

"Patience is not simply the ability to wait – it's how we behave while we're waiting." – Joyce Meyer

November 2020

NEIGHBORHOOD News

A monthly newsletter for the Cottages at Hillcrest Country Estates

Activity Page

T A C O R N S P K X E Q Q C D B A D
 H Q F A L L I L I J G W P R G C Y W
 A T U R K E Y C A E Q J U A V P Z I
 N F P C L E A V E S R W M N F K L Q
 K M I D Q N Z Z A J H D P B E W A Y
 S S L X Q H A R V E S T K E A U C W
 G U G O G R A T E F U L I R S K F L
 I O R Y A M Z L O Q C I N R T U P C
 V W I F A M I L Y T F W S I C U R O
 I G M T N X U A I Q X U Y E W D O R
 N V S B R W F Y U I F C N S K Z N N
 G Q W B K J J J V I Z H S H Y U X P

Thanksgiving Pie	Fall Pumpkins	Harvest Grateful
Turkey	Acorns	Yam
Cranberries	Corn	Feast
Leaves	Family	Pilgrims

Find all the words!



NOVEMBER BIRTHDAYS

Nov. 13: Rebecca Hegdahl
 Nov. 20: Marilyn Brown
 Nov. 29: Allan Twedt
 Nov. 30: Doreen Shapiro

WELCOME TO COTTAGE LIFE!

Suzanne Mollner

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Ashley Walters, (402) 885-7010

ASSISTANT ADMINISTRATOR:

Tim Snyder, (402) 885-7230

DIRECTORS OF CLINICAL SERVICES:

Loretta Pierce, (402) 885-7280

DIRECTOR OF MAINTENANCE:

Rick McHenry, (402) 885-7018

DIRECTOR OF CULINARY:

Jamie Hobson, (402) 885-7019

DIRECTOR OF REHAB:

Megan Kathman, (402) 885-7467

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, please contact Abby at (402) 885-7000.

Ashley's Notes



Greetings, all! There are some new and exciting things happening at Hillcrest Country Estates. We are opening a new Dimensions™ Cottage for those experiencing the dementia journey. If you would like to schedule a private tour please let me know.

This month we will also be welcoming several new team members to the Hillcrest family.

I would like to introduce two new Cottage Guides, Heather Penc and Jessica McCarthy. We have a new Marketing Counselor, Stephanie Sass, and as we launch our new Dimensions™ Cottage, Allie Hobson will be our Dimensions™ Coordinator. These team members all start on November 2nd. Our new Dietitian, Caitlyn Booms, will be starting on November 9th.

The holidays are going to look a little bit different this year. Maintaining relationships while being distant is a challenge but one we are ready to meet. We are going to make some new traditions and great memories this holiday season. If you would like to schedule a FaceTime please reach out to your Cottage Guide. In addition to video chats, we want to open up for families to visit and are working to find a safe way to do that. More to come on this as there is certain criteria we need to meet. If you have any questions please reach out to me at (402) 885-7000 and I will be happy to answer any questions.

Just a reminder that it is cold and flu season, please be super diligent with proper hand hygiene. Hand washing is a good way to prevent the spread of germs and to stay happy and healthy during the holiday season.

—Ashley Walters, Administrator

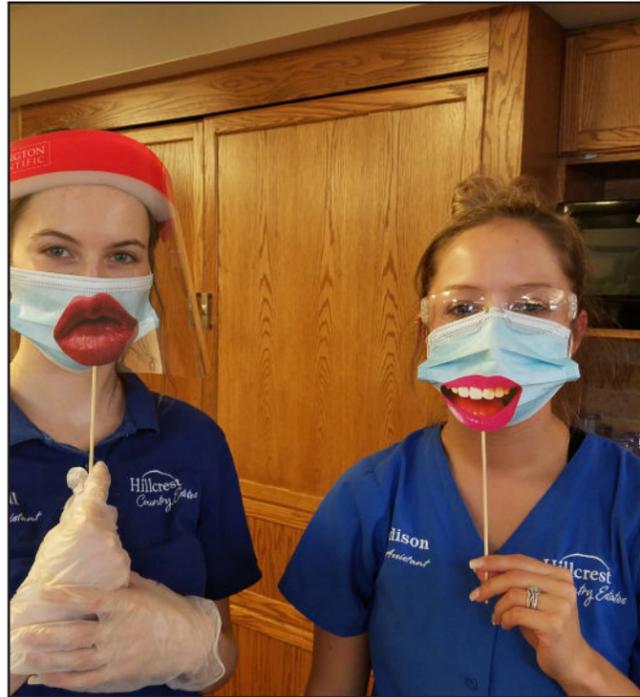
ELDERS IN ACTION

I hope your sweet tooth is ready because November 4th is National Candy Day. We're going to be trying a variety of tasty new candies! Then on November 16th we're going to be celebrating National Button Day with some cute button-themed arts and crafts! I can't wait to see the fun stuff everyone makes.

Finally, the whole week leading up to Thanksgiving we're going to be doing Thanksgiving-themed crafts and games to get into the Thanksgiving spirit. It's going to be a great month here at the Cottages!
-Trilby Connolly, Administrative Office Coordinator



Clayton paints a beautiful picture frame.



Team members April and Madison celebrate National Smile Day.



James smiles on National Smile Day.



Emma enjoys arts and crafts time.



Peter spends some time visiting with his family virtually.



Joann holds up a smile on National Smile Day.

A MONTH IN REVIEW

In October we had a lot of fun! On October 2nd we celebrated National Smile Day. We made paper lip props for our own smiley photos. Even people wearing masks can show off a smile with those! With the weather getting cooler we have been doing more arts

and crafts, and elders have been getting very creative. We also enjoyed having our own mini trick-or-treating in each cottage on Halloween. Elders got a ton of candy!

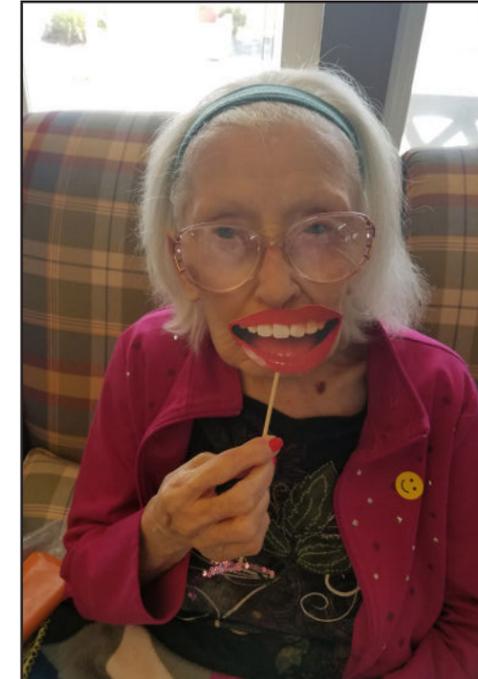
-Trilby Connolly, Administrative Office Coordinator



Team member Haley poses with a colorful pair of paper lips.



Virginia participates in National Smile Day.



Elaine enjoys National Smile Day.



Roberta takes part in National Smile Day with a fun pair of paper lips.



Team member Nicole smiles at the camera.



Millie sports a bold pair of paper lips on National Smile Day.