

"Spring is nature's way of saying, 'Let's Party!'"
—Robin Williams

March 2020

NEIGHBORHOOD News

A monthly newsletter for the Cottages
at Hillcrest Country Estates

Fun Spring Activities

March 19th is the first official day of spring! In spring everything is fresh and the weather starts to warm up again. To celebrate this wonderful season, here are three activities for you to try.

Redecorate: Bring spring inside with fun spring decorations. Create colorful paintings to hang on the wall, or cut some flowers out of fun paper. You can even put them on your front door!

Plant a Flower: And speaking of decorations, what better decoration than fresh flowers? Did you know that the first flowers to bloom are typically dandelions, daffodils and tulips according to justfunfacts.com? Try growing your own flowers in a small pot or jar. Then put them by a window so your new plant can enjoy the sun. This way you can appreciate the beauty of nature from the comfort of the indoors.

Explore Nature: As you're waiting for your new plant to grow, go outside and explore nature. Make the adventure even better by bringing a picnic with you. Maybe even splash in some puddles while you're there, just make sure you wear your rain boots!

Try some of these fun activities as you enjoy this great season. What other ideas can you come up with to celebrate spring?



MARCH BIRTHDAYS

March 5: Raymond Kriskey
March 22: Patricia Partusky
March 22: Marilyn Brown
March 25: Evelyn Snider
March 28: Mary Ann Todd
March 31: Betty Barlow

WELCOME TO COTTAGE LIFE!

Carol Hunter
Anne Whitcomb
Mercedes Aguirre
Marie Soula

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Tara Gabel, (402) 885-7010

DIRECTORS OF CLINICAL SERVICES:

Tami Harms, (402) 885-7021

Loretta Pierce, (402) 885-7280

DIRECTOR OF MAINTENANCE:

Rick McHenry, (402) 885-7018

DIRECTOR OF CULINARY:

Jamie Hobson, (402) 885-7019

DIRECTOR OF REHAB:

Megan Kathman, (402) 885-7467

REGIONAL ADMINISTRATOR:

Dave Creal, (402) 933-4690

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, please contact Abby at (402) 885-7000.



MARCH HIGHLIGHTS

Cottages 40/50

March 11: Village Inn Brunch Outing, 10 a.m.
March 19: Grand Lodge Cinema, 1 p.m.

Cottages 60/70

March 4: Dunkin' Donuts® Outing, 10 a.m.
March 18: Summer Kitchen Cafe Outing, 10 a.m.

Cottages 72/82

March 12: Outback Steakhouse Outing, 11 a.m.
March 31: Twin Creek Movie Outing, showtime TBD

Cottages 80/90

March 3: Twin Creek Movie Outing, showtime TBD
March 25: KFC Lunch Outing, 11 a.m.

FEATURED EVENT

St. Patrick's Day Party

Tuesday, March 17

(Check cottage calendars for specific times)

Come enjoy some St. Patrick's Day themed food and fun!

Tara's Take



The first few months of 2020 have been filled with lots of team member development and a focus on leadership. We have a phenomenal team here at the Cottages, with so many strengths and opportunities to learn from each other. We are really digging into what we can do to make every day better for the elders we serve

here. We are working hard to ensure we are providing the best care possible.

I have been happy with the feedback I've gotten and the conversations that I have had with elders and family members. It is wonderful that we are able to work together to create an awesome experience. I am looking forward to the warmer weather so we can all enjoy our beautiful campus to its entirety. The leadership team and I are planning an active, enjoyable spring that allows all of us to spend time together!

—Tara Gabel, Administrator



Volunteers from Kiewit celebrate Valentine's Day at the Cottages.



ELDERS IN ACTION

This month we hope to see the weather warm up a bit! We will be taking advantage of any nice weather with plenty of outings. We will be enjoying Outback Steakhouse®, KFC and Summer Kitchen Cafe. Coffee is always a favorite of ours here at the Cottages so we will be visiting Dunkin' Donuts® and Village Inn as well. Who doesn't love a great movie deal? On March 3rd and 31st we will be seeing a movie at Twin

Creek Cinema for their \$5 Tuesdays with free popcorn! The Grand Lodge is also a familiar place to catch a great movie so we will head there on March 19th. Spring will hopefully be in the air, and we can't wait to make some bright colored crafts. Come on Mother Nature, bring the nice, warmer weather! After March we will be singing "April showers bring May Flowers." -Abby Brandt, Administrative Assistant



Evelyn makes beautiful hearts.



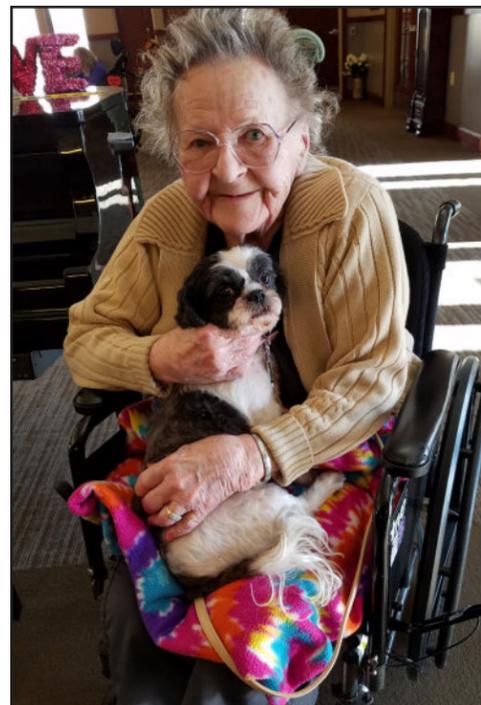
JoAnn makes Valentine's Day crafts.



Emma enjoys some cookies.



Cottage 60 enjoys their Valentine's Day Party.



Anna loves her adorable dog.

A MONTH IN REVIEW

In February we celebrated the day of love, Valentine's Day! For the second year in a row we were very lucky to have volunteers from Kiewit come to the Cottages. They made crafts, decorated cookies and ate some holiday themed treats with us. They had so much fun and we wanted to keep the parties going all

evening long. We were sad to see them go. Can you say sugar overload? Holidays are known for that, and we weren't disappointed this Valentine's Day. We had many snacks, treats and even sherbet to top it all off. -Abby Brandt, Administrative Assistant



Anna shows off her Valentine's Day crafts.



Genevieve holds the plaque that the Cottages received from U.S. News & World Report for being voted one of the Best Nursing Homes for 2019-2020.



Dee poses with her Valentine's Day crafts.



Marie and Maryann enjoy Valentine's Day snacks.