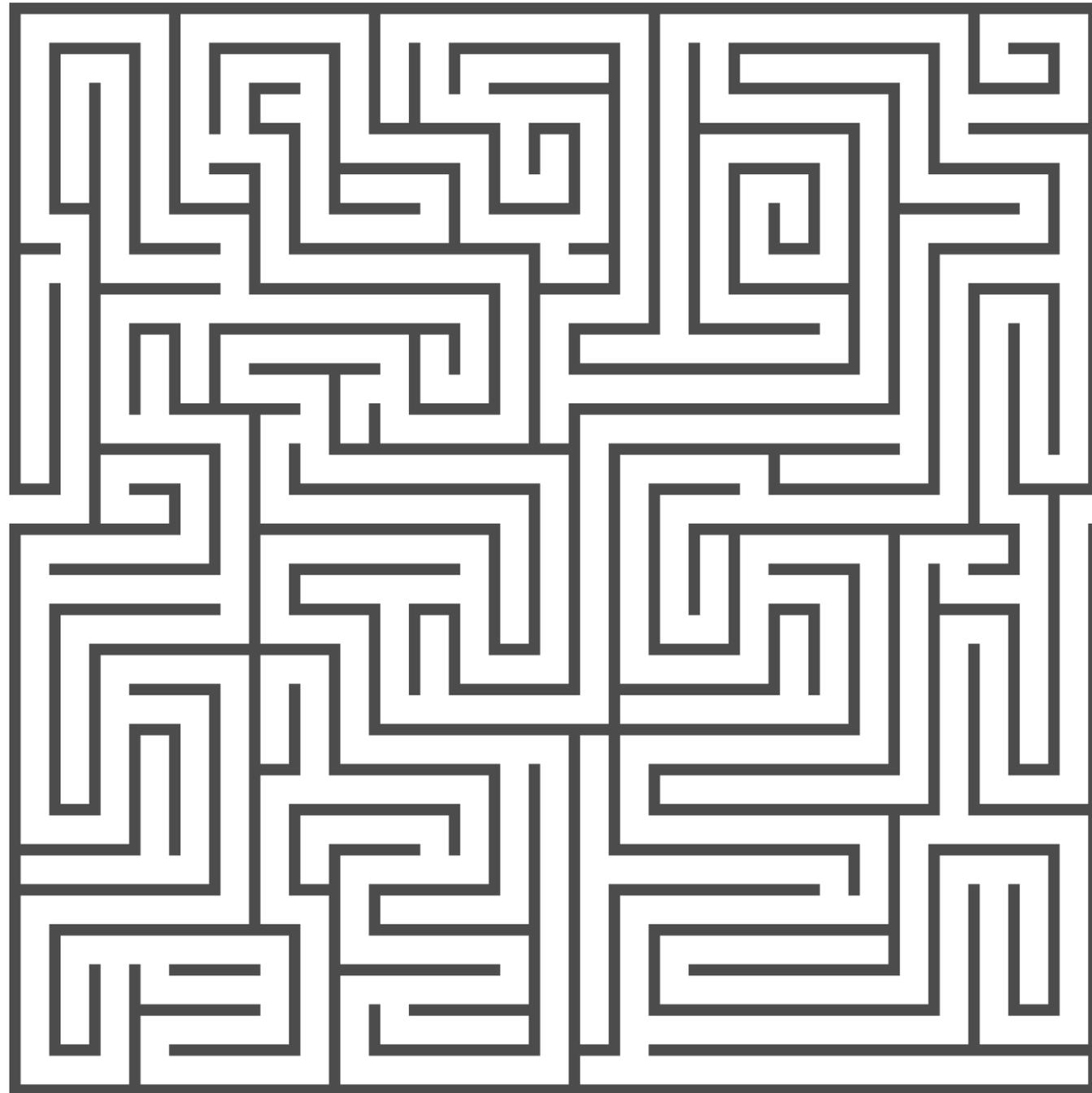
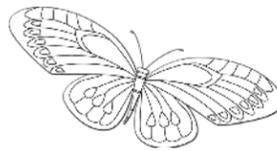
"The best way to predict your future is to create it."
— Abraham Lincoln

September 2020

NEIGHBORHOOD News

A monthly newsletter for the Cottages
at Hillcrest Country Estates

Activity Page



SEPTEMBER BIRTHDAYS

Sept. 7: Jean Owens Sept. 12: Shirley Blessing
Sept. 7: Carol Petersen Sept. 20: Roberta Cline
Sept. 7: Sandra Crook Sept. 21: Margaret Pryor
Sept. 8: Everett Hopkinson Sept. 29: Jean Hankins

WELCOME TO COTTAGE LIFE!

Allan Twedt

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Ashley Walters, (402) 885-7010

ASSISTANT ADMINISTRATOR:

Tim Snyder, (402) 885-7230

DIRECTORS OF CLINICAL SERVICES:

Tami Harms, (402) 885-7021

Loretta Pierce, (402) 885-7280

DIRECTOR OF MAINTENANCE:

Rick McHenry, (402) 885-7018

DIRECTOR OF CULINARY:

Jamie Hobson, (402) 885-7019

DIRECTOR OF REHAB:

Megan Kathman, (402) 885-7467

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

Ashley's Notes



Hello, everyone! I would like to introduce myself as the new Administrator of Hillcrest Country Estates Cottages. I have been with Hillcrest for three years. I started at Hillcrest Shadow Lake as the Recreation Director. There, I completed my Administrator training and earned my Administrator license. For the

past few months I have been working as the Assistant Administrator here at the Cottages. I grew up on a farm in northeast Nebraska and now live outside of Omaha with my husband and step-daughter. I received a bachelor's degree in exercise science from Wayne State College and a master's degree in healthcare administration from Bellevue University. I am so excited for this new opportunity, and I look forward to getting to know you all better. I am also thrilled to announce that Tim Snyder has joined the Cottages team as the new Assistant Administrator. The team at Hillcrest Country Estates Cottages is dedicated to serving our elders and providing them with the best care possible and I am so happy to have been given the opportunity to do just that!

The Sarpy Walk to End Alzheimer's is on Saturday, September 12th. To register for this virtual event, visit hillcresthealth.com/EndAlz. We hope you can join us in supporting this great cause!

—Ashley Walters, Administrator

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

MEET TRILBY

Happy September everybody! I would like to take a moment to introduce myself. My name is Trilby Connolly, and I'm the new Administrative Office Coordinator at the Cottages. I've worked with Hillcrest

Rehab Services for three years, and I am so excited to be serving the elders at the Cottages in this new role!

-Trilby Connolly, Administrative Office Coordinator



Katarina practices her hula hooping skills.



Dr. Anna participates in the competition.



Roberta enjoys a snack.

A MONTH IN REVIEW

Last month we had a lot of fun activities. Our favorite was the hula hooping competition we held. Both team members and elders participated. Laughter is the best medicine, and there certainly was a lot of

smiling and laughing during the competition! We will definitely have to have a rematch in the coming months!

-Trilby Connolly, Administrative Office Coordinator



Team members compete as elders cheer them on.



Jaime, April and Katarina get ready for the hula hooping competition.