

"If I know what love is, it is because of you."

—Hermann Hesse

August 2021

# NEIGHBORHOOD News

A monthly newsletter for the Cottages  
at Hillcrest Country Estates

## An Update on the Delta Variant



I wish I could say that the end of the pandemic is in sight, but sadly I can't. The Midwest is experiencing a surge in the number of new cases and hospitalizations related to the emergence of the Delta variant. Please consider this a completely new virus, as it is considerably more contagious and is causing more

serious infections. Here are some facts about the Delta variant:

- 1,000 times more viral shedding secondary to its ability to quickly replicate
- Much more serious illness secondary to the viral load and overwhelming your immune system, even in the young population
- More than twice as contagious as the original virus
- Estimated 88% protection with vaccine (however, one out of every 10 fully vaccinated individuals exposed could become infected)
  - Symptoms usually very mild with almost no risk of serious illness or hospitalization; remember to protect yourself even if vaccinated
- Spread is now primarily in the unvaccinated

As always, safety is our number one priority. We are constantly reviewing our safety protocols to make sure residents, guests and team members stay safe. As of right now, visitation policies remain the same. Visitation is allowed at all locations as long as the resident does not have COVID-19 and the building is not undergoing testing after an exposure. Please make sure you are healthy prior to visiting a loved one.

Call the building directly for the latest updates on visitation at each location. Thank you for your understanding and support as we make our way through this pandemic.

— Dr. Anthony Hatcher, Chief Medical Officer

## AUGUST BIRTHDAYS

August 4: Mary N.      August 24: Anita H.  
August 5: Loretta N.    August 29: Marvin L.  
August 7: Bruce E.      August 29: Genevieve P.  
August 18: Sharon S.

## WELCOME TO COTTAGE LIFE!

Phyllis C., Delane C., Carolyn L.,  
Marjorie B., Charlotte G.

## MEET THE LEADERSHIP TEAM

### ADMINISTRATOR:

Ashley Walters, (402) 885-7010

### ASSISTANT ADMINISTRATOR:

Katrina Bruner, (402) 885-7464

### DIRECTOR OF CLINICAL SERVICES:

Dana Dober, (402) 885-7280

### DIRECTOR OF CULINARY:

Eric Comer, (402) 885-7019

### DIRECTOR OF REHAB:

Megan Zuehlke, (402) 885-7467

### DIRECTOR OF ENVIRONMENTAL SERVICES:

John Severson, (402) 885-7018

### REGIONAL ADMINISTRATOR:

Tammy Deemer, (402) 982-9376

## HILLCREST FOUNDATION



The Hillcrest Foundation for Enhancing Lives, a charitable organization that improves the lives of older adults, is hosting its first-annual Golf Tournament

on Thursday, August 19 at Eagle Hills. There will also be an auction, with prizes including trips to Branson, Missouri, and Breckenridge, Colorado, that can be accessed online starting August 12. Visit [hillcrestfoundation.org](http://hillcrestfoundation.org) to register and learn more!



## AUGUST HIGHLIGHTS

August 2: National Coloring Day  
August 3: Watermelon Day  
August 6: Root Beer Float Day  
August 12: National Fries Day  
August 20: Lemonade Day  
August 27: National Coffee Day  
August 31: Eat Outside Day and Trail Mix Day

## FEATURED EVENT



### Furry Friends Visit Wednesday, August 18

Some of our wonderful pet therapy animals will be visiting each cottage!



## Annual Customer Satisfaction Survey

Watch for an email from "Hillcrest Health Services," which is actually from a national survey company, about the Annual Customer Satisfaction Survey. Please take a couple of minutes to complete it so we can know what, if anything, we could be doing better to create an amazing experience for you.

## Ashley's Notes



July was a busy month for us at Hillcrest Country Estates Cottages. We created a lot of great activities for the elders. Some of the highlights included fireworks, World Chocolate Day, National Lollipop Day and National Love is Kind Day. Here at the Cottages we are always open to new activities. If

you have any ideas you want to share, please talk to any of our team members.

We've had a lot of great additions and adjustments in our team recently. I'd first like to introduce our new Director of Culinary, Eric Comer. He has a wealth of knowledge he will bring to the table. Tom Hodder is moving from the in-cottage team in Cottage 82 to a role as our Cottage Support Assistant. Kendra Drake is our new Administrative Office Coordinator – you will be seeing her when visiting the Administrative Office. And finally, please welcome Katrina Bruner, our new Assistant Administrator. I am so excited to work with her to lead the Cottages and continue to provide great care to our elders.

We are doing our very best to keep all elders safe and healthy. We ask you to keep safety in mind before making a visit to the Cottages, especially with the Delta variant of COVID-19 increasing in numbers around the Midwest. Please follow the guidelines that we have posted in the entryway of each cottage.

We're looking forward to a wonderful August here at Hillcrest Country Estates. Have a great month, everyone!

—Ashley Walters, Administrator

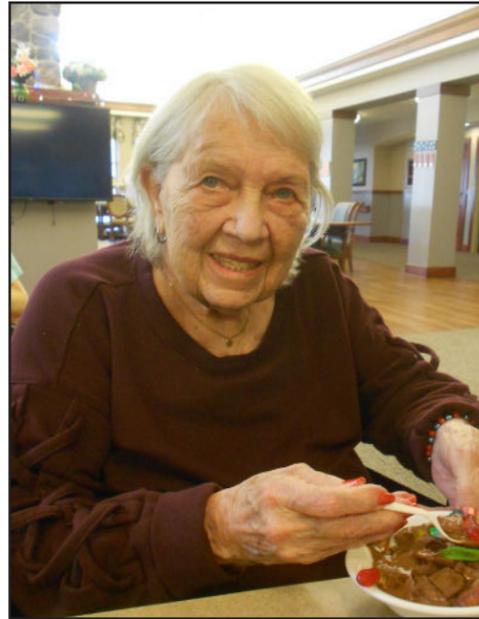
## ELDERS IN ACTION

Where has this year gone? August snuck up on us out of nowhere, and we have lots to celebrate this month. We will kick off August with National Watermelon Day and move right into National Root Beer Float Day. Elders will enjoy fresh lemonade on

National Lemonade Day. And who doesn't love a nice cup of coffee? We'll be trying a lot of different types on our own Coffee Day. We will wrap up the month with National Eat Outside Day so elders can soak up sun!  
-Kendra Drake, Administrative Assistant



Kathy drinks a refreshment during happy hour.



Sharon celebrates National Mud Day.



Elders play bingo with Dana in Cottage 72.



Richard shows off his fun pineapple sunglasses.



Elders in Cottage 72 play bingo together.



Jeanette eats chocolate pudding on National Mud Day.

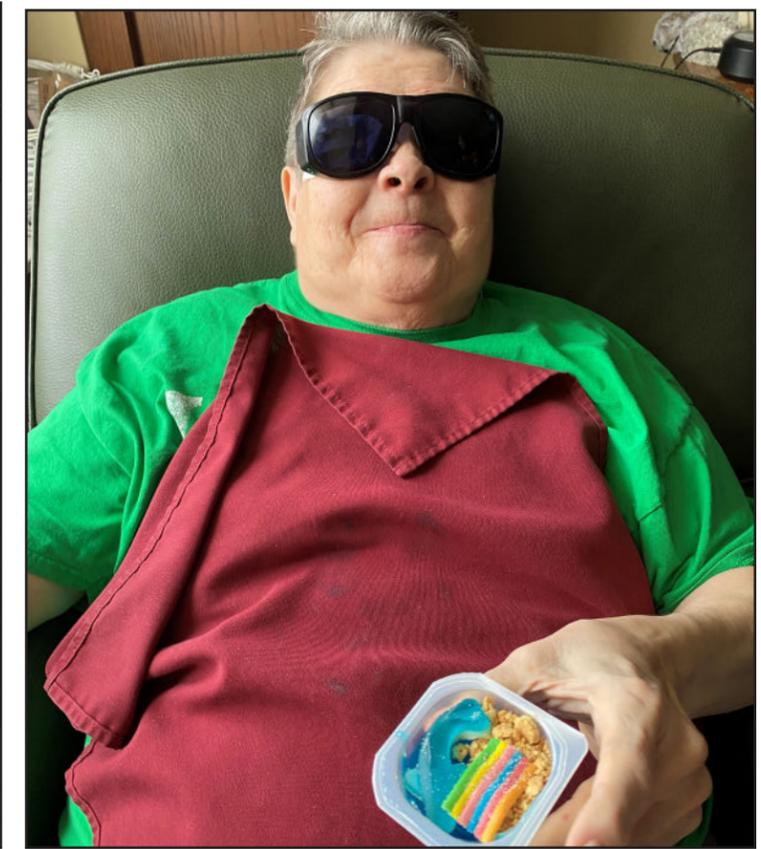
## A MONTH IN REVIEW

What a fun month it has been at Hillcrest Country Estates Cottages. We started off with a bang and some sparkle on the Fourth of July. Elders loved watching our team members light off fireworks. World Chocolate Day was on July 7, and chocolate fountains

were enjoyed in every cottage. International Hot Dog Day was a big hit, with team members and elders eating yummy grilled hot dogs. We wrapped up the month with Love is Kind Day crafts on July 27.  
-Kendra Drake, Administrative Assistant



Bruce celebrates his birthday with fun glasses and a hat.



Anita eats a treat for National Shark Awareness Day.



Elders sing hymns with Chaplain Jerry.

### VOTE FOR US!

Now Until August 20

**Hillcrest Country Estates**

- Best Retirement Community
- Best Long Term Rehabilitation Facility
- Best Independent Living
- Best Assisted Living Facility
- Best Memory Care Facility



[BestofOmaha.com](http://BestofOmaha.com)