

"Kindness is like snow. It beautifies everything it covers."
—Kahlil Gibran

December 2020

NEIGHBORHOOD News

Activity Page

A monthly newsletter for the Cottages
at Hillcrest Country Estates



DECEMBER BIRTHDAYS

Dec. 5: Anna Hluchoweckyj Dec. 15: Lois Eggers
Dec. 9: Maryann Soukup Dec. 16: Wanda Haynes
Dec. 13: Marion Zenker Dec. 19: Robert Weber
Dec. 14: Raymond Kriskey Dec. 29: Janice Lechler

WELCOME TO COTTAGE LIFE!

Carol Duncan, Bernice Baldauf, Karen Smidt

MEET THE LEADERSHIP TEAM

ADMINISTRATOR:

Ashley Walters, (402) 885-7010

ASSISTANT ADMINISTRATOR:

Tim Snyder, (402) 885-7230

DIRECTOR OF CLINICAL SERVICES:

Chris Johnson, (402) 885-7280

DIRECTOR OF MAINTENANCE:

Rick McHenry, (402) 885-7018

DIRECTOR OF CULINARY:

Jamie Hobson, (402) 885-7019

DIRECTOR OF REHAB:

Megan Kathman, (402) 885-7467

REGIONAL ADMINISTRATOR:

Tammy Deemer, (402) 982-9376

ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, please contact Trilby at (402) 885-7000.

Ashley's Notes



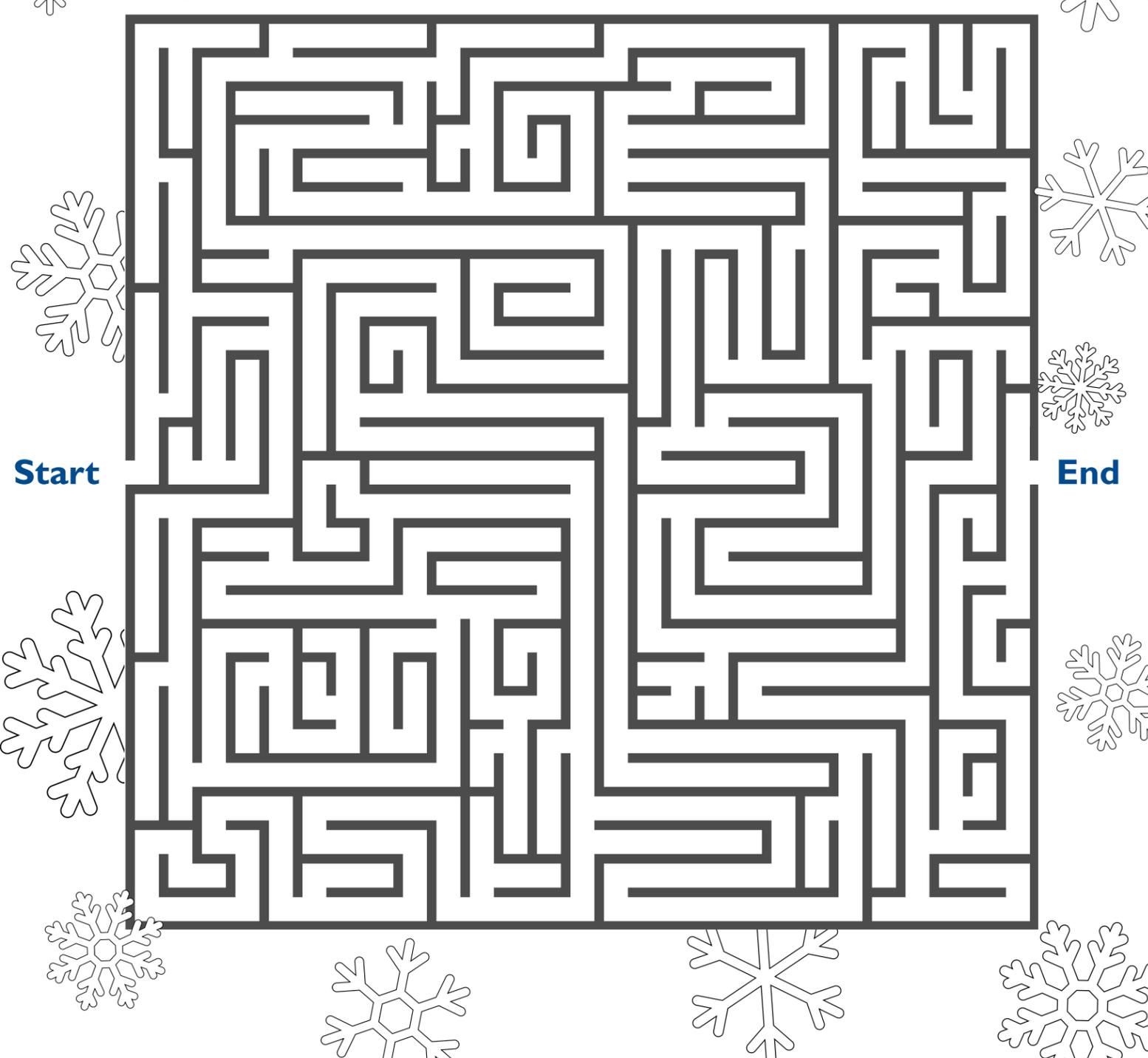
Greetings! As we head into December, we are getting ready to celebrate the holidays. This year has been challenging, so we are all looking forward to taking some time to appreciate the good things in life. The holidays will look very different this year, but we are working hard to make this a holiday to remember!

We will be having a caroling event at the Cottages sometime in December. It will be a great event for spreading holiday cheer while maintaining social distancing. We will decide the dates around the weather forecast and let family members know once the dates have been decided so they can join us. We will be providing coffee, hot chocolate and cookies to get everyone in the holiday spirit. We can't wait to see you all!

I want to introduce our new Director of Clinical Services, Chris Johnson. Chris will be starting on December 14th. She has lots of experience and we look forward to having her join our team. If you have any questions about anything please reach out to me at awalters@hillcresthealth.com.

Thanks and have a wonderful holiday season!
—Ashley Walters, Administrator

Happy Holidays!



ELDERS IN ACTION

Can you believe it is December? To get us in the holiday spirit, we will indulge our sweet tooth on National Cookie Day on December 4. To celebrate, we will be decorating cookies for a delicious snack. From December 7-11 we will be having our own Winter Wonderland Week with snowy arts and crafts.

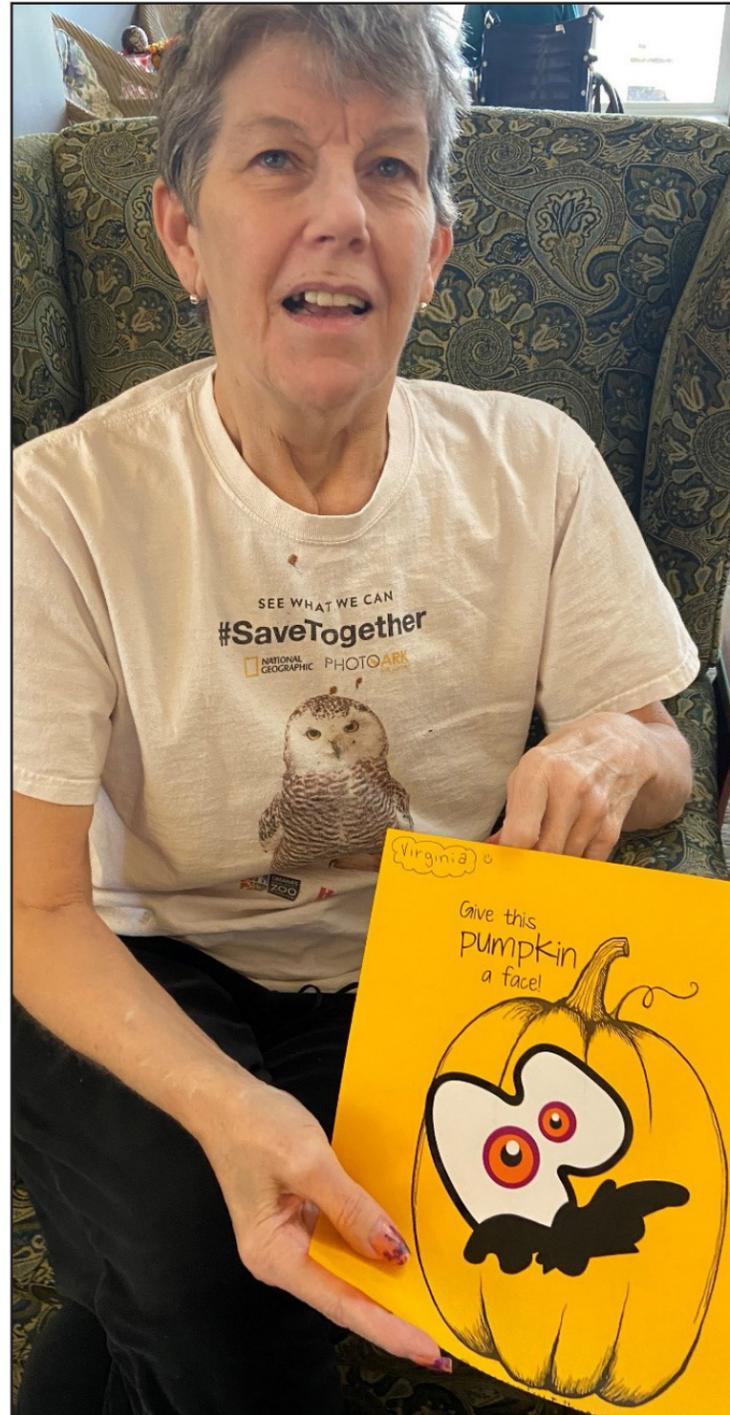


Peter is honored on Veterans Day.



Emma enjoys a piece of candy on National Candy Day.

The elders will enjoy making wreaths, snowmen and stockings as we begin our countdown to Christmas! December 16 is National Chocolate Covered Anything Day. From potato chips to fruit, from nuts to candy, anything is delicious when it's covered in chocolate!
-Trilby Connolly, Administrative Office Coordinator



Virginia puts a funny face on a pumpkin.

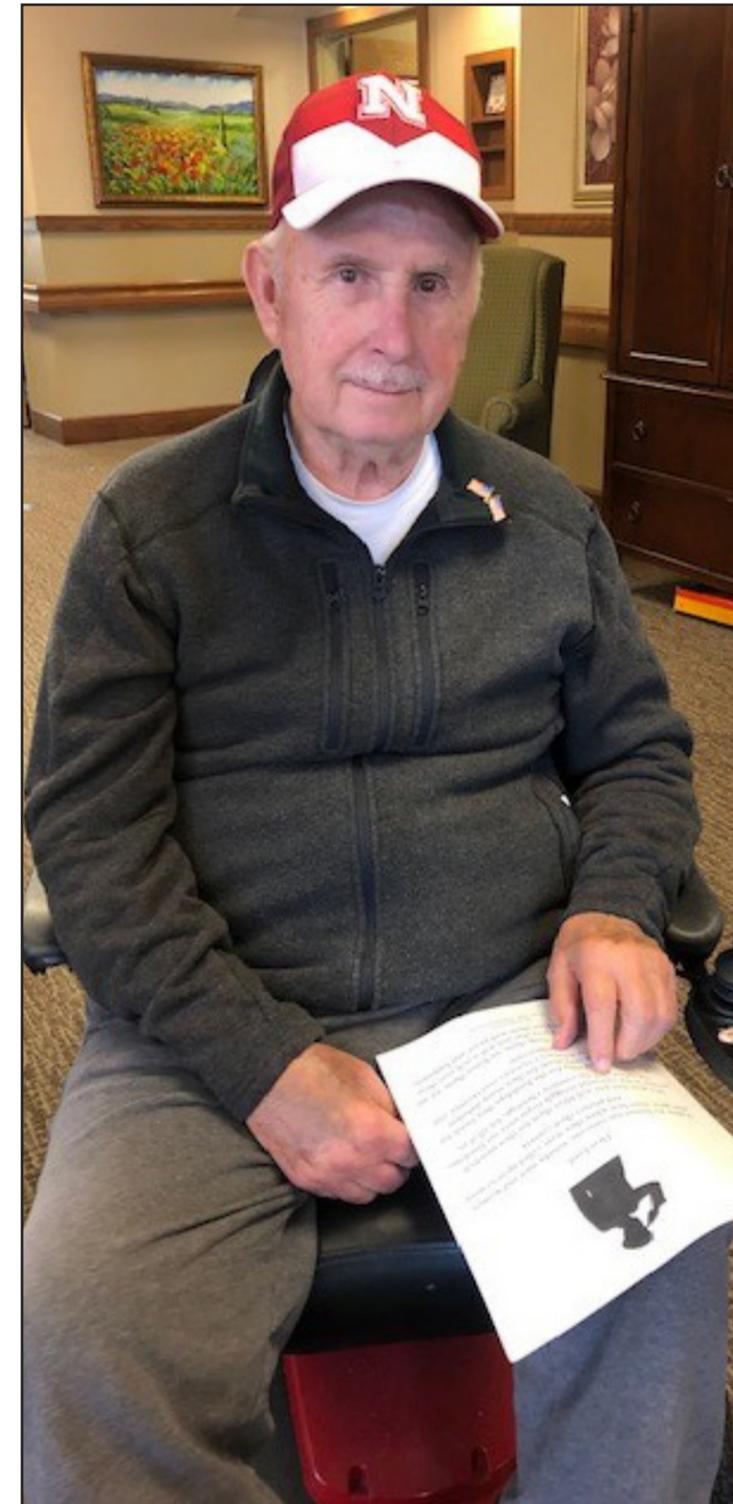
A MONTH IN REVIEW

In November, our elders launched into fall mode with pumpkin decorating and fall activities. We did arts and crafts, Thanksgiving word finds and Bingo! The elders loved National Candy Day and



Shirley draws a face on a pumpkin.

making funny faces on their pumpkins. The holidays are looking quite different this year, but we are making the most of it and making good memories along the way!



Virgil receives a letter of appreciation on Veterans Day.