

"When I started counting my blessings, my whole life turned around." -Willie Nelson

NEIGHBORHOOD News

A monthly newsletter for the Cottages at Hillcrest Country Estates

Three Tips for Breathing Better



NOVEMBER BIRTHDAYS

Nov. 9: Vernon Herrmann
Nov. 13: Eleanor Drzaic
Nov. 20: Marilyn Brown

WELCOME TO COTTAGE LIFE!

Vernon Herrmann
Thelma Horn
Laurence Smith

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Tara Gabel, (402) 885-7010

DIRECTORS OF CLINICAL SERVICES:

Tami Harms, (402) 885-7021

DIRECTOR OF MAINTENANCE:

Rick McHenry, (402) 885-7018

DIRECTOR OF REHAB:

Megan Kathman, (402) 885-7467

REGIONAL ADMINISTRATOR:

Michelle Yosick, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, please contact Abby at (402) 885-7000.



6082 Grand Lodge Avenue, Papillion, NE 68133
(402) 885-7000 | hillcresthealth.com



NOVEMBER HIGHLIGHTS

Cottages 40/50

Nov. 14: Grand Lodge Cinema, 1 p.m.
Nov. 19: Johnny's Café, 11 a.m.

Cottages 60/70

Nov. 7: Target Outing, 1 p.m.
Nov. 21: Grand Lodge Cinema, 1 p.m.

Cottages 72/82

Nov. 5: Twin Creek Cinema, TBD*
Nov. 18: Lansky's Outing, 11 p.m.

Cottages 80/90

Nov. 11: Grand Lodge Cinema, 9:30 a.m.
Nov. 25: Smallcakes Cupcakery, 1 p.m.

*\$5 movie and free popcorn

FEATURED EVENT

Thanksgiving Pie Social
Tuesday, November 26, 3-4:30 p.m.

All Cottages

Come join us for a Thanksgiving Celebration and Pie Social!

RSVP to Abby: (402) 885-7000 or
abrandt@hillcresthealth.com

Michelle's Musings



I'm pleased to announce that Tara Gabel has been hired as the Administrator of Hillcrest Country Estates Cottages. She is excited to join Hillcrest and is looking forward to getting to know all of you.

Tara was most recently the Administrator at River City Nursing and Rehabilitation, a 174-bed facility in Omaha. Prior to that she worked as a traveling Administrator for Trillium in Nebraska and Iowa and was an Administrator with Golden Living. She has a Master's in Health Care Administration and is a Respiratory Therapist. Tara is married with four children. Her hobbies include watching football, camping and attending live music events. She is very passionate about providing quality care to our elders and families. Tara believes developing and fostering the growth of our team members is vital to ensuring our elders receive the best care possible.

Please join me in welcoming Tara to our Hillcrest team! She has enjoyed her first week here and getting to meet some of you.

It has been a pleasure for me to serve the Hillcrest Country Estates Cottages over the last month. I look forward to seamlessly transitioning Tara into her role as administrator over the next few months. Please do not hesitate to reach out if you have any questions.

-Michelle Yosick, Regional Administrator

ELDERS IN ACTION

This month is going to be one for the books for sure! Here at the Cottages we have lots of fun outings happening. Cottages 60 and 70 will be visiting Target on November 7th. Who doesn't love Target? You can't help but walk out with a cart full of goodies. Every cottage will be able to catch a great movie at the Grand Lodge Cinema and Twin Creek Cinema. Some of our

favorite restaurants are not to be forgotten. We will be enjoying delicious food at Lansky's, Johnny's Café and Smallcakes Cupcakery. The amazing cupcakes at Smallcakes will come just in time for some Thanksgiving desserts. Make sure to save room for turkey and stuffing!

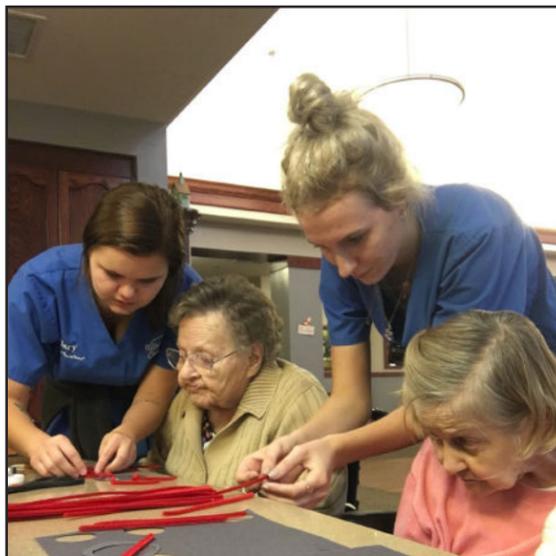
-Abby Brandt, Administrative Assistant



Tom enjoys a french toast and banana breakfast in Cottage 60.



Sandy gets her nails done by Keke.



Anna and Dee make spider crafts with Mary and Nicole.



Ham from Cottage 40 and Abby share a birthday.



Dee makes a Halloween ghost.

A MONTH IN REVIEW

Happy November! Last month the Cottages celebrated fall by going to the Bellevue Berry and Pumpkin Ranch. They went on haunted hayrack rides and saw the spooky attractions. They got to enjoy a lunch of hot dogs and hamburgers at the Hungry

Moose Restaurant. They even picked their own pumpkins to decorate their cottage with. We hope your fall is going well and everyone is looking forward to next year's trip to Bellevue Berry and Pumpkin Ranch!

-Abby Brandt, Administrative Assistant



Sara and Nicole pose for a picture.



Bud and Diana enjoy the fall weather.



Jeanette shows off her pumpkin.



Lee, Anna, Jeanette and Bud go on a haunted hayrack ride.



Sara, Lee, Anna, Bud, Jeanette and team members arrive at Bellevue Berry and Pumpkin Ranch.