

"Embrace the glorious mess that you are."  
 —Elizabeth Gilbert

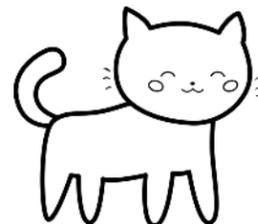
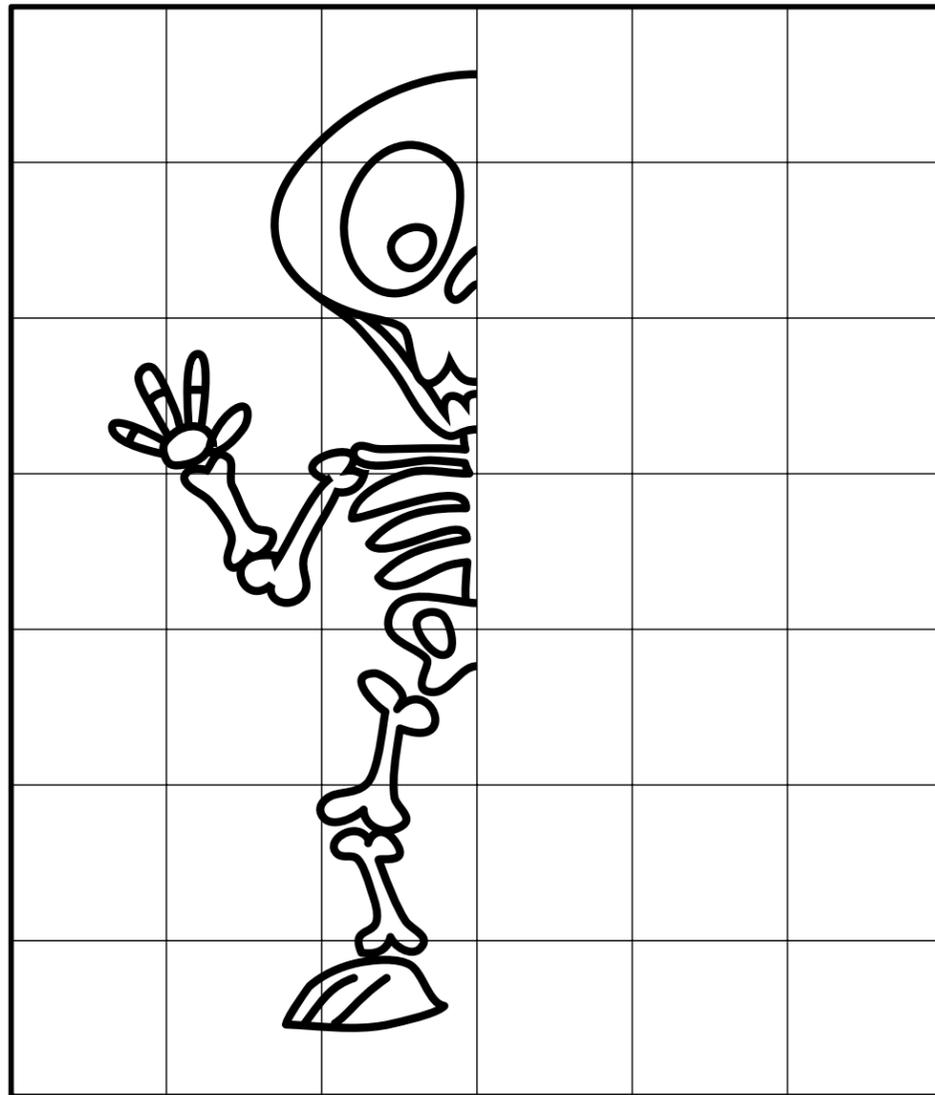
October 2020

# NEIGHBORHOOD News

A monthly newsletter for the Cottages  
 at Hillcrest Country Estates



## Activity Page



**Complete the picture!**



### OCTOBER BIRTHDAYS

- Oct. 4: Glen Dormer
- Oct. 5: Joyce Mapes
- Oct. 14: Kathleen Weber
- Oct. 21: Larry Finley
- Oct. 25: Clayton Snider

### WELCOME TO COTTAGE LIFE!

Doreen Shapiro, Beulah Hogate,  
 Shirley Des Rosiers

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Ashley Walters, (402) 885-7010

**ASSISTANT ADMINISTRATOR:**

Tim Snyder, (402) 885-7230

**DIRECTORS OF CLINICAL SERVICES:**

Loretta Pierce, (402) 885-7280

**DIRECTOR OF MAINTENANCE:**

Rick McHenry, (402) 885-7018

**DIRECTOR OF CULINARY:**

Jamie Hobson, (402) 885-7019

**DIRECTOR OF REHAB:**

Megan Kathman, (402) 885-7467

**REGIONAL ADMINISTRATOR:**

Dave Creal, (402) 933-4690

### Ashley's Notes



Hello, everyone. I wanted to give an update on the return of some services over the past month. We have started to bring the beauticians, podiatrists and dental services back. I know our elders enjoy having their hair styled. The beauticians will be working on hair cutting first and then move to colors and perms.

We have a schedule in place to make sure everyone is seen and gets pampered as they should. If you have any questions regarding this please reach out to your Cottage Guide or me.

As we head into October I can't believe the year has gone by so fast! This time of year is always my favorite. I enjoy being outdoors and seeing the leaves change. This year will be a little different as we only have half of a season of Husker football. When the season opener kicks off later in October we plan to have a tailgate with our elders to celebrate and cheer for a Husker win as safety protocols allow. This month we will have several fun events planned for the elders in the Cottages.

—Ashley Walters, Administrator

### ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



## ELDERS IN ACTION

We have a lot of fun activities planned for October! First, we'll be celebrating National Smile Day on October 2 with fun, smiley face themed arts and crafts. We love sweet treats at the Cottages so, of course, we will be celebrating National Dessert Day on October 14. There will be goodies in every cottage! We will be exercising our creativity on National Pumpkin Day on October 26. Elders will decorate pumpkins by

carving and painting them! Finally, we will finish up the month with some trick-or-treating in each cottage on October 30. We will miss having people from the community come to the Cottages for trick-or-treating, but we will make sure that our elders still have a chance to get in the Halloween spirit and enjoy lots of candy. It's going to be a great month at the Cottages!  
-Trilby Connolly, Administrative Office Coordinator



Roberta gets some fresh air.



Virginia enjoys the sunshine

## A MONTH IN REVIEW

Last month was filled with a lot of great activities here at the Cottages! We've done manicures, played bingo and have eaten a lot of delicious treats! Elders have especially been enjoying our weekly happy hour where they get to try fun drinks. We also had

a socially distanced pizza party in each cottage. It was such a big hit, so we will definitely have to hold another pizza party sometime soon!

-Trilby Connolly, Administrative Office Coordinator



Roberta enjoys some music.



Bud sings along during an Elder DJ session.



Virgil smiles while wearing his Nebraska hat.



Dick requests a song during an Elder DJ session.