

*"Positive anything is better than negative nothing"*  
 — Elbert Hubbard

March 2021

# NEIGHBORHOOD News

A monthly newsletter for the Cottages  
 at Hillcrest Country Estates

## Activity Page



F A M F J I X K F R B B W W C L I A  
 E S L L S E A I U S B F Y Y U E T M  
 Z Y Q O E Y T Z X R S F O D F P T S  
 E D G W F A M N F I G S N Y P R L Z  
 F H H E P H V A U H R F J K W E O A  
 O G D R M Q Y H R F K I V S S C Y G  
 I E Z S Y D R R L C U V S B Y H U I  
 S X E C L O V E R W H Z M H X A A C  
 M I S T P A T R I C K S D A Y U V D  
 H E S P Z N F B M M N R C T R N R U  
 P L U C K M R A I N B O W G X Z U B  
 C N M S P R I N G T Y V E I S G B G

**Clover  
 Flowers  
 Irish**

**Leprechaun  
 Luck  
 March**

**Rainbow  
 Spring  
 St. Patrick's Day**



Find the Words!



### MARCH BIRTHDAYS

Mar. 7: Karen Smidt      Mar. 14: Nicholas Wees  
 Mar. 11: Eunice Brundieck      Mar. 17: Genevieve Hrdy  
 Mar. 11: Ronald Stevens

### WELCOME TO COTTAGE LIFE!

Janet Carrico  
 Evelyn Whitehill  
 James VanRoy

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**  
 Ashley Walters, (402) 885-7010  
**ASSISTANT ADMINISTRATOR:**  
 Tim Snyder, (402) 885-7230  
**DIRECTOR OF CLINICAL SERVICES:**  
 Chris Johnson, (402) 885-7280  
**DIRECTOR OF MAINTENANCE:**  
 Rick McHenry, (402) 885-7018  
**DIRECTOR OF CULINARY:**  
 Jamie Hobson, (402) 885-7019  
**DIRECTOR OF REHAB:**  
 Megan Kathman, (402) 885-7467  
**REGIONAL ADMINISTRATOR:**  
 Tammy Deemer, (402) 982-9376

### ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email.  
 If you'd like to be included on the distribution list,  
 please contact Trilby at (402) 885-7000.

### Ashley's Notes



Greetings, all! I am excited for the warmer weather that is coming our way. It will be nice to be outside and enjoy the warm weather, greenery and flowers. I am excited for the changes in weather, as spring is one of my favorite seasons! This means we will be able to do more outdoor activities rather than just doing indoor activities. With the past year being as interesting as it was, I know we all are looking forward to the chance to feel the fresh air and enjoy the sunshine.

I would also like to welcome Dana Dober and Laurel Wilson to the Hillcrest Team. They are both new Clinical Care Coordinators for Hillcrest Country Estates Cottages. They will bring a lot of knowledge and expertise to share with other team members. I am so thankful for the amazing team we have at the Cottages. We have a solid team for clinical leadership and welcome any questions you may have for our team.

It is still cold and flu season so please continue to be diligent in protecting yourself and loved ones. Simple steps like washing your hands and wearing a mask can go a long way. If you have any questions, please let me know, I can be reached at [awalters@hillcresthealth.com](mailto:awalters@hillcresthealth.com).

—Ashley Walters, Administrator



## ELDERS IN ACTION

March is going to be a busy month! We have some fun and treats planned for our elders and hopefully some warmer temperatures. We'll be starting off the month on March 1 with National Peanut Butter Lover's Day! On March 3 we will show appreciation for our hardworking team with our own Caregiver Appreciation Day. Our team members will get creative

with National Plant a Flower Day on March 12 and then of course, there are St. Patrick's Day festivities planned for March 17. We will cook up some waffles for breakfast on March 25 for National Waffle Day. We'll finish up the month with crafts and coloring on March 31, National Crayon Day!  
-Trilby Connolly, Administrative Office Coordinator



Barb creates a beautiful necklace.



Rita makes a Mardi Gras mask.



Bill makes a fun heart craft.



Bernice celebrates Valentine's Day.



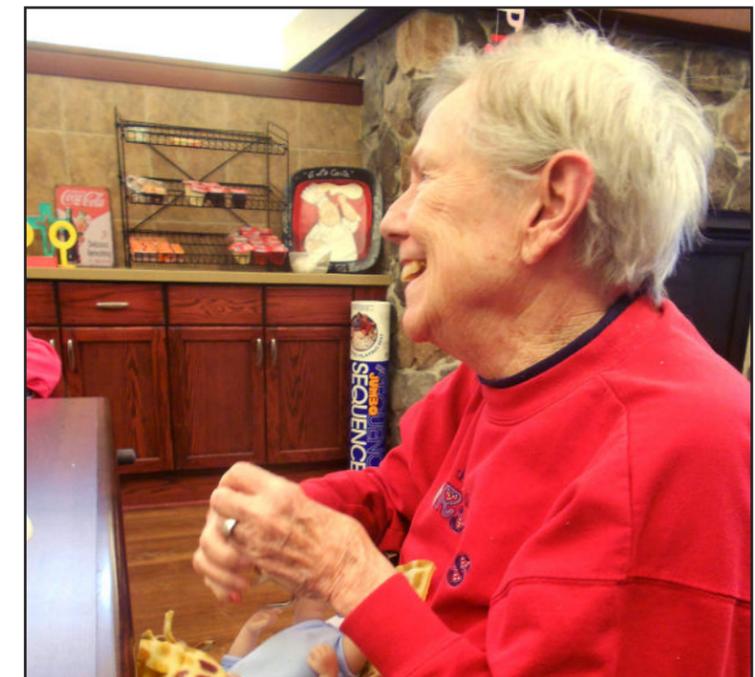
Tim plays guitar for elders in Cottage 60.



Shirley plays a game of bingo.



Kathleen works on a special craft for Valentine's Day.



Janice plays with her fidget blanket.

## A MONTH IN REVIEW

February was a lot of fun! Our elders enjoyed crafts and tasks to keep them engaged and entertained. Our elders enjoyed making Mardi Gras masks. They got super creative with feathers and beads to complete their look. We also celebrated Valentine's Day. There

were hearts everywhere!

We want to thank our wonderful volunteers for their inventive and functional fidget blankets, they have been a wonderful accessory for our elders.

-Trilby Connolly, Administrative Office Coordinator