

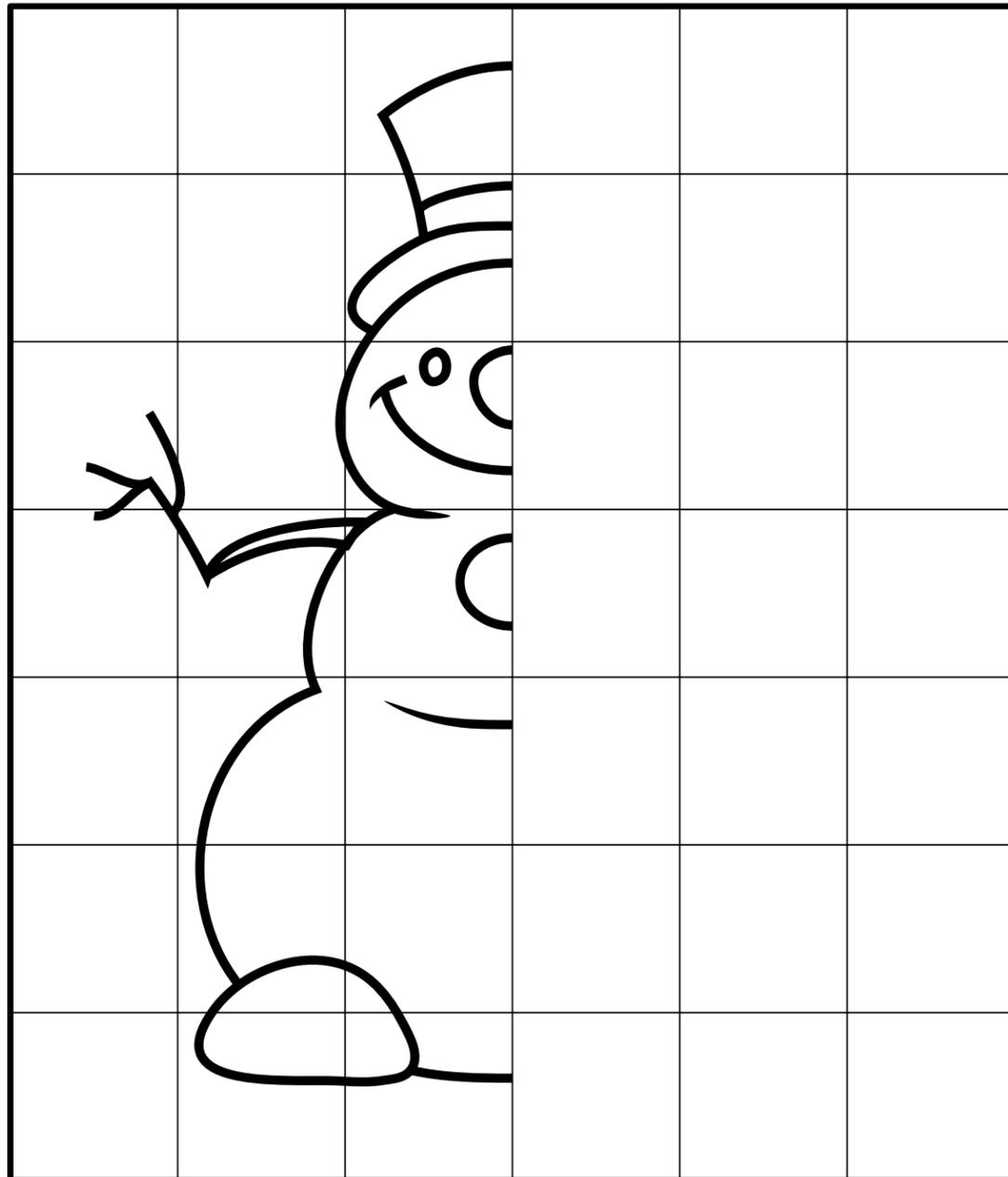
*"With the new day comes new strength and new thoughts."
—Eleanor Roosevelt*

February 2021

NEIGHBORHOOD *News*

A monthly newsletter for the Cottages
at Hillcrest Country Estates

Activity Page



Complete the Picture!



FEBRUARY BIRTHDAYS

Feb. 4: Charlotte Sansone Feb. 16: Emma Karloff
Feb. 5: Sandra Friend Feb. 21: Joseph Hauptman
Feb. 14: Suzanne Mollner Feb. 28: Denise Jansen
Feb. 15: Carol Hunter

WELCOME TO COTTAGE LIFE!

Rita Dwyer, Lois Bowers, Susan Costanzo, Kathleen Sullivan, Joe Hauptman, Joan Benson, James Smith, Mary Noonan, Bill Hill, Kathleen Jorgensen, Marian Weis, Janice VanCleve

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Ashley Walters, (402) 885-7010

ASSISTANT ADMINISTRATOR:

Tim Snyder, (402) 885-7230

DIRECTOR OF CLINICAL SERVICES:

Chris Johnson, (402) 885-7280

DIRECTOR OF MAINTENANCE:

Rick McHenry, (402) 885-7018

DIRECTOR OF CULINARY:

Jamie Hobson, (402) 885-7019

DIRECTOR OF REHAB:

Megan Kathman, (402) 885-7467

REGIONAL ADMINISTRATOR:

Tammy Deemer, (402) 982-9376

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, please contact Trilby at (402) 885-7000.

Ashley's Notes



Greetings, everyone! This month we will be celebrating several national holidays. We will have a socially distanced Pie Social for National Cherry Pie Day on February 20. Don't worry, we will have lots of pie and there will be other varieties available for individuals who do not like cherry

pie. We will also be having a Valentine's Day Social on February 12. Our elders and team members are already working on fun heart-themed decorations to get us in the Valentine's Day mood. The Cottages will soon be filled with pink and red hearts! We also can't forget about the Super Bowl for our football fans (and those who like the commercials). Of course, we will have lots of fun tailgating-themed snacks to eat while we enjoy the game.

I would like to introduce Dana Dober, our new Clinical Care Coordinator at Hillcrest Country Estates. She started her nursing career in long-term care and always knew she would come back. We are excited for her to join us. With her knowledge and passion, she will be a great addition to the team.

It is cold and flu season so please continue with good hand hygiene. Hand washing/sanitizing helps to eliminate the spread of illness. Stay healthy and happy!
—Ashley Walters, Administrator



ELDERS IN ACTION

We have a lot of fun events planned for February. On February 5 we will be celebrating National Wear Red Day with some vibrant crimson outfits. We've already started decorating the Cottages with red and pink hearts, and throughout the month

we will be doing fun Valentine's Day-themed activities and crafts. On Valentine's Day we will be making special heart-shaped treats to enjoy! It's going to be a sweet month here at the Cottages.

-Trilby Connolly, Administrative Office Coordinator



Bill paints his birdhouse Husker red.



Marian perfects the art of painting birdhouses.



Janice enjoys an early morning game of noodleball.



Denise tries a sweet treat.

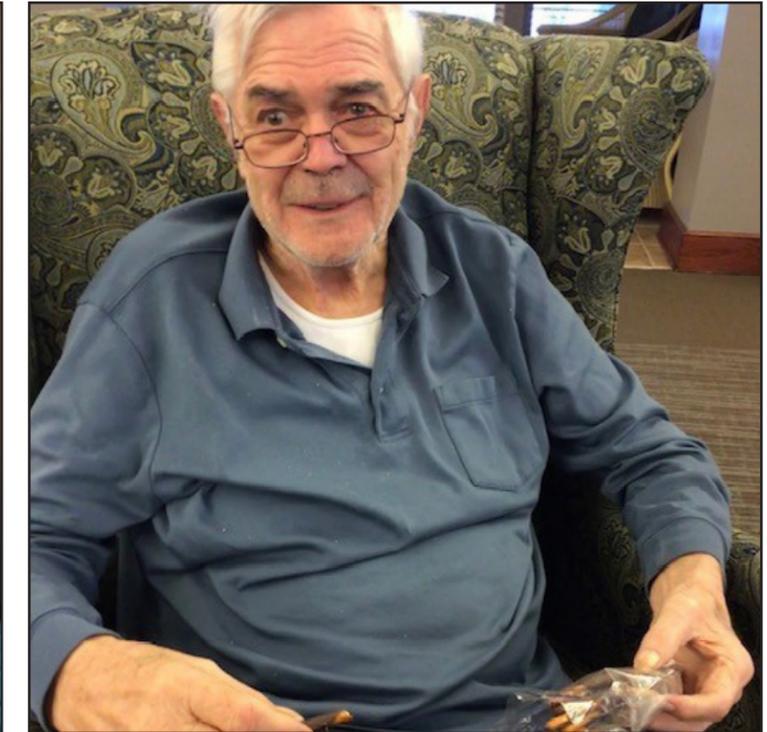
A MONTH IN REVIEW

Our Dimensions™ Cottage is fully open! Allie Hobson, our Dimensions Coordinator, has been busy keeping our new elders engaged and acclimating to their new homes. They have had happy hours, lots of activities and plenty of socially-distanced group time

so they can get to know each other.

On January 19 we celebrated National Popcorn Day. Popcorn is one of our favorite snacks here at the Cottages, so everyone enjoyed this special day.

-Trilby Connolly, Administrative Office Coordinator



Allen enjoys some chocolate.



Marion eats some candy.